



**Answer ALL questions in the spaces provided.**

1. Sophie and Noah are friends and both celebrated their third birthdays at nursery in Trinidad.



**Noah and Sophie**

- (a) Identify Sophie and Noah's current life stage.

..... (1)

- (b) The children will be developing both fine and gross motor skills.

- (i) Identify **two** gross motor skills that Sophie and Noah are likely to have developed in their current life stage.

1 .....

2 .....

(2)

- (ii) Explain the term 'fine motor skills'.

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(4)



(c) Noah and his family have recently moved to England where he will continue to attend nursery. Noah's language development has not reached the norm for his life stage.

(i) Identify **three** factors which may affect a child's language development.

1 .....

2 .....

3 .....

**(3)**

(ii) Explain how the nursery could promote Noah's language development.

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**(4)**







2. Ruth is 55 years of age and going through the menopause. She works full-time and also cares for her mother, Joan, who is 85 years of age. Ruth is becoming anxious about her own health. She is considering giving up her job.

(a) Identify Ruth's current life stage.

..... (1)

(b) Identify Joan's current life stage.

..... (1)

(c) Explain **two** reasons why Ruth may be finding life stressful at this time.

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(8)











3. The 'Food – a fact of life' initiative aims to:

- improve food education in schools
- tackle the rising levels of childhood obesity
- raise the importance of physical activity.

Adapted from: British Nutrition Foundation

(a) Describe **one** physical, social and emotional consequence of childhood obesity.

Physical .....

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Social .....

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Emotional .....

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**(6)**

(b) Explain the biomedical approach to defining health.

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**(4)**







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(d) Health promotion can be approached in a range of different ways.

Discuss the potential barriers to a successful health promotion campaign.

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(10)

Q3

(Total 30 marks)

**TOTAL FOR PAPER: 90 MARKS**

**END**



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