



Rewarding Learning

ADVANCED SUBSIDIARY (AS)
General Certificate of Education
2013

Home Economics
Assessment Unit AS 2
assessing
Priority Health Issues
[AN121]



WEDNESDAY 29 MAY, MORNING

TIME

1 hour 30 minutes.

INSTRUCTIONS TO CANDIDATES

Write your Centre Number and Candidate Number on the Answer Booklet provided.
Answer **three** questions.
Answer **one** question from Section A and **two** questions from Section B.

INFORMATION FOR CANDIDATES

The total mark for this paper is 60.
Quality of written communication will be assessed in **all** questions.
Figures in brackets printed down the right-hand side of pages indicate the marks awarded to each question or part question.

Section A

Answer **one** question from this section.

- 1 (a) Explain the reasons why Northern Ireland needs a Sexual Health Promotion Strategy. [10]
- (b) Outline how the Sexual Health Promotion Strategy for Northern Ireland is being implemented. [10]

Or

- 2 (a) Outline the rationale behind the advice to reduce the consumption of non-milk extrinsic sugars (NMES) in the diet. [10]
- (b) Explain how an understanding of the glycemic index of foods can help in the management of diabetes. [10]

Section B

Answer any **two** questions from this section.

3 Propose and justify the dietary and lifestyle advice you would suggest to prevent cardiovascular disease (CVD). [20]

4 Identify the current target for improving mental health in Northern Ireland and explain how this target can be achieved. [20]

5 The overall aim of the Northern Ireland Physical Activity Strategy is to “increase levels of health related physical activity particularly among those who exercise least.”
Describe how the action plan proposes to achieve this aim. [20]

THIS IS THE END OF THE QUESTION PAPER
