

Answer ALL questions in the spaces provided.

1. Newborn babies display a pattern of primitive reflexes.

(a) Identify and describe **one** primitive reflex.

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(3)

(b) As babies grow older, their physical development changes. Place the following stages of physical development in chronological order. The first example has been done for you.

- A. Sit without support
- B. Hold a rattle or similar toy
- C. Hold up the head
- D. Crawl using the hands and knees
- E. Walk unaided
- F. Use the whole hand to pass a toy from one hand to the other.

C,,,,,

(3)



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(c) (i) Define the term **growth**.

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(2)

(ii) Define the term **development**.

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(2)



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(e) Play is a vital part of a child's all-round growth and development.
Discuss the importance of play on the growth and development of children.

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(10)

(Total 30 marks)

Q1	
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2. (a) Identify three **general** aims of health promotion.

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- 2
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- 3
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(3)

(b) (i) Explain what is meant by “the medical approach” to health promotion.

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(2)

(ii) Identify and describe **one** example of how health professionals use the medical approach in health promotion activities.

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(c) (i) Identify and explain **one** example of a health promotion activity using the societal approach.

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(3)

(ii) State why this health promotion activity is of benefit to **society**.

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(3)



3.

Maura and her mother Yana live in a small house in an area of the UK prone to flooding. Last year, the flooding was heavy and prolonged leading to disruption of clean water supplies and sewerage services. Yana is over 80 years of age and in the early stages of dementia. She refused to leave the house during the flooding due to reports of looting of properties. Maura is a schoolteacher almost 50 years of age and experiencing the symptoms of the menopause and stress.

(a) (i) Identify the life stages of Maura and Yana.

Maura's life stage

Yana's life stage

(2)

(ii) Describe **three** physical features of the menopause that Maura might experience.

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(b) Explain how the reduction in the quality of water and sewerage services during the flooding may have affected the women’s development.

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(c) (i) Explain the possible causes of Maura's stress.

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