



Rewarding Learning

ADVANCED
General Certificate of Education
2014

Centre Number

71

Candidate Number

Health and Social Care

Assessment Unit A2 12

assessing

Unit 12: Understanding Human Behaviour

[A6H61]

TUESDAY 3 JUNE, AFTERNOON



A6H61

TIME

2 hours.

INSTRUCTIONS TO CANDIDATES

Write your Centre Number and Candidate Number in the spaces provided at the top of this page.

Write your answers in the spaces provided in this question paper.

Answer **all three** questions.

INFORMATION FOR CANDIDATES

The total mark for this paper is 100.

Quality of written communication will be assessed in questions **1(e)**, **2(e)**, **3(a)** and **3(e)**.

Figures in brackets printed down the right-hand side of pages indicate the marks awarded to each question or part question.

For Examiner's use only

| Question Number | Marks |
|-----------------|-------|
| 1 | |
| 2 | |
| 3 | |

Total Marks

1 According to the mental health charity Mind “Half a million people in the UK experience work-related stress at a level they believe is making them ill”.

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(a) Write down four symptoms of stress.

1. _____ [1]

2. _____ [1]

3. _____ [1]

4. _____ [1]

(b) Discuss how individuals can address their own stress using the following techniques.

Time management

_____ [3]

Meditation

_____ [3]

| Examiner Only | |
|---------------|--------|
| Marks | Remark |
| | |
| | |
| | |
| | |
| | |
| | |
| | |
| | |
| | |

(c) Identify two types of drug a GP might prescribe for stress and explain how they work.

Type of drug

_____ [1]

Explanation of how it works

_____ [2]

Type of drug

_____ [1]

Explanation of how it works

_____ [2]

| Examiner Only | |
|---------------|--------|
| Marks | Remark |
| | |

(d) Explain two advantages and two disadvantages of using drug treatments for stress.

Advantages

1. _____

_____ [2]

2. _____

_____ [2]

Disadvantages

1. _____

_____ [2]

2. _____

_____ [2]

| Examiner Only | |
|---------------|--------|
| Marks | Remark |
| | |

[9]

| Examiner Only | |
|---------------|--------|
| Marks | Remark |
| | |

- 2 (a) Complete the table below to demonstrate your knowledge of different psychological perspectives on aggression.

| Perspective | Explanation of aggression |
|-------------|--|
| [1] | Aggression is learned because it is reinforced. |
| [1] | Aggression is imitated from role models. |
| [1] | Aggression is caused by irrational thinking. |
| [1] | Aggression is instinctive behaviour and controlled by the unconscious. |

- (b) A psychologist might recommend encounter groups to help individuals overcome aggression. Discuss how encounter groups work.

[3]

| Examiner Only | |
|---------------|--------|
| Marks | Remark |
| | |

3 (a) Analyse how Rogers explains depression from the humanistic perspective.

Lined area for student answer

Table with 2 columns: Marks, Remark

(c) Describe how ECT is used to treat very severe depression.

[3]

| Examiner Only | |
|---------------|--------|
| Marks | Remark |
| | |

[15]

| Examiner Only | |
|---------------|--------|
| Marks | Remark |
| | |

THIS IS THE END OF THE QUESTION PAPER

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