



Rewarding Learning

ADVANCED SUBSIDIARY (AS)
General Certificate of Education
2011

Home Economics
Assessment Unit AS 2
assessing
Priority Health Issues
[AN121]



MONDAY 6 JUNE, AFTERNOON

TIME

1 hour 30 minutes.

INSTRUCTIONS TO CANDIDATES

Write your Centre Number and Candidate Number on the Answer Booklet provided.
Answer **three** questions.
Answer **one** question from Section A and **two** questions from Section B.

INFORMATION FOR CANDIDATES

The total mark for this paper is 60.
Quality of written communication will be assessed in **all** questions.
Figures in brackets printed down the right-hand side of pages indicate the marks awarded to each question or part question.

Section A

Answer **one** question from this section.

1 (a) Outline the relevant dietary targets from the Food and Nutrition Strategy for reducing cardiovascular disease in Northern Ireland. [10]

(b) Discuss lifestyle advice for the prevention of cardiovascular disease. [10]

or

2 (a) Outline the aims of the Promoting Mental Health Strategy (2003–2008). [10]

(b) Explain why we need a strategy for mental health in Northern Ireland. [10]

Section B

Answer any **two** questions from this section.

- 3 There has been a rapid rise in the prevalence of overweight and obesity in the UK.

Consider the contribution each of the following factors may make to weight gain:

- high dietary fat intake;
- low levels of physical activity;
- psychological factors and
- genetic predisposition.

[20]

- 4 The Sexual Health Promotion Strategy (2008–2013) has identified “Prevention” and “Services” as two of the action areas to improve, protect and promote the sexual health of the population in Northern Ireland.

Describe how these **two** action areas are being implemented in Northern Ireland.

[20]

- 5 Explain the role of carbohydrate and NSP in the management of diabetes.

[20]

THIS IS THE END OF THE QUESTION PAPER
