



Rewarding Learning
ADVANCED SUBSIDIARY (AS)
 General Certificate of Education
 2015

Centre Number

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Candidate Number

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Home Economics

Assessment Unit AS 1
assessing
 Nutrition for Optimal Health



AN111

[AN111]
WEDNESDAY 20 MAY, MORNING

TIME

1 hour 30 minutes.

INSTRUCTIONS TO CANDIDATES

Write your Centre Number and Candidate Number in the spaces provided at the top of this page and on the Answer Booklet provided.
 Answer **all** questions in Section A and **one** question from Section B.
 Write your answers to Section A in the Question Paper.
 Write your answers to Section B in the Answer Booklet provided.
 Use the treasury tag provided to attach your Answer Booklet to the Question Paper at the end of the examination.

INFORMATION FOR CANDIDATES

The total mark for this paper is 70.
 Quality of written communication will be assessed in Questions **6–10**.
 Figures in brackets printed down the right-hand side of pages indicate the marks awarded to each question or part question.

For Examiner's use only	
Question Number	Marks
1	
2	
3	
4	
5	
6	
7	
8	
9	
10	
Total Marks	

Section A

Answer **all** questions in this section in the spaces provided.

- 1 Identify **three** food sources of complex carbohydrates.

[3]

- 2 Explain the importance of an adequate intake of vitamin K for babies and outline how this is achieved.

[4]

- 3 Compare haem and non-haem iron. State **one** food source for each type.

[4]

Examiner Only

Marks Remark

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