

New  
Specification



*Rewarding Learning*

ADVANCED SUBSIDIARY (AS)  
General Certificate of Education  
2010

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**Home Economics**  
Assessment Unit AS 2  
*assessing*  
Priority Health Issues  
**[AN121]**



AN121

**THURSDAY 17 JUNE, MORNING**

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**TIME**

1 hour 30 minutes.

**INSTRUCTIONS TO CANDIDATES**

Write your Centre Number and Candidate Number on the Answer Booklet provided.  
Answer **three** questions.  
Answer **one** question from Section A and **two** questions from Section B.

**INFORMATION FOR CANDIDATES**

The total mark for this paper is 60.  
Quality of written communication will be assessed in **all** questions.  
Figures in brackets printed down the right-hand side of pages indicate the marks awarded to each question or part question.

## Section A

Answer **one** question from this section.

- 1 (a) The overall aim of the Sexual Health Promotion Strategy (2008–2013) is to improve the sexual health of the population in Northern Ireland.

Outline some of the ways this strategy is planning to achieve its aim. [10]

- (b) Describe the sexual health services available to individuals in Northern Ireland. [10]

Or

- 2 (a) Discuss the factors that contribute to a positive energy balance. [10]

- (b) Describe the health benefits that the Northern Ireland Physical Activity Strategy (1998–2002) suggests can be achieved through regular exercise. [10]

## Section B

Answer any **two** questions from this section.

- 3** The British Heart Foundation suggests that an individual can protect their heart and reduce their risk of developing certain heart conditions by making diet and lifestyle changes.

Propose and explain dietary changes and lifestyle advice for preventing cardiovascular disease. [20]

- 4** Consider why older people may have an increased risk of developing mental or emotional health problems. [20]

- 5** Cancer is the second most common cause of death in Northern Ireland.

Examine the main factors which have resulted in cancer becoming a priority health issue for Northern Ireland. [20]

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**THIS IS THE END OF THE QUESTION PAPER**

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