

Thursday 21 June 2012 – Afternoon

A2 GCE HOME ECONOMICS

Food, Nutrition and Health

G004/01 Nutrition and Food Production

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A barcode with the numbers 026210912 printed vertically next to it.

Candidates answer on the Question Paper.

OCR supplied materials:

None

Duration: 1 hour 30 minutes

Other materials required:

None



Candidate forename					Candidate surname				
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Centre number						Candidate number			
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INSTRUCTIONS TO CANDIDATES

- Write your name, centre number and candidate number in the boxes above. Please write clearly and in capital letters.
- Use black ink. HB pencil may be used for graphs and diagrams only.
- Read each question carefully. Make sure you know what you have to do before starting your answer.
- Write your answer to each question in the space provided. Additional paper may be used if necessary but you must clearly show your candidate number, centre number and question number(s).
- There are two sections in this paper:
Section A 25 marks
Answer question 1.
Section B 50 marks
Answer **two** questions only.
- Do **not** write in the bar codes.

INFORMATION FOR CANDIDATES

- The number of marks is given in brackets [] at the end of each question or part question.
- The total number of marks for this paper is **75**.
- You will be awarded marks for the quality of your written communication in your answers to the questions in Section B.
- This document consists of **16** pages. Any blank pages are indicated.

Section A

Answer **all** questions.

- 1 (a) (i) State **one** good dietary source of animal fat.

..... [1]

- (ii) State **one** good dietary source of plant or vegetable oil.

..... [1]

- (iii) Give **three** functions of fat in the body.

1.

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2.

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3.

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[3]

- (b) (i) State **one** good food source of dietary fibre.

..... [1]

- (ii) Explain **one** function of dietary fibre in the body.

.....
.....

[2]

- (c) (i) State **one** dietary function of iodine in the body.

[1]

[1]

- (ii) Name **one** good food source of iodine.

[1]

[1]

- (iii) State the deficiency disease associated with a lack of iodine.

[11]

[1]

- (d) Some individuals find it difficult to meet their daily vitamin requirements.
Explain how vitamin supplementation can help some individuals meet their dietary needs.

[6]

[6]

- (e) (i) Market research is used in the design and development of food products.
Identify **two** methods of market research.

1.....

2..... [2]

- (ii) Explain **one** advantage of market research to a food manufacturer.

.....
.....
..... [2]

- (f) Explain **two** behaviour changes that occur during the production of shortcrust pastry.

1.....

.....
.....

2.....

.....
.....

[4]

Section A Total 25 marks

Section B

Answer **two** questions **only**.

The quality of written communication will be assessed in your answers to the questions in Section B.

- 2** Discuss the nutritional value, choice and use of meat in food preparation and cooking. [25]
- 3** Explain the costs involved in the design, development and production of food products. [25]
- 4** Explain how the food industry has responded to lifestyle changes to create the range and type of food products available today. [25]

Section B Total 50 marks

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