**GCE AS/A level**

**1626/01**

**HEALTH AND SOCIAL CARE**
**Unit 6 – Understanding common illnesses, diseases and disorders**

A.M. THURSDAY, 19 January 2012

1 ½ hours

| For Examiner's use only | |
|---|---|
| **1.** | |
| **2.** | |
| **3.** | |
| **4.** | |
| **Total** | |

**INSTRUCTIONS TO CANDIDATES**

Use black ink or black ball-point pen. Do not use gel pen or correction fluid.

Write your name, centre number and candidate number in the spaces at the top of this page.

Answer **all** questions.

Write your answers in the spaces provided in this booklet.

If you run out of space, use a standard 4 page continuation booklet. Number the question(s) clearly and put your continuation booklet in this question-and-answer booklet. No other style answer booklet should be used.

**INFORMATION FOR CANDIDATES**

Each question carries 25 marks.

The number of marks is given in brackets at the end of each question or part-question.

You are reminded of the need for good English and orderly, clear presentation in your answers. Assessment will take into account the quality of written communication used in your answers.

*Answer **all** questions.*

**1.** *(a)* (i) What is meant by the term infectious disease? [1]

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(ii) Name the four types of organism that can cause infectious disease. [4]

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(iii) Describe three routes by which infectious diseases can be transmitted. [6]

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*(b)*     (i)   Name a parasitic infection that you have studied.                                    [1]

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(ii)   Explain whether the named infection is an endo or ecto parasite.               [2]

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(iii)  Identify three signs or symptoms of the named infection.                         [3]

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(iv)   Explain methods that would be appropriate for control of the named parasitic infection.   [8]

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**2.** One category of disorder is caused by transmission of faulty genes, an example is red-green colour blindness.

*(a)* (i) Describe the key features of red-green colour blindness. [3]

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(ii) Identify the difficulties individuals with red-green colour blindness might face. [2]

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*(b)* Cystic fibrosis is another example of a disorder caused by a faulty gene.

(i) Describe how the faulty gene affects mucus produced in the individual who has Cystic Fibrosis. [3]

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(ii)   Explain how this change in the mucus causes the main symptoms of the disease.   [6]

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(iii)   Explain one form of treatment for Cystic Fibrosis.   [3]

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(iv)   Discuss how the disorder can be managed, to improve the quality of life for an individual with Cystic Fibrosis.   [8]

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**3.** *(a)* Health screening tests are used throughout life. A number of hearing test methods may be used to screen infants and children.

At six months or older, a distraction test may be used.

(i) Describe how a distraction test is carried out. [2]

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At school entry age, a sweep test may be carried out.

(ii) Describe how a sweep test is carried out. [4]

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(iii) Outline the problems that a child with impaired hearing may face. [3]

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(iv)    Explain the treatments or other strategies that can be used to minimise any
problems identified by the hearing test.                                    [4]

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*(b)*    (i)    Name three other types of health screening tests that are routinely used for
infants and children.                                                      [3]

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(ii)  Assess the benefits to the individual, and to society, of regular screening
programmes during a child's development and growth.                    [9]

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WHO: The 10 leading causes of death by income group, 2004

| Low Income Countries | % of Deaths |
|---|---|
| Lower respiratory infections | 11.2 |
| Coronary Heart Disease | 9.4 |
| Diarrhoeal Diseases | 6.9 |
| HIV/AIDS | 5.7 |
| Stroke and other cerebrovascular diseases | 5.6 |
| Chronic obstructive pulmonary disease | 3.6 |
| Tuberculosis | 3.5 |
| Neonatal infections | 3.4 |
| Malaria | 3.3 |
| Prematurity and low birth weight | 3.2 |
| | |
| **Middle Income Countries** | **% of Deaths** |
| Stroke and other cerebrovascular diseases | 14.2 |
| Coronary Heart Disease | 13.9 |
| Chronic obstructive pulmonary disease | 7.4 |
| Lower respiratory infections | 3.8 |
| Trachea, bronchus and lung cancers | 2.9 |
| Road Traffic accidents | 2.8 |
| Hypertensive heart disease | 2.5 |
| Stomach cancer | 2.2 |
| Tuberculosis | 2.2 |
| Diabetes mellitus | 2.1 |
| | |
| **High Income Countries** | **% of Deaths** |
| Coronary Heart Disease | 16.3 |
| Stroke and other cerebrovascular diseases | 9.3 |
| Trachea, bronchus and lung cancers | 5.9 |
| Lower respiratory infections | 3.8 |
| Chronic obstructive pulmonary disease | 3.5 |
| Alzheimer and other dementias | 3.4 |
| Colon and rectum cancers | 3.3 |
| Diabetes mellitus | 2.8 |
| Breast cancer | 2.0 |
| Stomach cancer | 1.8 |

**4.** Consider the World Health Organisation (WHO) factsheet opposite, showing the top ten causes of death in countries with different income levels.

*(a)* (i) State two **diseases** from the top ten causes of death for **low income countries** that do not appear in the top ten for high income countries.

a. ......................................................................................................................................[1]

b. ......................................................................................................................................[1]

(ii) State two diseases from the top ten causes of death for **high income countries** that do not appear in the top ten for low income countries.

a. ......................................................................................................................................[1]

b. ......................................................................................................................................[1]

(iii) The majority (6 out of 10) of the top ten causes of death for **low income countries** are infectious diseases, discuss the factors that may give rise to this result.   [8]

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*(b)* Coronary Heart Disease (also know as Coronary Artery Disease) appears in all three income lists.

(i) Describe the changes in percentage deaths from Coronary Heart Disease as income rises. [3]

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(ii) Discuss possible reasons for the differences in percentage of deaths from Coronary Heart Disease. [10]

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