



Rewarding Learning  
 ADVANCED SUBSIDIARY (AS)  
 General Certificate of Education  
 2015

Centre Number

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Candidate Number

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# Health and Social Care

Assessment Unit AS 3  
*assessing*  
 Unit 3: Health and Well-being



A3H31

[A3H31]

**THURSDAY 14 MAY, AFTERNOON**

**TIME**

2 hours.

**INSTRUCTIONS TO CANDIDATES**

Write your Centre Number and Candidate Number in the spaces provided at the top of this page.

Write your answers in the spaces provided in this question paper.

Answer **all three** questions.

**INFORMATION FOR CANDIDATES**

The total mark for this paper is 100.

Quality of written communication will be assessed in questions **2(e)**, **3(d)** and **3(e)**.

Figures in brackets printed down the right-hand side of pages indicate the marks awarded to each question or part question.

For Examiner's use only	
Question Number	Marks
1	
2	
3	
<b>Total Marks</b>	

1 (a) Professionals in health, social care and early years settings are trained to understand the negative impact of prejudice and discrimination and the positive impact of anti-discriminatory practice.

(i) Explain what is meant by the terms prejudice and discrimination.

Prejudice

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[2]

Discrimination

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[2]

Examiner Only	
Marks	Remark

(ii) Complete the table below to:

- describe three different examples of anti-discriminatory practice in the settings identified
- explain three different ways it can positively impact on service users' health and well-being.

Setting	Describe the example of anti-discriminatory practice	Explain one way this could impact on service users
A creche	[2]	[2]
A care home for older people	[2]	[2]
A health centre	[2]	[2]

Examiner Only	
Marks	Remark

(b) A range of factors contribute to health and well-being. Discuss how geographical location may have a positive impact on an individual's physical and social health and well-being.

Physical health and well-being

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[3]

Social health and well-being

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[3]

Examiner Only	
Marks	Remark













3 Health promotion campaigns aim to improve the overall health and well-being of the population, for example by reducing the incidence of both disease and mental illness in Northern Ireland.

(a) Define the following terms.

Disease

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[2]

Mental illness

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[2]

Examiner Only	
Marks	Remark

**(b)** Name a health promotion campaign you have studied, write down three of its objectives and explain three ways it attempted to get its message across.

Name of campaign \_\_\_\_\_

**Objectives**

1. \_\_\_\_\_ [1]

2. \_\_\_\_\_ [1]

3. \_\_\_\_\_ [1]

**Ways the campaign attempted to get its message across**

1. \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_ [2]

2. \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_ [2]

3. \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_ [2]

**(c)** Describe the behaviour change approach to health promotion.

\_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_ [3]

Examiner Only	
Marks	Remark

[Turn over

(d) Describe and evaluate the educational approach to health promotion.

Description

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[3]

Evaluation

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Examiner Only	
Marks	Remark





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**Examiner Only**

**Marks Remark**

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[12]

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