



*Rewarding Learning*  
**ADVANCED SUBSIDIARY (AS)**  
**General Certificate of Education**  
**2009**

Centre Number

71	
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Candidate Number

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## Health and Social Care

### Assessment Unit AS 3

*assessing*

### Unit 3: Health and Well-being

[A3H31]

**TUESDAY 2 JUNE, MORNING**



#### TIME

2 hours.

#### INSTRUCTIONS TO CANDIDATES

Write your Centre Number and Candidate Number in the spaces provided at the top of this page.

Write your answers in the spaces provided in this question paper.

Answer **all three** questions.

#### INFORMATION FOR CANDIDATES

The total mark for this paper is 100.

Quality of written communication will be assessed in questions 2 and 3.

Figures in brackets printed down the right-hand side of pages indicate the marks awarded to each question or part question.

For Examiner's use only	
Question Number	Marks
1	
2	
3	

<b>Total Marks</b>	
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1 Aldo has motor neurone disease, a degenerative disease affecting the nervous system. He is no longer able to drive and uses a wheelchair most of the time as he is very unsteady when walking. He would do anything to have his health back so that he and his family could regain the life they once had. He feels his ill-health has not only affected his own life but that it has also had a major impact on his wife, Jill, a teacher, and their son Enrico, aged 8, both of whom are experiencing stress.

(a) Explain the following concepts:

Health

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[2]

Disease

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[2]

Stress

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[2]

Examiner Only	
Marks	Remark

(b) Discuss two ways Aldo's ill-health may affect his **psychological** well-being.

1. \_\_\_\_\_  
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\_\_\_\_\_  
\_\_\_\_\_ [3]

2. \_\_\_\_\_  
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\_\_\_\_\_ [3]

Examiner Only	
Marks	Remark

(c) Explain two ways the National Health Service (NHS) may contribute to Aldo's health and well-being.

1. \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_ [2]

2. \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_ [2]

Examiner Only	
Marks	Remark

(d) Explain three **different** ways a voluntary organisation might contribute to the health and well-being of clients like Aldo.

1. \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_ [2]

2. \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_ [2]

3. \_\_\_\_\_  
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Examiner Only	
Marks	Remark



### Employment

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[3]

Examiner Only	
Marks	Remark

2 Health promotion campaigns aim to communicate information about health issues to the public. The issues covered by such campaigns are closely linked to government targets for the health and well-being of the population. In Northern Ireland, the key agency involved in these campaigns is the Health Promotion Agency which has a mission statement “To make health a top priority for everyone in Northern Ireland”.

(a) Complete the table below to describe the different approaches to health promotion.

Approach	Description
Medical	<hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> [3]
Educational	<hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> [3]

Examiner Only	
Marks	Remark



Use of fear arousal	<hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <p style="text-align: right;">[3]</p>
Social	<hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <p style="text-align: right;">[3]</p>

Examiner Only	
Marks	Remark





3 The health and well-being of the population is the responsibility of both governments and individuals. A range of organisations contributes to health and well-being and individuals can behave in ways to promote their own health and well-being. It is recognised, however, that health and well-being is also affected by a variety of factors outside the control of individuals.

(a) Using the following headings discuss how individuals can take responsibility for their own health and well-being.

Lifestyle choices

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Self advocacy

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Marks	Remark

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\_\_\_\_\_ [3]

**(b)** Explain two **different** ways the World Health Organisation contributes to health and well-being.

1. \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_ [2]

2. \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_ [2]

(c) Discuss the **different** roles of two commercial organisations which contribute to health promotion and disease prevention.

Organisation 1 \_\_\_\_\_  
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\_\_\_\_\_  
\_\_\_\_\_ [3]

Organisation 2 \_\_\_\_\_  
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Examiner Only	
Marks	Remark

(d) Discuss how each of the following environmental factors could affect **physical** health and well-being.

Pollution

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[12]

Examiner Only	
Marks	Remark

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**THIS IS THE END OF THE QUESTION PAPER**

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