

Paper Reference						
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Paper Reference(s)

6949/01

Centre No.						
Candidate No.						

Surname	Initial(s)
Signature	

Examiner's use only

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Team Leader's use only

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Edexcel GCE

Health and Social Care

Unit 12: Understanding Human Behaviour

Monday 29 January 2007 – Afternoon

Time: 1 hour 30 minutes

Question Number	Leave Blank
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2	
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3	
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Materials required for examination

Nil

Items included with question papers

Nil

Instructions to Candidates

Your candidate details are printed next to the bar code above. Check that these are correct and sign your name in the signature box above.

If your candidate details are incorrect, or missing, then complete ALL the boxes above.

Check that you have the correct question paper.

Answer ALL the questions. Write your answers in the spaces provided in this question paper.

Information for Candidates

The marks for individual questions and the parts of questions are shown in round brackets: e.g. (2).

There are 3 questions in this question paper. The total mark for this paper is 90.

There are 16 pages in this question paper. Any blank pages are indicated.

Advice to Candidates

You are reminded of the importance of clear English and careful presentation in your answers.

Total

Turn over

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Answer ALL questions in the spaces provided.

1. Tim is five years of age and has attended infant school for six months. Maeve, his teacher, has noticed that he finds it difficult to sit still and that he has started hitting some of the other children in class.

Maeve discusses this with his mother, Jenny. She says, "Tim has always been a difficult child, especially since his dad left two years ago. He does nothing he is told and I have to tell him off all the time. Tim never seems to do anything right. To make matters worse, his grandmother never tells him off and lets him do what he wants all the time."

Maeve is very experienced in dealing with young children and suggests to Jenny that they might try a behavioural approach in dealing with Tim. She thinks that Tim has low self-esteem.

- (a) Using the information given, explain why Tim may have low self-esteem.

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(4)

- (b) Identify **two** principles of a behavioural approach.

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(2)



(c) Maeve will need to carry out an assessment of Tim's behaviour.

(i) Explain what is meant by an 'assessment' and why this needs to be carried out.

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(4)

(ii) Describe the initial assessment that Maeve is likely to carry out if she uses a behavioural approach with Tim.

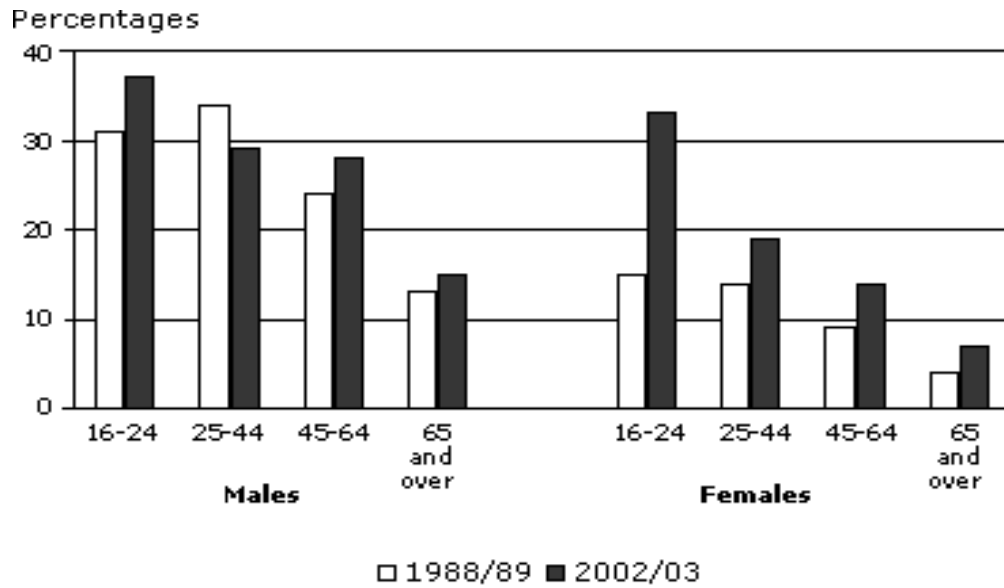
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2. Too much alcohol is bad for our health.

(a) The bar chart shows the percentages of adults who exceeded the safe limit of alcohol consumption by sex and age, 1988/89 and 2002/03.



www.statistics.gov.uk

(i) Identify which group, by age and sex, had the highest percentage of adults who exceeded the safe limit in 2002/03.

..... (1)

(ii) Identify which group, by age and sex, showed a decrease compared with those who exceeded the safe limit between 1988/89 and 2002/03.

..... (1)

(iii) Identify which group, by age and sex, showed the greatest increase compared with those who exceeded the safe limit between 1988/89 and 2002/03.

..... (1)



(b) It is part of the social culture of some teenagers that they drink a lot of alcohol.

(i) Explain how social learning theory could account for their attitude towards drinking alcohol.

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(ii) Explain why a person may become **addicted** to alcohol.

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(c) Steve drinks too much alcohol. His friend Ross used to drink as much as Steve, but has now stopped. Ross tries to persuade Steve that he could save for a holiday if he did not spend so much money on alcohol.

(i) Identify the therapeutic approach that Steve would be following if he took Ross's advice.

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(ii) Explain other positive consequences of Steve reducing his alcohol intake.

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(d) Steve decides to join Alcoholics Anonymous to help him give up drinking. On his first visit he finds that the other members of the group talk about why they drink too much. He feels that they think in a very negative way and have dysfunctional beliefs.

(i) Explain what is meant by a 'dysfunctional belief'.

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3. Marina is 69 years of age. She has two children and five grandchildren. Two years ago Marina's husband died after a long illness and she has found it very difficult to cope. She has become very stressed and depressed and believes that she is a burden. Marina's family are very supportive, but feel that she now needs professional help.

(a) Using the information given, explain why Marina may have become stressed.

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(b) Describe **two** ways in which Marina's family may help her to feel less stressed.

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(4)



(c) Marina's family have persuaded her to see a counsellor, who believes that she may be agoraphobic. Marina has a fear of open spaces. She says that she has only managed to go anywhere in the past because her husband was so supportive. Marina wants to lead an independent life and is willing to try anything that might help her to achieve this.

(i) Describe **two** ways in which Marina's husband may have helped her to manage her fear of open spaces.

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(4)

(ii) Using the information given, explain why Marina has an internal locus of control as opposed to an external locus of control.

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(4)



- (d) Marina’s counsellor wants to find out why Marina may be agoraphobic. She is unable to tell him. The counsellor tells Marina that he thinks a psychodynamic approach may help her overcome her fear of open spaces.
 - (i) The counsellor explains to Marina that he thinks she is being influenced by her unconscious mind.

Explain the term ‘unconscious mind’.

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(ii) Discuss how the counsellor might use a psychodynamic approach to help Marina overcome her agoraphobia.

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(Total 30 marks)

Q3

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TOTAL FOR PAPER: 90 MARKS

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