



Rewarding Learning
ADVANCED SUBSIDIARY (AS)
General Certificate of Education
January 2012

Centre Number

71

Candidate Number

Health and Social Care

Assessment Unit AS 3

assessing

Unit 3: Health and Well-being

[A3H31]



WEDNESDAY 11 JANUARY, AFTERNOON

TIME

2 hours.

INSTRUCTIONS TO CANDIDATES

Write your Centre Number and Candidate Number in the spaces provided at the top of this page.

Write your answers in the spaces provided in this question paper.

Answer **all three** questions.

INFORMATION FOR CANDIDATES

The total mark for this paper is 100.

Quality of written communication will be assessed in questions **1(f)**, **2(d)** and **3(d)**.

Figures in brackets printed down the right-hand side of pages indicate the marks awarded to each question or part question.

For Examiner's use only

Question Number	Marks
1	
2	
3	

Total Marks

Examiner Only	
Marks	Remark

1 Mark, who had a learning disability, died after an operation to set a broken thigh bone, when he contracted an infection and suffered a heart attack. The ombudsman found that the underlying cause of his death was that staff at the hospital did not make reasonable adjustments to meet his needs. Due to his learning disability Mark's condition was inadequately assessed, monitored and recorded, and his pain was poorly managed.

A Mencap survey of over 1000 doctors and nurses shows such problems remain. Almost half of doctors and 37% of nurses say people with learning disabilities receive poorer care than others. And 35% of respondents had not been trained in making reasonable adjustments to support people with learning disabilities.

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(a) The case study shows that Mark died as a result of discrimination rather than ill-health or disease.

Define these terms.

Discrimination

[2]

Ill-health

[2]

Disease

[2]

(b) Mark's health deteriorated and he died, but discrimination can have other less dramatic effects on patients.

Explain two **other** ways patients could be affected by discrimination.

1. _____

_____ [2]

2. _____

_____ [2]

(c) Mencap, which carried out the research amongst healthcare professionals, is an example of a voluntary organisation. Choose any other voluntary organisation and explain two **different** ways it contributes to health and well-being.

Name of organisation _____

Ways it contributes to health and well-being

1. _____

_____ [2]

2. _____

_____ [2]

Examiner Only	
Marks	Remark

(d) Hospital care is one example of a service provided by a Health and Social Care Trust. Write down three other ways Health and Social Care Trusts contribute to health and well-being.

1. _____ [1]

2. _____ [1]

3. _____ [1]

(e) Discuss the role of one commercial organisation in contributing to health and well-being.

_____ [3]

(f) The Mencap survey shows staff training is important in promoting anti-discriminatory practice. Discuss three **other** ways managers could promote anti-discriminatory practice in a hospital setting.

Examiner Only	
Marks	Remark

2 Health promotion is a term that has been applied to a wide range of approaches to improving the health of people, communities and populations.

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(a) Use the table below to identify the health promotion approach being used in each campaign or activity. One has been completed for you.

Campaign or activity	Health promotion approach
The government bans the use of some food preservatives	Social
Horrific posters of rotting teeth are used to persuade parents to stop giving young children sweets and fizzy drinks	[1]
A television campaign aims to get people of all age groups to start exercising	[1]
A series of lectures is delivered to explain the importance of healthy eating and how poor diet can contribute to ill-health	[1]

Examiner Only	
Marks	Remark

(b) (i) Describe the medical approach to health promotion.

[3]

(ii) Explain two strengths of the medical approach.

1.

[2]

2.

[2]

(iii) Explain two weaknesses of the medical approach.

1.

[2]

2.

[2]

Examiner Only	
Marks	Remark

(c) Identify a health promotion campaign or activity you have studied and write down three of its objectives.

Health promotion campaign _____

Objectives

- 1. _____ [1]
- 2. _____ [1]
- 3. _____ [1]

(d) Discuss how individuals can take responsibility for their own health and well-being through lifestyle choices, accessing services and self-advocacy.

Examiner Only	
Marks	Remark

3 Jenny has severe post-natal depression, a form of depression that happens to some women following the birth of a child. Jenny is worried about the impact of her illness on her husband, her baby and two older children, aged six and twelve. Her GP feels she would benefit from a stay in hospital.

(a) Use the following headings to discuss the potential social effects of Jenny's ill-health on her family.

Effects on her children's education

[3]

Effects on her husband's employment

[3]

Effects on her family's relationships

[3]

Examiner Only	
Marks	Remark

(b) Jenny's psychological health and well-being has been affected by her gender which is a socio-economic factor. Discuss how the following socio-economic factors could affect an individual's physical and social health and well-being.

Housing

Impact on physical health and well-being

[3]

Impact on social health and well-being

[3]

Examiner Only	
Marks	Remark

Culture and ethnicity

Examiner Only	
Marks	Remark

Impact on physical health and well-being

[3]

Impact on social health and well-being

[3]

(c) Jenny has been told that behavioural factors are important in health and well-being. Use the following headings to explain how behavioural factors can have a positive effect on an individual's health and well-being.

Diet

Positive effect on physical health and well-being

[2]

Positive effect on social health and well-being

[2]

Positive effect on psychological health and well-being

[2]

Examiner Only	
Marks	Remark

Exercise

Positive effect on physical health and well-being

[2]

Positive effect on social health and well-being

[2]

Positive effect on psychological health and well-being

[2]

Examiner Only	
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Marks	Remark
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THIS IS THE END OF THE QUESTION PAPER

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