

Answer ALL questions in the spaces provided.

1.

Hayley is 17 years of age and lives with her mother and younger brother, Kevin. Having achieved eight GCSEs, Hayley is now studying a GCE in Health and Social Care. Eventually she would like to become a children's nurse. Hayley is enjoying the course and finds the topics she is studying interesting.

In her spare time Hayley enjoys playing sport and going to the gym. Hayley also has a part-time job in a fashion store. She enjoys working there as it brings her in to contact with lots of different people. The additional money is also useful.

Hayley has a boyfriend called Andy. They are looking forward to a holiday in Spain.

(a) From the information given, identify **one** physical, social, emotional and intellectual factor of Hayley's development.

Physical

Social

Emotional

Intellectual

(4)

(b) Hayley has a positive self-concept.

Define what is meant by 'self-concept'.

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(2)



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2.

In July 1997, the Government asked Sir Donald Acheson to undertake an independent review of health inequalities in England. The report found that in spite of increasing prosperity the health gap between the social classes has grown since the 1980s.

(a) Define what is meant by ‘social class’.

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(2)

(b) Identify **two** factors which can be used by researchers to indicate a person’s social class.

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(2)

(c) Explain the negative impact ill health may have on a person’s self-esteem.

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(4)



(d) Identify and describe **two** factors which may have led to the increasing health gap between the social classes since the 1980s.

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(6)

(e) A person's health is determined by genes and environment.

(i) Identify **one** physical characteristic which is determined by genes.

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(1)

(ii) Identify **one** environmental factor which may affect a person's physical development.

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(1)



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(iii) Explain the difference between the terms 'genes' and 'environment'.

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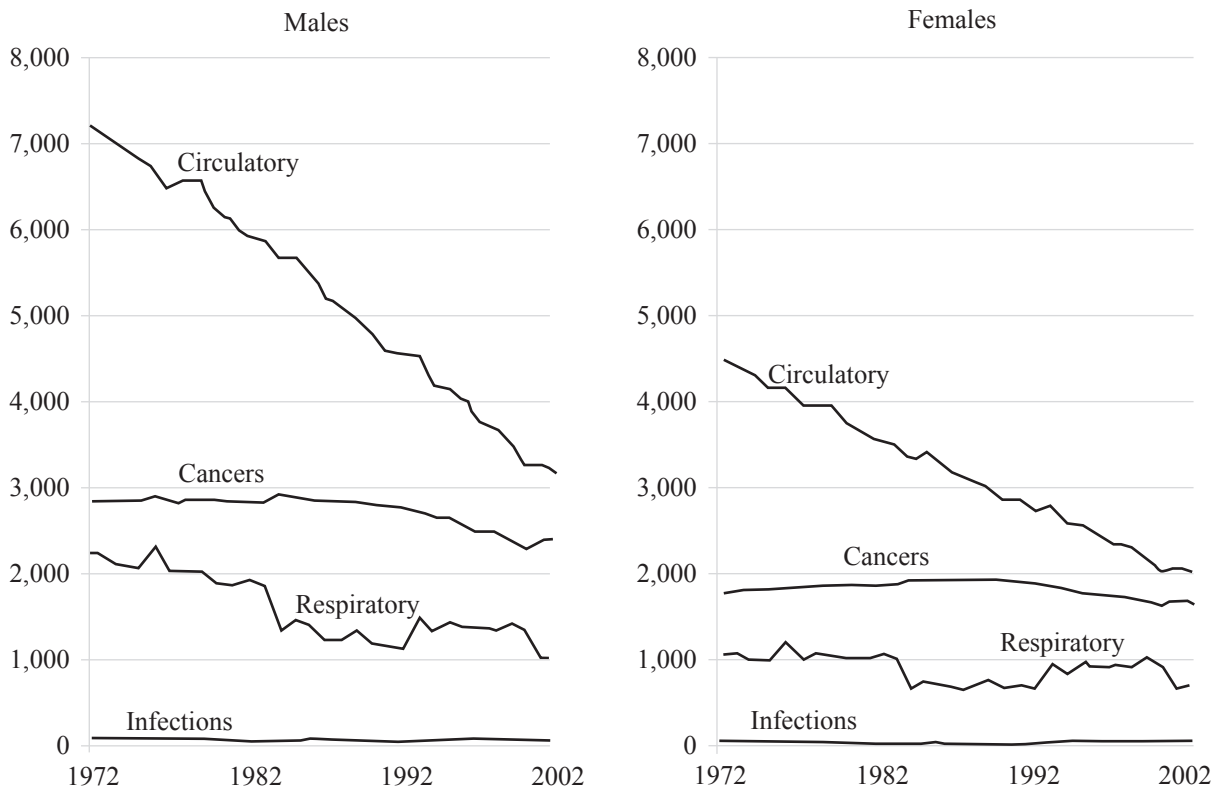
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(f) The following graphs illustrate a decline in circulatory, respiratory and cancer mortality rates for men and women between 1972 – 2002.

Mortality by sex and major cause

United Kingdom
Rates per million population



Source: Office for National Statistics



3.

The Northern Ireland Health Promotion Agency’s mission statement is to make health a top priority for everyone.

To achieve this aim, the Health Promotion Agency will work in partnership with other statutory, voluntary and independent organisations to develop specific strategies to highlight particular health issues.

One of their current campaigns is to ban smoking in all enclosed public places and workplaces.

(a) The term ‘health’ can be defined in different ways.

Identify **two** frequently used definitions of health.

1

2

(2)

(b) Different health promotion models will be used for different campaigns.

Define what is meant by:

(i) an educational model

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(2)

(ii) a behavioural model

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(2)



(c) Identify and describe **two** aims of health promotion campaigns.

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(6)



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