



Centre Number

71	
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Candidate Number

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ADVANCED SUBSIDIARY (AS)
General Certificate of Education
2014

Health and Social Care

Assessment Unit AS 3

assessing

Unit 3: Health and Well-being

[A3H31]

TUESDAY 13 MAY, AFTERNOON

MV18

TIME

2 hours, plus your additional time allowance.

INSTRUCTIONS TO CANDIDATES

Write your Centre Number and Candidate Number in the spaces provided at the top of this page.

Write your answers in the spaces provided in this question paper.

Answer **all three** questions.

INFORMATION FOR CANDIDATES

The total mark for this paper is 100.

Quality of written communication will be assessed in questions **1(e)**, **2(e)** and **3(e)**.

Figures in brackets printed at the end of each question indicate the marks awarded to each question or part question.

1 According to the World Health Organisation, health promotion is “the process of enabling people to increase control over, and to improve, their health”. In Northern Ireland, the Public Health Agency runs health promotion campaigns that focus on a variety of health topics, including mental health.

(a) Define the following terms.

Health [2 marks]

Mental health [2 marks]

(b) Using the headings below, discuss how individuals can take responsibility for their own health and well-being.

Accessing health and social care services [3 marks]

Self-advocacy [3 marks]

(c) Health promotion is a key role for the Public Health Agency (PHA). Explain two other ways the PHA contributes to health and well-being.

1. [2 marks] _____

2. [2 marks] _____

(d) (i) Describe the fear arousal approach to health promotion. [3 marks]

(ii) Explain two strengths and two weaknesses of the fear arousal approach to health promotion.

Strengths

1. [2 marks] _____

2. [2 marks] _____

Weaknesses

1. [2 marks] _____

2. [2 marks] _____

2 Anti-discriminatory practice is crucial in meeting the needs of service users in health, social care and early years settings.

(a) Write down two examples of each of the following types of needs.

Physical needs

1. [1 mark] _____

2. [1 mark] _____

Intellectual needs

1. [1 mark] _____

2. [1 mark] _____

Emotional needs

1. [1 mark] _____

2. [1 mark] _____

(b) Discuss how staff could meet the social needs of the service users in the examples below.

Adults with mental illnesses in a psychiatric hospital
[3 marks]

Children in a playgroup [3 marks]

(c) Identify one example of a private or commercial organisation and discuss how it contributes to health and well-being.

Example of a private or commercial organisation
[1 mark]

How it contributes to health and well-being [3 marks]

(d) Discriminatory practice can result from prejudice. Explain what is meant by prejudice. [2 marks]

3 A range of socio-economic, physical, environmental and behavioural factors are known to affect the health and well-being of individuals.

(a) Complete the table below to discuss how poor housing can impact on the three aspects of health and well-being.

Physical [3 marks]	
Social [3 marks]	
Psychological [3 marks]	

(b) Socio-economic factors such as poor housing and low income are associated with poor physical and mental health, including high levels of depression. Use the headings below to discuss the potential social effects on children of a parent's ill-health.

Effect on children's education [3 marks]

Effect on children's relationships [3 marks]

Effect on children's leisure activities [3 marks]

(c) Explain one way pollution can impact on an individual's physical health and social well-being.

Physical health [2 marks]

Social well-being [2 marks]

SOURCES

Pg 2, Q1, I, Text regarding Health Promotion: Source: WHO | Health Promotion http://www.who.int/topics/health_promotion/en/

For Examiner's use only	
Question Number	Marks
1	
2	
3	
Total Marks	

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