

Please read the instructions printed at the end of this form. One of these sheets, suitably completed, should be attached to the assessed work of each candidate.

Unit Title	13 Adventure tourism	Unit Code	G732	Session	Jan	Year	2	0	0	9
Centre Name		Centre Number								
Candidate Name		Candidate Number								

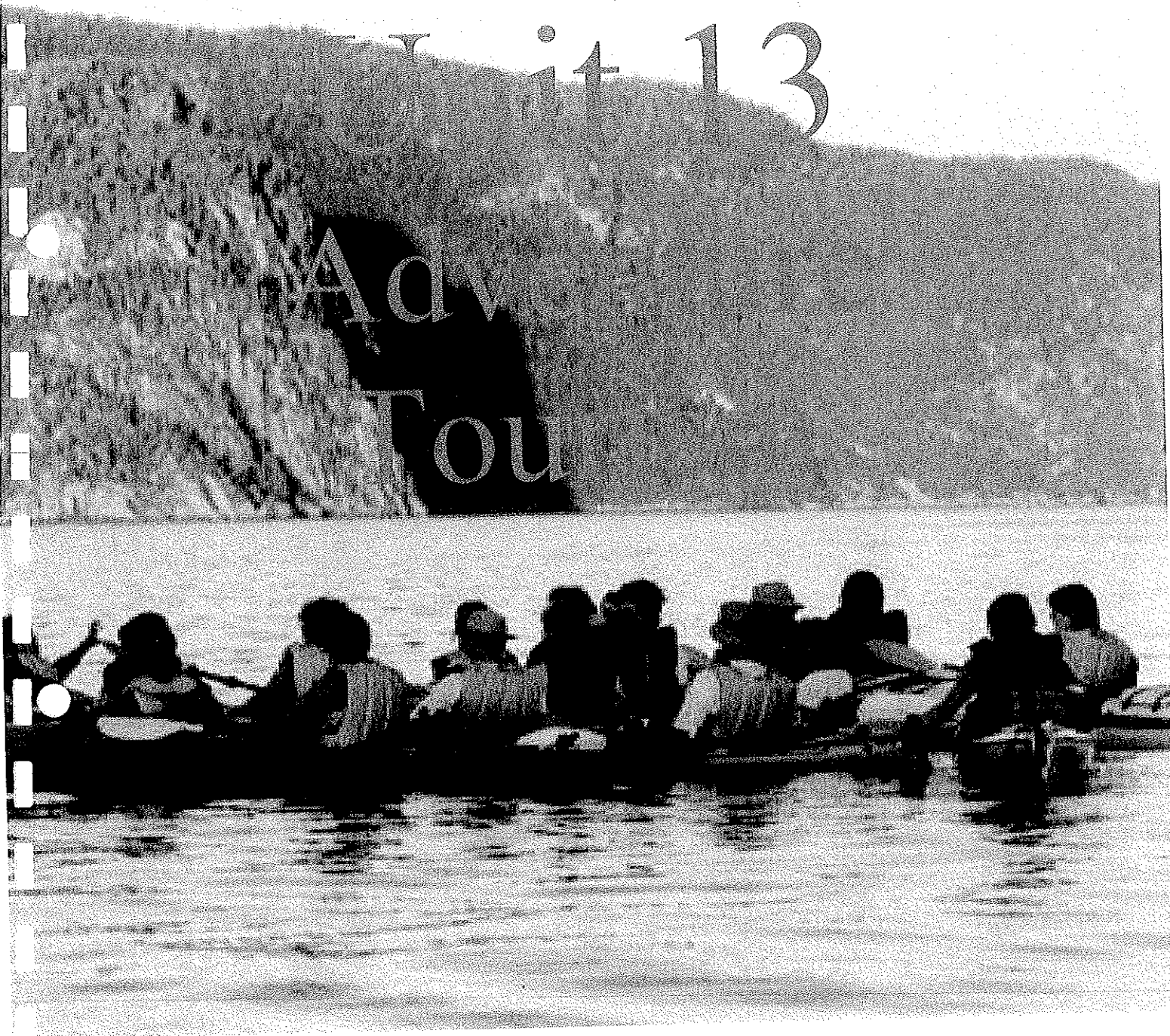
Evidence: You need to produce evidence of your investigation into adventure tourism activities (ATAs) through the use of examples at a local, national and international scale, and evidence of your involvement in the planning, of and participation in an ATA.

Criteria			Teacher Comment	Page No.
<p><b>AO1.1:</b> You produce a brief report of ATAs in the chosen destinations which shows some understanding of growth in ATAs, with some omissions, and you put forward limited reasons for the development of ATAs which will not be specific to the destinations; you make limited reference to organisations involved in the development of ATAs and although all destinations will be addressed, detail may be lacking in more than one of these and there will be little reference to the values and attitudes of the chosen organisations;</p> <p>[0 1 2 3 4]</p>	<p><b>AO1.2:</b> you produce a descriptive report of ATAs in the chosen destinations which shows knowledge and understanding of the reasons for growth, and you link destinations where appropriate; there are some omissions in covering the range of organisations involved in the development of ATAs, but there is an attempt to explain the values and attitudes of the ATAs;</p> <p>[5 6 7]</p>	<p><b>AO1.3:</b> you produce a detailed report of ATAs in the chosen destinations which demonstrates thorough knowledge and understanding of reasons for growth in ATAs, with few omissions; you link organisations and reasons for the development and growth of ATAs clearly to the chosen destinations and how this has been affected by the values and attitudes of the different organisations.</p> <p>[8 9 10]</p>	<p>produced a detailed report of ATAs in her three chosen destinations demonstrating thorough knowledge and understanding of reasons for growth in ATAs in: - (1) The Moine mountains, Northern Ireland. (2) The Peak District, England. (3) Yosemite National Park, California, USA.</p>	<p>1-40.</p>
			<p>Mark</p> <p>7</p>	
<p><b>AO2.1:</b> You show some ability to identify the impacts and benefits of adventure tourism with little amplification, and there is an imbalance between discussion of positive and negative impacts of ATAs, with some omissions; some of your recommendations for management of impacts may be unrealistic or not related to the chosen destinations; your use of terminology is not always accurate and written communication lacks detail in accuracy and content;</p> <p>[0 1 2 3 4]</p>	<p><b>AO2.2:</b> you show an understanding of both the positive and negative economic, environmental and socio-cultural impacts and benefits of ATAs in the chosen destinations; you discuss ways of managing the impacts and relate these to chosen destinations where appropriate, but with some omissions; you present materials suitably with appropriate use of some terminology and your understanding is conveyed through use of appropriate language;</p> <p>[5 6 7(8)]</p>	<p><b>AO2.3:</b> you show a thorough understanding of both the positive and negative impacts and benefits of ATAs in the chosen destinations; you discuss fully ways of managing impacts and clearly relate these to the chosen destinations where appropriate; you make realistic recommendations where management strategies are not in place; you present your work logically, showing use of appropriate terminology, and your meaning is clear and accurately conveyed.</p> <p>[9 10 11 12]</p>	<p>Shows an understanding of both the positive and negative economic, environmental and socio-cultural impacts and benefits. She researched ways of managing these impacts in the three selected areas.</p>	<p>41-63.</p>
			<p>Mark</p> <p>8</p>	

Criteria				Teacher Comment	Page No.
<p><b>AO3.1:</b> You undertake some research from limited sources when assessing the feasibility of your selected activity and assess one or two ATA options for their feasibility; you produce a brief outline of the expected benefits of the activity to your group and contribute to the planning of the activity; your record of contribution shows your involvement in the selected activity but will also show that you did not perform consistently in the group; it also lacks details and includes some inaccuracies/omissions; you meet most planning deadlines but not all;</p> <p>[0 1 2 3 4 5]</p>	<p><b>AO3.2:</b> you undertake research from different sources when assessing the feasibility of your selected activity and assess a wide range of activities and venues for their feasibility; you produce a description of the potential benefits of the activity to individuals and the group, and you make a sound contribution to the running of the activity; your record of contribution shows your consistent involvement in the selected activity, with some attempt at solving any problems which arise; it also includes some inaccuracies/omissions but you meet all planning deadlines;</p> <p>[6 7 8 9]</p>	<p><b>AO3.3:</b> you undertake comprehensive research from a broad range of sources when assessing the feasibility of your selected activity, and you produce a detailed analysis of the benefits of the activity to individuals, the group and other participants in the chosen activity; your research is relevant and you use the findings from it to inform your effective running of, and contribution to, the activity; your record of contribution shows that you play a full and valuable role in the selected activity, showing an ability to solve problems which arise, and you meet all planning deadlines;</p> <p>[10 11 12 13]</p>	<p>undertake research from a broad range of sources to assess the feasibility of her selected activity of Kanjacking. She presented her idea to the rest of the group in a powerpoint presentation. Evula made a great contribution towards the selected activity of paintballing and zorbng. She had several problems to sort out, and she met all planning deadlines.</p> <p>Mark 11</p>	65-124	
<p><b>AO4.1:</b> You attempt an evaluation of your own performance, and the team's performance, in planning and carrying out the activity; you make little attempt to match actual benefits with expected benefits and you make limited and basic recommendations for improvement, some of which may be unrealistic;</p> <p>[0 1 2 3 4 5]</p>	<p><b>AO4.2:</b> you provide an evaluation of your own performance, and the team's performance, in planning and carrying out the activity; you make some attempt to match actual benefits with expected benefits for the group and individuals, and you make limited but realistic recommendations for improvement, with some relevance to your values and attitudes;</p> <p>[6 7 8 9 10]</p>	<p><b>AO4.3:</b> you provide a comprehensive evaluation of your own performance, and the team's performance, in planning and carrying out the activity; you produce clear statements of how actual benefits match perceived benefits for the group and individuals, and you make detailed and realistic recommendations for improvement, reflecting your values and attitudes.</p> <p>[11 12 13 14 15]</p>	<p>provided a comprehensive evaluation of her own performance and the team's performance in planning and carrying out the selected activities of zorbng and paintballng. She examined the actual benefits of engaging in these activities and proposed realistic recommendations for improvement reflecting her values and attitudes.</p> <p>Mark 13</p>	125-131	
Total/50			39		
Session and Year of previous submission			Jan / June	2 0	
If this work is a re-sit, please tick					
Please note: This form may be updated on an annual basis. The current version of this form will be available on the OCR website ( <a href="http://www.ocr.org.uk">www.ocr.org.uk</a> ). A completed Centre Authentication form CCS160 must accompany the MS1 when it is sent to the moderator.					

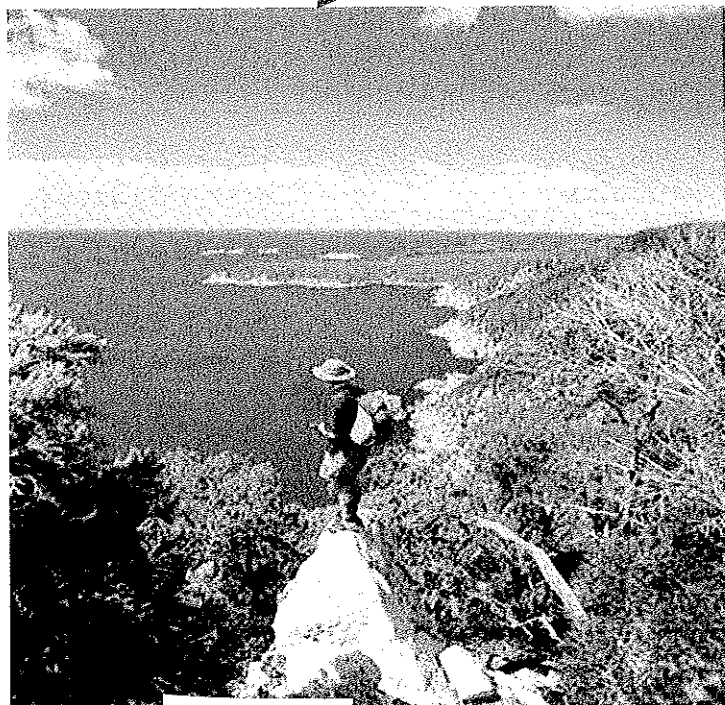
### Guidance on Completion of this Form

- One sheet should be used for each candidate.
- Please ensure that the appropriate boxes at the top of the form are completed.
- Please enter specific page numbers where evidence can be found in the portfolio, and where possible, indicate to which part of the text in the mark band the evidence relates.
- Circle the mark awarded for each strand of the marking criteria in the appropriate box and also enter the circled mark in the final column.
- Add the marks for the strands together to give a total out of 50. Enter this total in the relevant box.





# A01







## Local region – Mourne Mountains

The Mourne Mountain region has been internationally recognised as an Area of Outstanding Beauty. The Mournes were first designated as an AONB in 1966. In 1986, however,

the AONB designation was extended to include the Mourne Mountains, Slieve Croob, their farmed foothills and coast. This designation brings a commitment to safeguard the National beauty, wildlife and historic heritage whilst at the same time promoting its enjoyment to the public. At the heart of the AONB is the range of mountains, which gives the area its name and image. These mountains are unique because their peaks are grouped closely together, stretching 24 kilometres from Newcastle to Rostrevor, sweeping down to the sea, at both places. Not only one of Ireland's most beautiful mountains ranges, the Mournes are also probably the best known, thanks to Percy French and his famous song.

*good  
factual  
introductory*

The Mourne Mountains are the most picturesque landscapes in Ireland and it has twelve peaks which includes Slieve Donard, which at 850m, is Northern Ireland's highest mountain. Many of the mountains have names beginning with Slieve, from the Irish word sliabh, meaning mountain. As well as many of the well-known mountains such as Slieve Donard, Slieve Lamagan and Slieve Muck, there are a number of other curious names: Pigeon Rock; Buzzard's Roost; Brandy Pad; the Cock and Hen; Percy Bysshe; the Devil's Coach Road; and Pollaphuca, which means "hole of the fairies or sprites". The Mourne Mountains provide the perfect location for a range of activities and are visited by many tourists, hillwalkers, cyclists and rock climbers. The Mournes are very popular as a destination for many Duke of Edinburgh's Award expeditions.

Following a fundraising drive in 1993, the National Trust purchased nearly 1,300 acres of land in the Mournes. This included a part of Slieve Donard and nearby Slieve Commedagh, at 767 metres (2,516 ft) the second-highest mountain in the area. The Mourne Wall is among the more famous features in the Mournes. It is a 35 km dry-stone wall that crosses fifteen mountains, constructed to define the boundaries of the 36 km<sup>2</sup> (9,000 acre) area of land purchased by the Belfast Water Commissioners in the late 1800s. This followed a number of Acts of Parliament allowing the sale, and the establishment of a water supply from the Mournes to the growing industrial city of Belfast. The Construction of the Mourne Wall took 18 years to complete; it was started in 1904 and was completed in 1922.

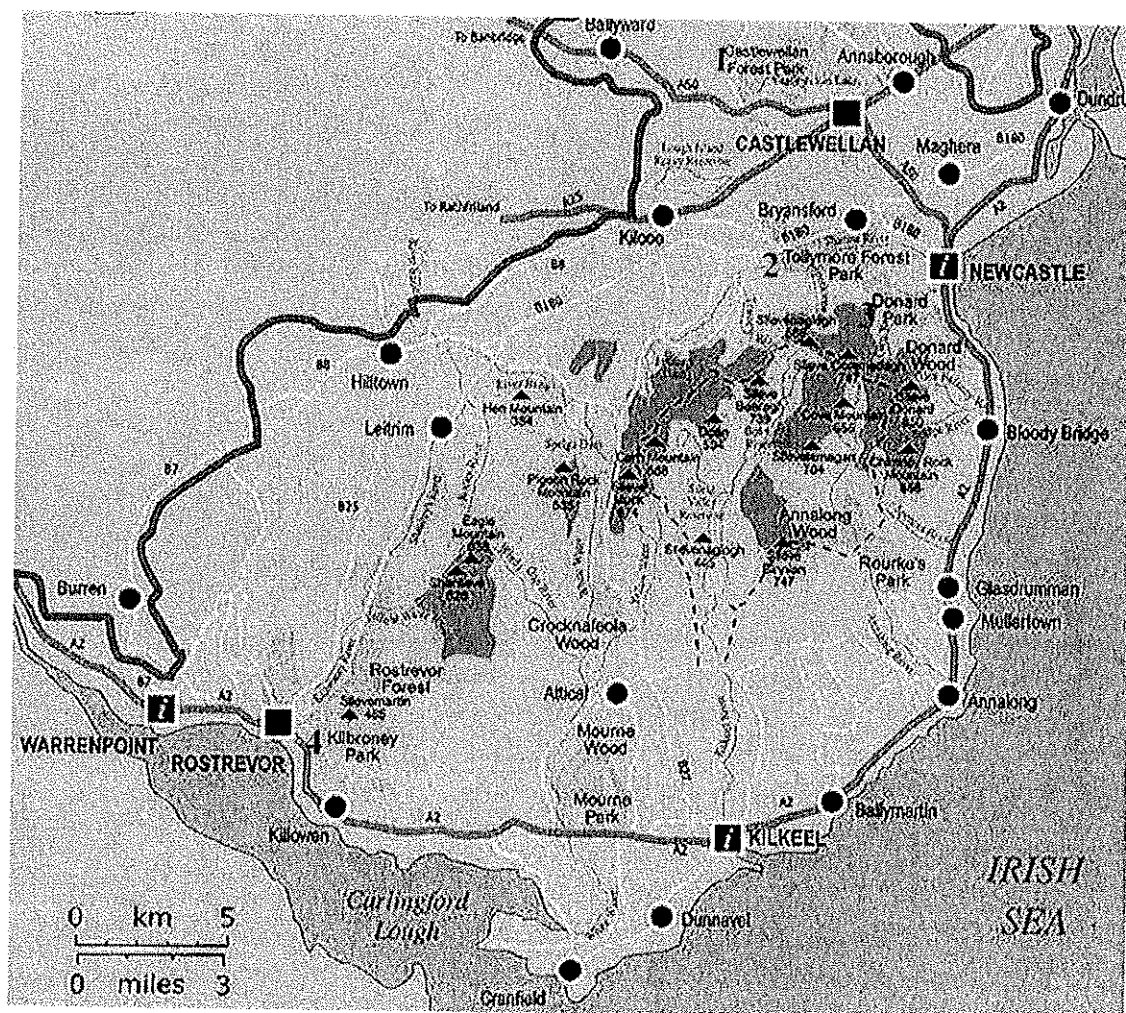
## Location of Mourne Mountains

The Mourne Mountains are located in County Down in the south-east of Northern Ireland, near Newcastle. Within the Mournes you have access to:

- Castlewellan Forest Park
- Tollymore Forest Park
- Donard Forest Park
- Killbroney Forest Park
- Silent Valley

- Cranfield Beach ✓
- Murlough Bay ✓

Each of these places are not far away from each other and are very accessible from Belfast. Below the map shows each of these attractions and how far away they are from each other. ✓



1	Castlewellan Forest Park	✓
2	Tollymore Forest Park	✓
3	Donard Park	✓
4	Killbroney Park	✓

### The types of activities available in the destination

Many of the pursuits can be done independently, but there are plenty of guides and teachers to introduce you to your chosen activity and take you around the area. Tollymore Mountain Centre runs courses in rambling and hill walking, ✓ mountaineering, climbing (there's an indoor climbing wall here too), ✓ canoeing, first aid, winter snow and ice and professional development.

For mountain bikers, there's a separate area (to avoid damaging the fragile environment), with an off-road trail at Moneyscalp. Horseriding is available at Drumgooland House Equestrian Centre, while coarse, game and sea fishing are also available locally. The Mourne Mountains provide the perfect location for a range of different activities, the different activities that are on offer are: ✓

- Golf ✓
- Helicopter Rides around the Mournes ✓
- Walking ✓
- Climbing ✓
- Cycling/ Mountain Biking ✓
- Horse Riding ✓
- Fishing ✓
- Water Sports ✓

## Golf

The course has a magnificent stage-like setting as it stretches out along the shores of Dundrum Bay. ✓ As well as being one of the world's most beautiful courses it is also one of the most challenging, with great swathes of heather and gorse lining fairways that tumble beneath vast sand hills, and wild tussocky faced bunkers defending small subtly contoured greens. ✓

Alongside the Championship Links, Royal County Down has a second course, The Annesley Links. Laid out beneath the same massive, sometimes almost spellbinding backdrop, the Annesley Links is nowhere near as intimidating or as formidable a challenge as the Championship Links, but then it was never intended to be. It is a course for everyone. ✓

*It's fantastic  
- my dream  
is to play  
it someday.*

The Championship Links is consistently rated among the world's top ten courses. Accolades abound, most recently from Nick Faldo who described the magnificent par 3 fourth as his favourite hole on this superlative links. Tom Watson describes it as, "a tremendous test of golf." The outward half especially is as fine a nine holes as I have ever played. ✓

*wow.*

*No. 1*

This activity would certainly be good for tourists who enjoy playing golf as though this course is quite challenging they can still enjoy the view and the course itself. ✓

*I did!!*

## Helicopter rides around the Mournes

Starting in Newtownards your flight follows the western shore of Strangford Lough south, taking in Killyleagh Castle. ✓ Then turn inland over Downpatrick and head for the coastal resort of Newcastle. From here your flight takes you through the Mournes and as far north as Slieve Croobe where you turn for home over Lisburn, down the Lagan Valley, over Holywood and home via Bangor. ✓

*interesting*

This provides a great way for tourist to be able to see all around Northern Ireland as well as seeing around the Mournes. It is a very scenic view for the tourists and they can get a good view of the mountains, countryside and seaside. ✓ It would be a great activity for tourists to do when they first arrive over. ✓

*sounds  
fantastic*

**Flight time** - 60 minutes ✓

**Cost** - £195.00 per person sharing ✓

## Walking

The Mourne area of outstanding natural beauty is the ideal walking break destination. ✓  
Whether you are a keen hill walker or just enjoy a gentle stroll, there are walks for every ability. ✓ There is a diverse landscape, which offers walks to savour mountains, drumlins, forests, lakes, rivers and beautiful sandy beaches. ✓

Guided upland and lowland walks are available and there are a number of pre-mapped routes with route cards which you can receive from park centres at the places in the Mourne. ✓

## Climbing

The 'high' or eastern Mourne are separated from the western Mourne by the road through the Spelga Pass, linking Hilltown in the north with Kilkeel in the south (B27). ✓

Eagle Mountain, Pigeon Rock Mountain and Hen Mountain lie to the west of the road, while the remainder of the crags are in the eastern Mourne. ✓

To the north, the range is bounded by the Hilltown-Bryansford/Newcastle Road (B180), on the east by the sea and the Newcastle/Kilkeel Coast Road (A2) and on the south by the 'Head Road' (C313) which runs east-west from the Coast Road along the bottom of the mountains to join the north-south line of the Spelga Pass Road. ✓

You have the choose of climbing either of the mountains that are situated in the Mourne. Depending on your ability it will be your decision of what mountain you are able to climb. ✓ I think this would a great activity for those who are quite fit and are interested in climbing but it will also provide them with a great view of the land all around the mountains. Below are all the different mountains you can climb and also the description of each. ✓

I agree

As 1.1

## Little Binnian

**Description:** This prominent little outcrop lying south-west of Slieve Binnian is cleanly split in two by a wide gully. The climbs, which are clean and catch the sun or avoid the cloud, mainly take slabs on both sides of the gully. ✓

**Approaches:** The bottom of the gully is easily reached in half an hour by following the obvious path which joins the wall running down from the crag. This path starts from parking spaces at the head of a lane which leaves the Head Road at a cross roads (319209) just south of the Brackenagh Cross Water Bridge. ✓

## Binnian South Tor

**Description:** Naturally enough the most southerly of the tors, but not to be confused with Beta Tor which lies just uphill and to the west, and separated from South Tor by



an insignificant grassy ramp/col. The uphill side of the west face of South Tor is rather broken and easy angled but a few features merit the accolade of a true climb. ✓

### Douglas Crag

**Description** Despite the ease of access this remains the most unpopular large crag in the Mourne, with vast acreages of turf and heather marring the possibility of quality rockclimbing on the majority of the routes recorded. ✓

**Approaches:** Follow the Carrick Little Track to the farthest edge of the forest. Strike directly up from here to the crag which is sitting down over the valley on the left. About three-quarters of an hour. ✓

*too  
flowery  
language.*

### Blue Lough Buttress

**Description** After a long period of neglect, some recent development has made this crag well worth a day's visit. The number of really good routes is unfortunately not proportionate to the crag's size, which is fairly high and extensive but either marred by large acreages of vegetation, or formed in such a typically Mourne fashion - very steep to overhanging walls of pretty featureless granite with the few cracks being either the merest little seams or impossibly flared - that the scope for quality climbing is limited. ✓

**Approach:** Follow the Carrick Little Track to the farthest edge of the forest. Follow the left branches of the Track until directly below the crag which overlooks Blue Lough. About one hour's walk. Facing the hill, the crag is characterised by a steep elongated upper section which starts just to the right of the Binnian Lough River and which after a few hundred metres merges into the more extensive but more rambling right-hand section of the crag. Whilst the upper section has been named, South Buttress on its left and Pinnacle Buttress on its right, the nomenclature is of limited interest or use, since there is only one good route to tempt those interested in clean rock. It is on the steep or slabby 30m lower wall of the right-hand section of the buttress that all the good climbing is to be found. Unfortunately, this takes a lot of seepage and in a bad year some of the routes will be persistently damp. Nevertheless a week of good weather in spring or summer should be enough to dry out most of the routes. ✓

*Feb. 1*

### Buzzards's Roost

**Description:** This massive lowring crag is often accused of being excessively damp. This is a misconception, for its jutting nature means that it does not take large amounts of drainage. In fact for a crag facing north-east and at a height of 500 metres it probably dries out faster than can be expected. ✓

**Approach:** Follow the Carrick Little Track to the farthest edge of the forest. Follow the left branches of the Track past Blue Lough and then cut straight up the hill to the foot of the crag. About one and a quarter hours from the car park. ✓

## **Percy Bysshe**

A poetic little outcrop lying south-east of Blue Lough in the Annalong Valley. It offers numerous problems too short to be listed as routes and a fine fissure which gives an entertaining scramble. ✓

## **Slievelamagan**

**Approaches:** The routes on this mountain are situated on extensive slabs on the southern aspect, directly facing the approach from the Carrick Little Track. ✓ From the car park at the bottom of the Carrick Little Track follow the track past the forest. Continue straight towards Percy Bysshe and where the track passes this little crag leave the track, walking in a northerly direction to reach the lower section of the slabs (about one hour's walk). ✓

## **Lower Cove**

**Description:** Set about half way up the Annalong Valley these cliffs are among the steepest and best in the Mourne. ✓ The majority of the routes are south-facing, largely free of vegetation and will dry quickly. ✓ The crags have as a result proven to be popular and offer a large number of quality routes at a wide range of grades. ✓

The cliff consists of four main buttresses, with the left-hand end of each face having a prominent arete. These "corners" are numbered from 1 to 4, from left to right. ✓

**Approaches:** The crag is most easily approached by following the Carrick Little Track which leaves the Head Road at a car park at 345219, and is about one hour's walk from this point. ✓

## **Upper Cove**

**Description:** Upper Cove is situated about 400m further up the Annalong Valley from the top of the Lower Cove cliffs with the majority of the routes lying on the south-facing buttresses. Fox's Crag, the largest of these, lies to the extreme right-hand end, with a number of smaller buttresses named 'B' to 'J' (right to left) lying to its left. ✓

Round the corner to the right of Fox's Crag is a large steep east facing wall and below this, Green Cove. Both of these are undeveloped. ✓ In general the majority of routes are well protected, with the smaller buttresses left of Fox's Crag being ideal for beginners. ✓

## **Slieve Beg**

**Description:** One of the best and most impressive of the Mourne crags, Slieve Beg lies in a commanding position at the head of the Annalong Valley. ✓ The most obvious feature is the huge central gully - the Devil's Coach Road. To the left is the Main Face, south-east facing and characterised by a series of corners, and to the left again are two large south-facing areas separated by a steep grassy section, with the far left edge

being Satan's Buttress. To the right of the Devil's Coach Road are more broken crags - the most obvious feature being a steep broad slab of rock taken by Mourne Maggie.

**Approaches:** The crag can be reached either from the Annalong Valley tracks or from Newcastle via the Glen River and over the Slieve Commedagh/Slieve Donard col. Both approaches take about one and a half hours.

### Slieve Commedagh

**Description:** The fantastic array of gullies and pinnacles on the south side of Slieve Commedagh is known as The Castles. Short problems may be stitched together to form longer but broken routes.

At the base of the largest gully on the east slope of Commedagh, facing Eagle Rocks, is a small buttress (349286). The route below takes a hidden corner on the left side of this buttress.

### Annalong Buttress

**Description:** A small but very attractive and popular buttress sitting high on the eastern slopes of the Annalong Valley, facing westwards to Slieve Beg.

The crag offers a good variety of routes on clean rock which dries quickly.

**Approaches:** The most common approaches are via the Bloody Bridge Track to the Donard/Chimney Rock col (starting point the car park at 388270), the Glen River Track to the Donard/Commedagh col (starting point Donard car park 374385) or the main Annalong Valley tracks either from Carrick Little car park (34521 9) or Annalong Valley workings track (357223). All routes take about one to one and a half hours to the crag.

Not 1

### Hare's Castle

**Description:** Hare's Castle is a prominent quarried knoll lying low down on the eastern flank of the Annalong Valley. Clean, sound rock gives excellent climbing in a sheltered and sunny location. **Approaches:** The easiest approach is through Annalong Forest, past the water supply workings, and striking up the hill from the end of the roadway. Cars cannot be taken beyond the outer gates (357223) on the Head Road, but it is an easy and pleasant walk through the forest to the workings, and only about 45 minutes in total to the crag.

### Carr's Face, Chimney Rock Mountain

**Description:** An extensive quarry on the north side of Chimney Rock Mountain. **Approaches:** It is most easily reached by following the Bloody Bridge River Quarry Track until nearly at the main quarry. Follow an old railway line back up the hill to the left to reach the workings which are easily seen from the valley.

## Eagle Rocks

**Description:** At a height of nearly 600m above sea level, a generally northerly aspect and a reputation for looseness, Eagle Rocks has not been one of the most popular of Mourne Craggs. However the afternoon sun does warm the crag most of the year and the routes themselves are invariably on good steep sound granite, with care being needed at the top of the Upper Cliffs in scrambling off past the steep boulderfield. Although mostly short there are a number of quality routes, of all grades, and the crag is well worthy of a visit. ✓

**Approaches:** Follow the Glen River Track through Donard Forest from Donard car park in Newcastle. ✓ Leave the forest just below the old Donard Lodge Ice House and follow the main river path to the first major bend just before the forest stops to the right of the path. Cross the Glen River here and strike directly up towards the crag. ✓

## Spellack

**Description:** The haughty crag of Spellack sits high on a spur of Slieve Meelmore overlooking the Trassey Valley. It is renowned for quality, high grade routes on the steep clean Main Face, but there are also good easier routes, with White Walls being a classic 'Severe'. ✓

**Approaches:** Follow the Bryansford/Hiltown road past the edge of Tollymore Forest. ✓ Turn left down the Trassey road to a public car park at a farm. Follow the Trassey Track past the farm and through young forest onto the open mountain. ✓ Follow the track until directly below the crag. ✓ Cross the river and climb up steeply to the base. About 30 minutes from the road. ✓

AOL 1

## Slievenaglogh Buttress

**Description:** On the west side of Slievenaglogh, about 300m north of the Hares Gap is a large broken buttress. There is a large fairly continuous crag on the left-hand side - the Main Face - and smaller crags to the right. There are few routes to date and the area is not popular. ✓

**Approaches:** Approach is via the Trassey Valley Track as for Spellack, but continue up the track towards the Hares Gap, breaking left up the side of Slievenaglogh directly to the crag. ✓

## Meelmore Buttresses

**Description:** A short slabby wall set into the eastern slopes of Meelmore, directly facing Bearnagh Slabs, giving some good introductory climbing. Below and to the right of this there are a few slabs which can be climbed at around VD. ✓

## Bearnagh Slabs

**Description:** This is a popular crag with beginners, offering good slab climbing with renowned Mourne friction. Most of the routes are about 80m long and tend to follow



friction grooves and slabs. **Approaches:** The best approach is to follow the Trassey Track to the old quarry on the side of Slieve Bearnagh. From here take the right branch leading to the col between Slieve Bearnagh and Slieve Meelmore. The slabs are at the col, approximately one hour from the Trassey car park.

### **Bearnagh Tors**

**Description:** The tors on Slieve Bearnagh are some of the most elevated crags in the Mourne. The climbing varies widely from short boulder problems to longer exposed climbs on the East Face of Summit Tor. The routes here are in a tremendous situation overlooking the higher Mourne peaks and the Ben Crom Reservoir. **Approaches:** The tors are best reached from the Trassey Track. Follow the track to the Hares Gap, and from here follow the Mourne Wall south-west to the summit of Slieve Bearnagh. This energetic walk takes about one and a half hours from the road.

### **Ben Crom**

**Description:** The Ben Crom crags haughtily overlook the Ben Crom reservoir at the end of the Silent Valley. After a period of intensive development in the mid 1970s they were virtually ignored until a few years ago. Interest has recently revived and a fine series of new routes has resulted in born again popularity. The Main Face offers many fine climbs in the VS-E2 grades while the smaller Womble Wall and other crags give shorter routes mainly in the lower grades.

**Approaches** The crags are most easily approached from Ott Mountain Track, which leaves the Spelga-Slievenaman-Bryansford road at a small parking space (Grid Ref J280278). The upper fork of this track leads in the direction of the Slieve Lough Shannagh/Carn Mountain col from where a small track descends to the top of the broad shoulder running between Slieve Lough Shannagh and Doan. From the southern side of this follow a further small track along the Ben Crom river for about 500m and then strike up to the long northern ridge of Ben Crom. Follow this to the summit. About one and a half hours from the road.

Foot

### **Doan**

**Description:** The southern face of Doan presents discontinuous slabs and buttresses which offer some short but entertaining routes in a fine situation. The most prominent features are the 'Elephant's Ear' slab in the middle of the rock mass and Pinnacle Buttress at the extreme righthand end. There are also short crags just below the summit offering easy climbs or technical boulder problems.

**Approaches:** Best approach is up the Ott Mountain Track (from the car park on the Spelga road at 280278) to the Slieve Lough Shannagh/Carn Mt col, and then contouring round above Lough Shannagh to the crag, about one hour's walk.

### **Pigeon Rock Mountain**

**Description:** The cliffs at Pigeon Rock give excellent varied climbing and prove popular due to their proximity to the road and a generally southerly aspect. The best

routes are on granite, though there is a capping layer of shale to the right side of the cliffs which forms the top pitches of Cockeyx, the crags of Pog Precipice and Far Right Cliffs. The Left-Hand Cliffs are the largest in extent, up to 80m in height. ✓

**Approaches:** Approach is from a gate on the Kilkeel/Hilltown Road at Grid Ref J270234 and cars can be parked inside the gate. Be careful not to leave the gate open or block the path which is frequently used by farmers. Follow the track across the river ford, breaking off below the relevant part of the crag to climb steeply to its base. About 10 minutes from the road. ✓

## Eagle Mountain

**Description:** Eagle Mountain boasts the most extensive and impressive crag in the Mourne, but this is greatly marred by its north-facing aspect which leaves most of the routes damp and vegetated. A few gems do, however, penetrate this general gloom, and the crag can give some impressive situations. ✓

**Approaches:** Follow the road through Attical village from the Kilkeel/ Hilltown road. After a double turn over a bridge turn right up 'Sandy Brae' past the Holy Cross Gaelic Football Field. The road deteriorates into a track which is followed to a parking spot beside a foot bridge over a ford. ✓

Follow the track up the valley heading for the Windy Gap with the crag gradually unfolding on the left-hand side. After crossing a stream coming down from the crag there is a fork in the track. Take the left branch which leads up back left to the foot of the crag (about one and a half hours). ✓

## Hen Mountain

**Description:** The four tors of Hen Mountain give short routes with many variations and numerous problems. The rock is generally clean and sound, but there is often a scarcity of belays on the tops. The routes dry quickly after rain and Hen is exposed to winds from all directions, though it is usually possible to find a sheltered corner. A popular beginners crag, virtually no piece of rock has been left untouched and new routes in the lower grades will not in future be recorded. ✓

**Approaches:** From the Bryansford-Hilltown road turn left about 5km from Hilltown at a signpost to Rostrevor. Continue straight across a crossroads about half a km further on, and after another 3 km stop at a picnic site (233277) on the right-hand side. Directly opposite this a track leads up between Hen Mountain on the left and Rocky Mountain on the right with an inappropriate modern bungalow at the road junction. Follow this track to a gate then strike directly uphill to the tors. About half an hour from the car park. From this direction the tors are (from left to right) West Tor, The Tower, Summit Tor and South East Tor. ✓

## Cycling/Mountain Biking

The Mourne is an ideal cycling destination as it has terrain to suit all types of cyclists, from challenging mountain climbs to flat and gently rolling hills of the lowland coastal

planes. ✓

There are seven local sign posted Cycle Trails for you to follow each with varying degrees of difficulty and length. ✓

Mountain Bikers have their own dedicated off-road trail at Moneyscalp in the Mourne. ✓

From Newcastle head out towards Bryansford. Once you get to Bryansford, head for Hilltown / Newry / Kilcoo and about 2 miles outside bryansford take a right and then immediately turn left into a car park nestled between the roads. The Entrance to Moneyscalp trails is just across the road. ✓

Not 1

**Trail Description:** Lots of Downhill trails, and a short XC trail. ✓

**Trail length:** 1-2 miles? ✓

**Trail Type:** Singletrack & Fire Roads ✓

## **Reasons for growth of adventure tourism activities in the Mourne Mountains.**

There are a number of reasons for growth of adventure tourism activities in the Mourne Mountains. I am going to look at these reasons for growth under three different headings:

- Environmental ✓
- Historical ✓
- Social ✓

### **Environmental factors**

The environmental factors can be reason for growth of adventure tourism because it's the natural scenic areas that attract tourist but also its natural forms of steep rock and high slopes. Tourist love having the challenge of trying to climb or walk something that would usually be out of there reach and they would normally only be able to look at it. The Mourne Mountains have created an amazing walk which has been used for many years at one point it had almost 4000 people walking a long the wall. People are *very good* enjoying the view of the walk as well as the challenge of being able to climb at least one of these popular peaks. However even though these Mountains have great publicity and are one of the attractions in Northern Ireland the Mourne wall walk has evidence of erosion happening. ✓

Although the Mourne Mountains have been designated an AONB and therefore this *Not 2* designation brings a commitment to safeguard the National beauty, wildlife and historic heritage of the Mourne. This means that everyone can still enjoy the backdrop views throughout of the falling sea and the wilderness of the peaks as well as the challenge of climbing one of these popular peaks but at the same time these peaks are being well looked after so as these walks will be able to continue. ✓ A popular walking trail to the top of Slieve Donard is via the glen river or via Slieve Commedagh. There are many routes in the Mourne Mountains and surrounding countryside. ✓

### **Historical Factors**

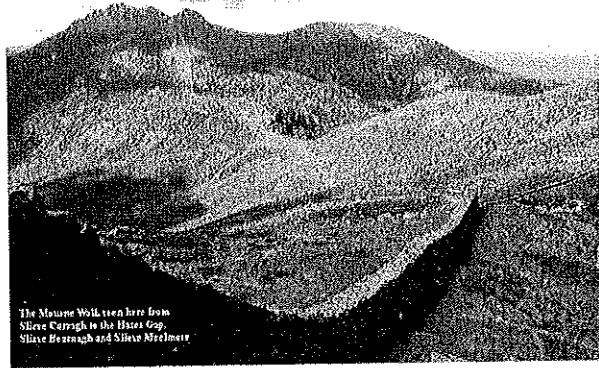
The historical factors can influence the growth of adventure tourism in the Mourne Mountains as many of the tourists who decided to visit the Mournes are interested in how they develop and how they got their name etc. Everyone likes to know the background knowledge of the challenge that they are just about to take part in but also the culture of their attraction. ✓



The Mourne were formed 50 million years ago, made of granite, an igneous rock. Over a series of ice ages they were carved by glaciers and on its last retreat 11,000 years ago the ice produced the present day Mourne skyline with its u-shaped valleys and corries. Vast quantities of sand and stone were left on the coastal plain leaving the moraine and drumlin topography of Co. Down today. Many granite boulders were left isolated on the mountains by the retreating ice.

### Origin of the name of Mourne

Around 300AD when Ross The Red was King of Ulster. Red gave the grazing rights of Mourne to Boirche, and the mountains were then known as Beanna Boirche, the peaks of Boirche. 1000yrs later the Mughdoma clan from the barony of Cremourne came to the area, bringing their name with them and from this the Mourne derive their name



The Belfast Water Commissioners then built a wall in the late 1800s. The Construction of the Mourne Wall took 18 years to complete; it was started in 1904 and was completed in 1922. This is now one of the walks that most tourists visit the Mourne Mountains to walk.

### Social factors

The Mourne Mountains are popular with tourist because as well as the stunning scenic views there are also plenty of activities to take part in. These activities can create a new experience for each person as well as bringing a family or group of friends together. Adventure tourism has now gained more popularity as people now want to have a holiday experience that they can remember, for example by over coming a fear or finishing a challenge and of course the Mourne Mountains are great for allowing people to face challenges. As well as people being able to climb the mountains for a new experience and a new challenge they can also take part in lots of other activities that i have written about earlier on in the portfolio. Some of these activities may be tried by people who have experienced them before so as well as getting a new experience they are learning new skills and also keeping fit.

People can now go on a Mourne Mountain Holiday and do the one activity that they are interested in, people are benefitting a lot more from adventure tourism holiday than normal holidays that would usually consist of lying on a beach. The Mourne Mountains have a lot to offer and there all about the nature and naturalness of the outside as these Mountains have not been made just for the poor satisfaction for people to climb. These Mountains present many years of lifetime and I think it's great that people can actually hike up and down them but that they also enjoy it as they feel they have achieved something. I think the social factors participate in the growth of adventure tourism because obviously more people are encouraged to try it as from word of mouth. For example if a friend of a family has just gotten back from a holiday over in the Mourne Mountains and tells them all about the activities they did and how

Aut 2

v. good

great it is, it will obviously encourage the other family to try it as they want new experience. ✓

## **The organisations involved in the development of ATAs in the Mourne Mountains**

There are three Organisations which are involved in the development of adventure tourism activities in the Mourne Mountains. These three Organisations are:

- Private Sector Organisations ✓
- Public Sector Organisations ✓
- Voluntary Sector Organisations ✓

### **Private Sector Organisations**

Private sector organisations include a variety of types of commercial company, it is commercial companies that run tourist attractions and provide catering, entertainment and transport. Private sector organisations are in business to maximise income and to make a profit. Private sector organisations are reliant on sales of their product and services. ✓

Therefore the Mourne Mountains would be a great place for the private sector organisations to get involved of the development of the adventure tourism activities as it's a good opportunity for them to make a profit and sell products. The private sector organisations that help develop ATA in the Mourne Mountains are mostly hotel and restaurant owners as they are able to meet the needs of the tourists who decide to go to the Mourne Mountains for a holiday as they are able to provide a meal and a bed. ✓

There are quite a number of hotels which can provide a room for the tourists. Some of these rooms are self catered which means the tourist can enjoy just having the holiday completely to themselves and arrange what they want to do for their own meals. Two popular self cater accommodations that are near the Mourne Mountains are:

- Sea View Apartment ✓
- Newcastle Apartment ✓

Asi 3

As well as having self catering apartments there are also plenty of hotels around the Mourne Mountains which provide a meal and a bed for a tourist. These hotels are:

- Slieve Donard Hotel ✓
- The Burrendale Hotel and Country Club ✓

It is important that these hotels offer a good service as this helps to improve the number of tourist who want to visit the Mourne Mountains to take part in the adventure activities. Since the Mourne Mountains have a lot to offer themselves, with all the activities that they have to offer it is important that everywhere around the Mourne Mountains have a lot to offer as well so as the business stays busy as this will help the development of ATA in the Mourne Mountains. ✓

Hotels are always what tourists want to stay in sometimes they would rather find a more homely place or else cater for themselves either by staying in a self catering apartment, as above or else camping. Other than hotels tourists can stay in Guest houses, the Guest houses in the Mourne Mountains region are:

- Glassdrumman Lodge ✓
- Golf Links House ✓

Some tourists like to get a real feel of the place they are staying in and the best way to do this is by camping or caravanning. The places that tourists can go caravanning or camping are:

- Castlewellan Forest Park Caravan and Camping Site ✓
- Tollymore Forest Park Caravan and Camping Site ✓
- Meelmore Lodge Campsite ✓

## Public Sector Organisations

As well as having the Private Sector Organisations helping with the Development of ATAs in the Mourne Mountains it is important that the Public Sector Organisations help out mainly for supplying the funds to the developments. The Governments are influenced by market reports on changing attitudes, outlooks and political changes, therefore from seeing and hearing how popular the Mourne Mountains are it encourages the Government to help with the development of adventure activities in the Mourne Mountains to keep the profits high. This way the Government provides money to help with these developments of the adventure tourism so as more tourists needs can be met. One of these Government agencies that have helped to develop adventure tourism activities in the Mourne Mountains is the Mourne Heritage Trust. ✓ *good coverage.*

## Mourne Heritage Trust

The Mourne Heritage Trust was established in 1997. It formed a partnership of central and local government agencies, these agencies were; the Northern Ireland Tourist Board, DARD and environmental, community, recreational, landowning and business interests. These agencies provide for the management of the Mourne and Slieve Croob Area of Outstanding Natural Beauty. For the trust to help with the development of ATAs in the Mourne Mountains they have four key areas which they follow and they are: *Ref. 3*

- Natural Environment Enhancement and Protection ✓
- Visitor Management and Visitor Services ✓
- Built and Cultural Heritage ✓
- Sustainable Tourism ✓

These four key areas which they follow help the development of ATAs as they include looking after the Mournes but also keeping the Mourne Mountains tourism running and therefore to do this they need to help with the development of ATA so as they can keep the tourism sustainable in the Mourne Mountains. ✓ *in good shape.*

The Trust is an independent body and a charity and its mission statement is:

*'To sustain and enhance the environment, rural regeneration, cultural heritage and visitor opportunities of the Mourne Area of Outstanding Natural Beauty and contribute to the well-being of Mourne's communities.'* ✓

## Voluntary Sector Organisations

Voluntary Sectors consist of people who are in voluntary communities, charitable Organisations etc, they do not work or live for profit and are not agencies of the government. Most voluntary sectors work to protect all man kind from ruining



anything of nature that is worth a lot. *interesting perspective* As for example, the Mourne Mountains have been designated an AONB and therefore they are protected and look after by these groups. the main funding for voluntary Organisations are:

- Donations ✓
- Grants ✓
- Membership fees ✓
- Admission fees ✓
- Sales e.g. Cards and Gifts ✓

The voluntary sectors help to develop ATA in the Mourne Mountains because they help to protect the Mourne Mountains and the area around them so as the adventure tourism can continue. ✓ One of these groups that have helped with the development of ATAs in the Mourne Mountains is the National Trust, a well established voluntary organisation. ✓

### **The National Trust**

*quite an area!* The National Trust purchased nearly 1,300 acres of land in the Mournes, this included a part of Slieve Donard and nearby Slieve Commedagh. The National Trust is a charity and is completely independent of the Government. They rely for income on membership fees, donations and legacies.

*excellent point* The National Trust now has 3.5 million members and 52,000 volunteers who gave 2.3 million hours in 2007/08. *interesting background* They protect and open to the public over 300 historic houses and gardens and 49 industrial monuments and mills. They also look after forests, woods, fens, beaches, farmland, downs, moorland, islands, archaeological remains, castles, nature reserves, villages. The National Trust is very helpful with protecting the Mourne Mountains as it is such a huge area of nature that is needs to be kept safe from all the tourists. Keeping it safe and protecting it is helping with the development of ATA so it means that these adventure tourism activities can continue. ✓

As well as The National Trust helping with the development of ATAs in Mourne Mountain there is another voluntary sector which helps out and that is the Mourne Mountain Rescue Team. ✓

### **Mourne Mountain Rescue Team**

*very interesting* The Mourne Mountain Rescue Team is an entirely voluntary organisation. They rely almost totally on fundraising to equip and run their team. They receive some grant aid from the Sports Council of Northern Ireland towards training and equipment costs, but otherwise they rely on charitable donations and fundraising. The Mourne Mountain Rescue Team is made up entirely of volunteers who live close to the Mournes. The Mourne Mountain Rescue Team was established in 1962. It was the first mountain rescue team in Ireland and it currently consists of 25 full members & 6 associate members with this number increasing every year. ✓

### **The Mountain Rescue Team endeavour to:**

*Relieve the suffering and distress of persons injured or in danger of injury through accident or natural hazard particularly in the area of the Mourne Mountains but elsewhere if necessary. To educate and inform the public concerning safety and rescue*

*in mountainous and other outdoor environments.* ✓

Every year members of the team have to raise sufficient money to run the Mountain Rescue vehicles, buy equipment, and equip the team members with clothing and personal equipment to undertake rescues in the sort of conditions in which they operate. ✓

As you can imagine this sort of expense is more than a few thousand pounds a year. It can run into tens of thousands of pounds - every year, year after year, and raising that sort of money takes as much of our team members time as going out on rescues. The Mourne Mountain Rescue Team is involved of the development of ATAs in the Mourne Mountains because without the help of their rescues most of these adventure activities would not be able to proceed. These mountain rescuers are on hand for if any problems arise while these activities are happening and therefore that is why it is safe for these activities to happen. Also, if tourists know they are in save hands they will feel safer to take part in these activities. ✓ *very true*

*visit points*  
*Ans. 3*

## National region in the UK – Peak District National Park, England

In 1951 made it the earliest national park in the British Isles. An area of great diversity, it is conventionally split into the northern Dark Peak, where most of the moorland is found and whose geology is gritstone, and the southern White Peak, where most of the population lives and where the geology is mainly limestone-based. Dramatic gritstone edges, wild heather moorlands and gentle limestone dales make the Peak District National Park one of Britain's best-loved landscapes. Shaped by humans over thousands of years, the Peak District is a 'living landscape' that supports a rich diversity of wildlife, culture and heritage.

It is visited by people from all over the world. They come to find peace, tranquility and adventure, experiencing some of England's finest climbing, caving, walking and cycling. The National Park is also home to 38,000 people. The local economy is based on tourism, farming, quarrying and manufacturing. The Peak District National Park Authority works with local people, businesses and organisations to make sure the Peak District can be enjoyed today in ways that look after it for the benefit of future generations.

The Authority will help you if you are caring for listed buildings, preserving the traditional character of villages, protecting wildlife or bringing back native woodlands. Specialists can advise on whether you are entitled to a grant for any work you are doing and there are a number of projects aimed at supporting and funding local businesses and organizations that, through their efforts, are helping conserve and enhance the environment.

### Fact file

In the Peak District National Park you will find:

2,899 listed buildings

109 conservation areas

74,788 ha Environmentally Sensitive Areas

8,756 km drystone walls

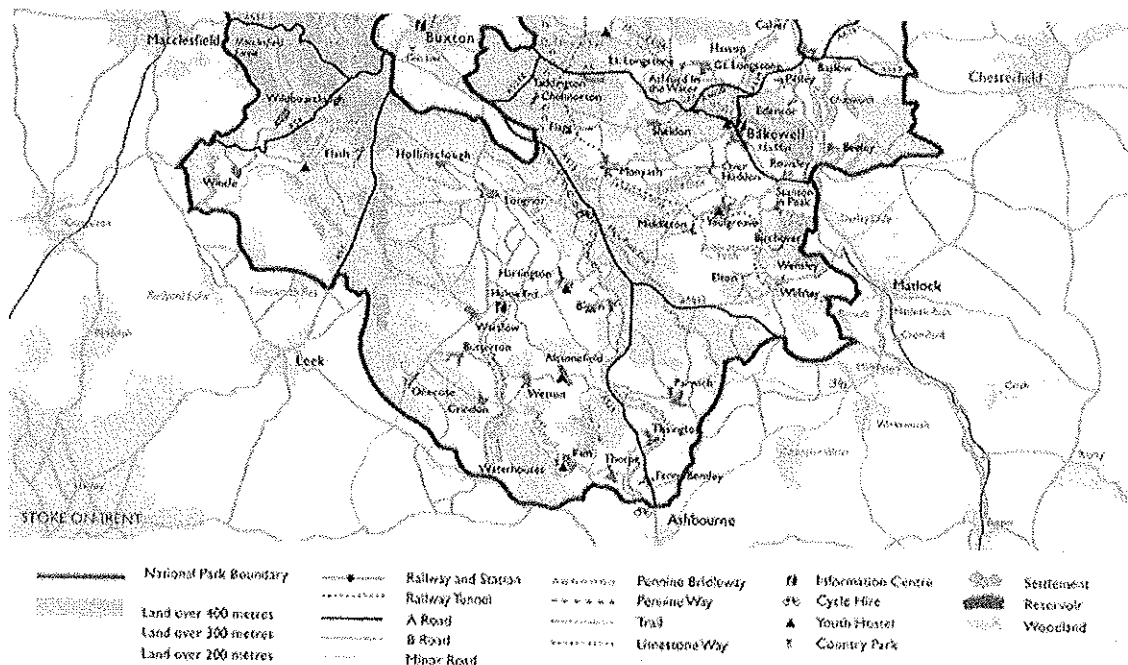
50,929 ha moorland

35% of the National Park is designated as 'Sites of Special Scientific Interest' (SSSIs) because of its important plant and animal species as well as its geological formations.

46% of the National Park is farmed land.

## Location of Peak District National Park

The Peak District National Park is located in England lying mainly in northern Derbyshire, but also covering parts of Cheshire, Greater Manchester, Staffordshire, and South and West Yorkshire. Below is a map showing whereabouts it is:



## How to get there:

### By bus

The 272 bus is an hourly service to and from Sheffield.

### By railway

The nearest station to Castleton is Hope (Derbyshire) Station which is 2½ miles to the east of Castleton.

### By road

The best exit points from the motorways are:

Northbound on M1 - exit 29 to A671

Southbound on M1 - exit 36 to A61 and then on to the A57

Northbound on M6 - exit 14 to A34 and then on to the A520

Southbound on M6/M56/M60 - exit 27 on to the M60 and then on to the A6

From the east (M1/Sheffield/Chesterfield) take the A6187 into Castleton. From the west (M6/Chapel-en-le-Frith/Buxton) take unclassified road from Chapel-en-le-Frith towards Castleton.

## Activities available in the Peak District National Park

The Peak District has something for everyone. In the northern area you can roam on wild open moorland with magnificent views overlooking sites such as the Derwent Dams. Further south, stroll alongside sparkling rivers in wildlife-rich valleys far from

the hustle and bustle of town. The Peak Park Rangers lead regular guided walks specialising in many different interests – from a long hike along the Pennine Way or other long distant trails, to a ghost walk or tour around a village or town. The activities that are available in the Peak District are:

- **Walking** – Moors and edges, Riverside rambles, Forest Run, On foot around town.
- **Cycling** – Mountain biker madness, Leisure Cycling
- **Climbing & Caving**
- **Equestrian Activities**
- **Air Sports**
- **Water Sports**
- **Specialist Sports** – fishing, skiing, golf

*Terrific variety of activities*

### **Walking**

Walking is the best way to appreciate the landscape, and the views here are supreme. The high moorland of Kinder Scout is another challenge to get your calf muscles straining. Rivers such as the Dove and the Wye have carved spectacular valleys through the limestone and offer an unrivalled choice of river walks. If you are up for a real challenge, the Limestone Way stretches along a 46 mile route from Castleton all the way to Rocester, passing through several picturesque villages along the way. Go to 'Conkers' or Rosliston Forestry Centre in the National Forest to enjoy a huge choice of outdoor pursuits amongst the trees. Archery, orienteering, laser/clay shooting, cycling and even hawk walks are just some of the activities that can be experienced here on this walk.

### **Cycling**

The riding terrain is varied, from tough exposed moorland routes to green lanes and bridleways. The Dark Peak to the North offers some of the greatest challenges for mountain bikers. The Edale and Hope Valley areas are hot spots to head for if you really want a gruelling workout. Further south, the limestone country is great for mountain biking too, with plenty of tracks that once served the area's lead mines. Many trails are along former railway lines such as the Monsal Trail, Tissington and High Peak Trails and the Longendale Trail. After walking, cycling is one of the most popular outdoor activities in the Peak District.

*And*

### **Climbing and Caving**

The sheer gritstone faces of Stanage Edge, Froggatt Edge and The Roaches will get your Karabiners creaking at the prospect. There's also a choice of indoor climbing walls so that you can get to grips with the techniques before tackling the real thing. Castleton is a prime area for explorations 'down under'. The local 'Blue John' stone is a natural treasure for this area, and seams of the royal blue/purple gem can be seen glistening in the darkness as well as under the bright lights of many local jewellery shops.

### **Equestrian Activities**

With former packhorse routes providing ancient routes across the moors, quiet lanes and grassy tracks, the riding is varied and never boring. The Pennine Bridleway starts here before its long winding route up the hills which form the backbone of England. This off-road route will eventually be open for 350 miles all the way to Byrness in Northumberland.

### **Air Sports**

Hot Air Ballooning is probably one of the most leisurely and antural ways to fly. ✓  
Drift along with the breeze and rise above into the clear blue sky with white clouds below that look like freshly fallen snow. ✓ As you rise up into the air you will experience the beautiful views of the Peak District. ✓

### **Water Sports**

Whether you fancy sailing, windsurfing, kayaking or canoeing, there are courses and taster sessions available with qualified instructors and the latest equipment. ✓  
For a more leisurely 'row your boat' style option through the River Gardens at Belper hire out boats along a nice clam stretch of the River Derwent. ✓

### **Specialist Activities**

The southern stretch of the River Derwent offers coarse fishing, which would interest any tourist who enjoy the peaceful and relaxation of fishing. The golf course at Horsley Lodge near Belper was recently ranked the number one course to play in Derbyshire. Its 18 magnificent holes set in 170 acres of undulating countryside were designed by former world champion, Per McEvoy. If skiing is your chosen sport, take to the slopes at the Swadlincote Ski & Snowboard Centre where beginners and advanced pro's can enjoy an indoor winter holiday any time of the year. ✓

Not 1

great  
variety.

## Reasons for growth of adventure tourism activities in the Peak District National Park.

The reason for growth of adventure tourism activities in the Peak District National Park is due to three different sections. These sections include:

- Environmental ✓
- Historical ✓
- Social ✓

### Environmental Factors

The Peak District National Park is made worldwide known because of its natural beauty. The adventure tourism activities that you can take part in while visiting the Peak District is all due to the beautiful views and tracks that have been made naturally and can now be admired by many tourists. Environmental factors are very important for the growth of adventure tourism activities in the Peak District as these factors help to maintain sustainable tourism for the activities as these factors are considered by organisational groups so as the Peak District is protected and does not get ruined by all the tourism. ✓

Environmental factors are a big part in the reason for growth of ATAs in the Peak District. The Peak District National Park's treasured landscapes are maintained and enhanced for future generations to enjoy by the concern of Residents, parish councils, businesses, visitors and environmental groups. Landscapes that draw visitors from around the world and support the livelihoods of 38,000 residents can be influenced by such factors as: ✓

As 1.2

- climate change, more extremes of flood and drought ✓
- increased traffic, more need for safety signs ✓
- demand for renewable energy sources and communications transmitters ✓
- changes in agriculture ✓
- industry such as quarrying ✓
- changes in tourism and recreation ✓
- Demand for building land for housing and employment. ✓

Therefore to keep increase the growth of adventure tourism activities in the Peak District, these factors need to be addressed. As well as the tourist eroding away the natural earth, the number of tourist can also effect it e.g. car pollution. However these factors are addressed which is one of the reasons why the Environmental factors help the growth of ATAs in the Peak District. ✓

*very varied observations*

<http://www.peakdistrict.org/index/news/news-display-page.htm?id=19097> ✓



## Historical Factors [http://www.visitderbyshire.co.uk/fa\\_peak\\_facts.ihtml](http://www.visitderbyshire.co.uk/fa_peak_facts.ihtml)

The Peak District has been recognized as a National Park since 1951, therefore causing it to have a lot of historical Background. This is one of the factors that attract tourists to the Peak District as they enjoy finding out about the Peak District and how it was formed etc. In 1932, Kinder Scout was the site of a **mass trespass** which led to the creation of National Parks. These types of facts are what can attract tourists to the attractions as there are many years of history behind the Peak District. Therefore because the history of the Peak District is important the tourists may as well try some of these adventure tourism activities that the park has helped to create because of its naturalness. This means by enjoying learning the history of the National Park they can also become part of the history of the Park by taking part in these activities. This is one of the reasons why the historical factors help the growth of adventure tourism activities in the Peak District National Park.

*good research on background history of the Park*

## Social Factors <http://www.peakdistrict-education.gov.uk/Fact%20Sheets/fz2tour.htm>

The Peak District National Park has plenty of different activities to offer tourists so as it appeals to all different types of tourists. The social factors help the growth of ATAs in the Peak District because the park provides so many things for all tourists to do.

### Reasons for Visiting the Peak District National Park

	All reasons	Main reason
	%	%
Scenery/landscape	61	39
Enjoyed earlier visit	37	9
Easy to get to	33	7
Peace and quiet	28	4
Outdoor activity	18	11
Event/attraction	16	10
As it is a National Park	15	3
Come every year	9	3
Visit friends/family	5	3
Own accom. in area	4	2
Other	20	10

*As L2*

*Excellent survey.*

As you can see from the table above, there are many different reasons why visitors come to the Peak District National Park. However you can notice from the table that the outdoor activities have quite a high percentage of this been the reason why visitors come to the Peak District. The Peak District National Park is now one of the most visited areas in the world. There are up to 30 million visits to the Peak Park each year - only Mount Fuji National Park in Japan has more visits! Therefore by keeping these

adventure tourism activities going in the Peak District it is keeping the number of visitors visiting the park for these activities. The Social Factors help the growth of ATAs because the activities appeal to a wide range of visitors and because so many enjoy themselves they pass it on to their friends and relatives so as it encourages them to come and take part in them. ✓

## **The organisations involved in the development of ATAs in the Peak District National Park**

There are three different organisations which are involved with the development of ATAs in the Peak District. Without these organisations the Peak District wouldn't be as well established or as well known as we know it today. The three organisations involved in the development of ATAs in the Peak District are:

- Private Sector Organisations ✓
- Public Sector Organisations ✓
- Voluntary Sector Organisations ✓

### **Private Sector Organisations**

Private Sector Organisations help with the development of ATAs in the Peak District because they help to meet the needs of the visitors who visited the Peak District. These places that help meet the needs of these visitors encourage them to come back again to the Park but also so as they can pass their positive feedback onto their friends and families which will encourage them to visit the Peak District. Some of these places that provide these needs are shops in the villages of the Peak District. The Peak district is made up of 45% of farmland, therefore all the food that the visitors buy is naturally made by the locals but it also gives them an experience of trying their local culture. ✓ *super parts*  
The local farmers' markets and farm shops are stocked with the freshest foods offering a real taste of the area in every respect. ✓

For the visitors to be able to recognise these naturally home-made products, they can find a label on the product saying 'Peak District Foods'. This can assure the visitors that they are getting locally sourced products. As well as these local shops producing local foods for the visitors needs the visitors can also enjoy the local traditions and culture by trying the local pubs which is also run by locals. Locally brewed ales are popular too, with several microbreweries in the area. You can often find local ale on tap. Derby is the real ale capital of the Midlands and breaks can be booked to include admission to CAMRA beer festivals, microbrewery tours and pub trails. These local shops and pubs can really help the visitors enjoy their day at the Peak District which will encourage them to return. Private Sector Organisations are involved with the development of ATAs in the Peak District because they help to meet the visitors needs but they also help to appeal to a range of different visitors. ✓ *As 1. 3.*

### **Public Sector Organisations**

Public Sector Organisations can help with the development of ATAs in the Peak District because they can help provide grants to develop the park but they help to establish it by taking part in advertising it. One public sector organisation which can help with the development of the ATAs in the Peak District is the Peak District National Park Authority. ✓ *marketing link*

### **Peak District National Park Authority**

The Peak District National Park Authority is involved with the development of ATAs

as they help with the

- planning, ✓
- policies, ✓
- financial support, ✓
- local assess forum ✓
- vehicles in the countryside ✓
- ranger services ✓

All of the above is what the PDNPA does to help with the development of ATAs in the Peak District. As well as helping meet the visitors needs they also take care of the environment of the Peak District so as sustainable tourism can happen. Making sure that the environment of the park is well look after will help to bring in the visitors as it's the naturalness of the park that allows for these activities to happen. Therefore by looking after it, it will help to develop the adventure tourism activities. Also by providing funds will help to develop the ATAs as this can help to get better equipment or extend the park etc. The Peak District National Park Authority at the minute is actually carrying out a consultation of on the Landscape Strategy. This just proves how the public sectors get involved to help develop the ATAs in the Peak District.

#### **Voluntary Sector Organisations** <http://peakdirections.co.uk/index.asp?ID=155> ✓

Voluntary sector organisations get involved to help with the development of the ATAs in the Peak District because it is mostly made up by local people who care about their popular park and want to help look after it so as many more visitors can enjoy using the park. Residents, parish councils, businesses, visitors and environmental groups help to develop ATAs in the Peak District. There are estimated to be over 2000 voluntary and community organisations in the area of the Rural Action Zone, 5000 in Derbyshire as a whole, and 36,000 in the East Midlands region.

Local infrastructure organisations, such as CVS, have as their main aim and activity the development and support of voluntary and community groups local to their area. Local government and statutory organisations have strong relationships with the voluntary and community sector. The voluntary sector are involved with the development of adventure tourism activities as they can count as visitors who visit the park, therefore they present ideas to the government of how the Park can be improve to meet more needs of the visitors which will increase visitor numbers as well as providing a wider range of activities. Voluntary sectors can work well with the government as they can present ideas of how to improve the park but the government can actually make these ideas becoming real by providing support and grants to create these ideas.

Voluntary sectors are important in helping to develop ATAs in the Peak District as by visitors seeing how supportive they are of the park it will encourage the visitors to be a

lot more supportive by taking part in the activities. The message that will sent out to the visitors is that the Park is cared locally and they want to help improve it so as it will be cared by visitors from over the world.

## **International overseas region – Yosemite National Park, USA**

Yosemite National Park, one of the first wilderness parks in the United States, it is best known for its waterfalls, but within its nearly 1,200 square miles, you can find deep valleys, grand meadows, ancient giant sequoias, a vast wilderness area, and much more. Yosemite National Park was established on 01 October 1890, and is the Nation's third oldest national park. The park was established for the



purpose of preservation of the resources that contribute to its uniqueness and attractiveness. Congress recognized the importance of preserving this great park for future public enjoyment when it established Yosemite National Park. Yosemite National Park is a showcase of spectacular geological features, including the greatest concentration of granite domes in the world and the largest exposed granite monolith in the world. The first application of a park concept originated in Yosemite with the grant of 1864 (Federal land given to California for preservation) signed by Abraham Lincoln and since that time the park has played an important role in pioneering park management concepts. Yosemite National Park possesses outstanding recreational values and supreme scenic attractions, including alpine and subalpine wilderness, three groves of giant sequoia trees and thundering waterfalls that are among the world's highest. Yosemite was the birthplace of the idea of the Sierra Club and plays an important role in wildlife preservation and preserving biological diversity. Yosemite National Park is a world heritage site which has made a significant contribution to California's cultural heritage, to the national park movement, and to Yosemite's 4,000 years of cultural heritage by Native Americans. The park provides solitude and inspiration and serves as an outdoor classroom for environmental education.

### **Travelling to Yosemite National Park, USA.**

<http://www.nps.gov/yose/planyourvisit/directions.htm>

To get to Yosemite National Park, you can fly, drive or use public transport.

### **Flying over to Yosemite**

There are many different airports that you can get a flight too that are not too far away from Yosemite National Park.

### **Commercial Airports Near Yosemite**

**Fresno-Yosemite International (FAT)**

Drive north on Highway 41 to Yosemite. Allow about 1.5 hours to the park's South Entrance or 2.5 hours to Yosemite Valley.

**Merced Airport (MCE)**

Drive east on Highway 140 to Yosemite. Allow about two hours to Yosemite Valley.

### **Modesto City-County Airport (MOD)**

Drive east on Highway 120 to Yosemite. Allow about 1.5 hours to the park's Big Oak Flat Entrance or about two hours to Yosemite Valley.

## **Commercial Airports in the Bay Area**

### **San Francisco International (SFO)**

Drive on Highway 580 east to Highway 205 east to Highway 120 east to Yosemite. Allow about four hours to the park's Big Oak Flat Entrance or five hours to Yosemite Valley.

### **Oakland International (OAK)**

Drive on Highway 580 east to Highway 205 east to Highway 120 east to Yosemite. Allow about four hours to the park's Big Oak Flat Entrance or five hours to Yosemite Valley.

### **San José International (SJC)**

Drive on Highway 880 north to 580 east to Highway 205 east to Highway 120 east to Yosemite. Allow about four hours to the park's Big Oak Flat Entrance or five hours to Yosemite Valley.

## **Commercial Airports North of Yosemite**

### **Sacramento International (SMF)**

Drive south on Highway 99 to either Highway 120 or Highway 140 east to Yosemite. Allow about four hours to Yosemite Valley.

### **Reno/Tahoe International (RNO)**

Late May/June through October/November, depending on conditions

Drive south on US 395 to Highway 120 east to Yosemite. Allow about 3.5 hours to Tioga Pass Entrance or five hours to Yosemite Valley. (Check on the status of the Tioga Road.)

Not 1.

### **All year**

Drive west on Highway 80 to Highway 99 south to either Highway 120 or Highway 140 east to Yosemite. Allow about eight hours to Yosemite Valley.

## **Driving Directions to Yosemite National Park**

### **From the west and north**

#### **San Francisco/Bay area**

Distance: 195 mi / 314 km

Time: 4-5 hours

Take I-580 east to I-205 east to Highway 120 east (Manteca) or Highway 140 east (Merced) into Yosemite National Park.

#### **Sacramento**

Distance: 176 mi / 283 km

Time: 4 hours



Take Highway 99 south to Highway 120 east (Manteca) or Highway 140 east (Merced) into Yosemite National Park. ✓

### **Reno & Lake Tahoe**

*Approximately June through October, conditions permitting*

Distance: 218 mi / 351 km (Reno)

Time: 5 hours

Take US 395 south to Lee Vining; take Highway 120 west into Yosemite National Park (open late May/June through October, depending on conditions). ✓

*All year*

Distance: 315 mi / 507 km (Reno)

Time: 8 hours

Take I-80 or I-50 west to Sacramento; take Highway 99 south to Highway 120 east (Manteca) or Highway 140 east (Merced) into Yosemite National Park. ✓

### **From the south**

#### **Los Angeles area**

Distance: 313 mi / 504 km

Time: 6 hours

Take I-5 north (or I-405 north to I-5) to Highway 99 north to Highway 41 north (Fresno) into Yosemite National Park. ✓

#### **San Diego area**

Distance: 441 mi / 710 km

Time: 8 hours

Take I-5 north to Highway 99 to Highway 41 north (Fresno) into Yosemite National Park. ✓

#### **Las Vegas**

*June through October, conditions permitting*

Distance: 350 mi / 560 km

Time: 6-7 hours

Take I-15 west to Barstow; Highway 58 west to the junction with US 395; go north on US 395 to near Lee Vining; take Highway 120 west into Yosemite National Park (open late May/early June through October, depending on conditions). ✓

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*November through May*

Distance: 495 mi / 797 km

Time: 8-10 hours

Take I-15 west to Barstow; Highway 58 west to Bakersfield; take Highway 99 north to Fresno. In Fresno, take Highway 41 north into Yosemite National Park. ✓

### **Death Valley National Park**

June through October

Distance: 270 mi / 435 km

Time: 5 hours Take Highway 190 west to US 395. Take US 395 north to Lee Vining;

take Highway 120 east into Yosemite National Park (open late May/early June through October, depending on conditions). ✓

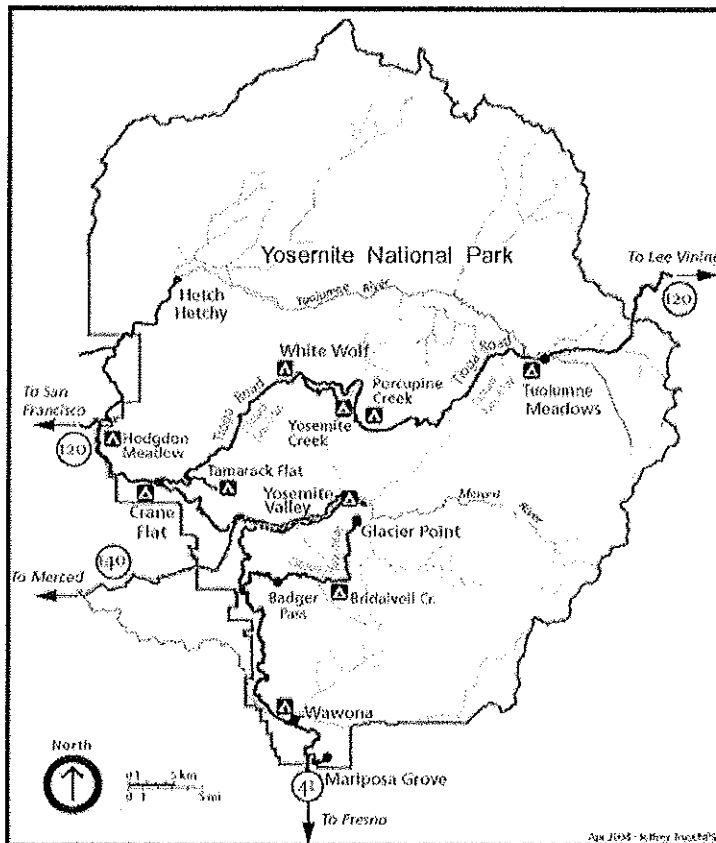
November through May

Distance: 450 mi / 720 km ✓

Time: 9 hours

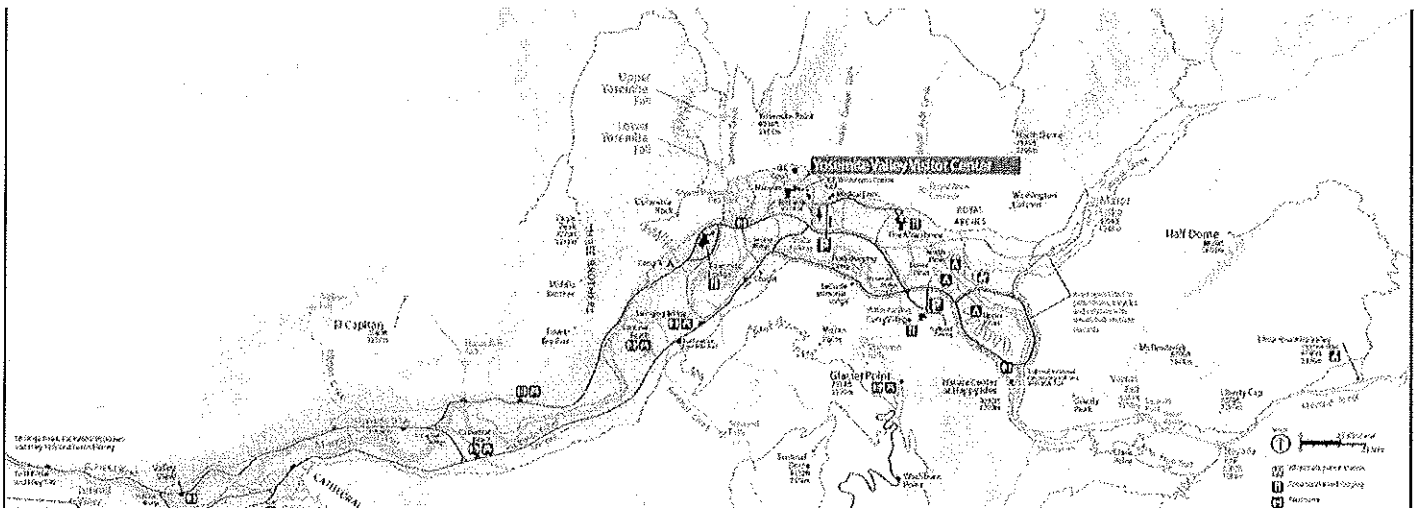
Take Highway 190 west to US 395; take US 395 south to its junction with Highway 14. Take Highway 14 south to Mojave. In Mojave, take Highway 58 to Bakersfield. From Bakersfield, head north on Highway 99 to Fresno. In Fresno, take Highway 41 north into Yosemite National Park.

### A map of Yosemite National Park

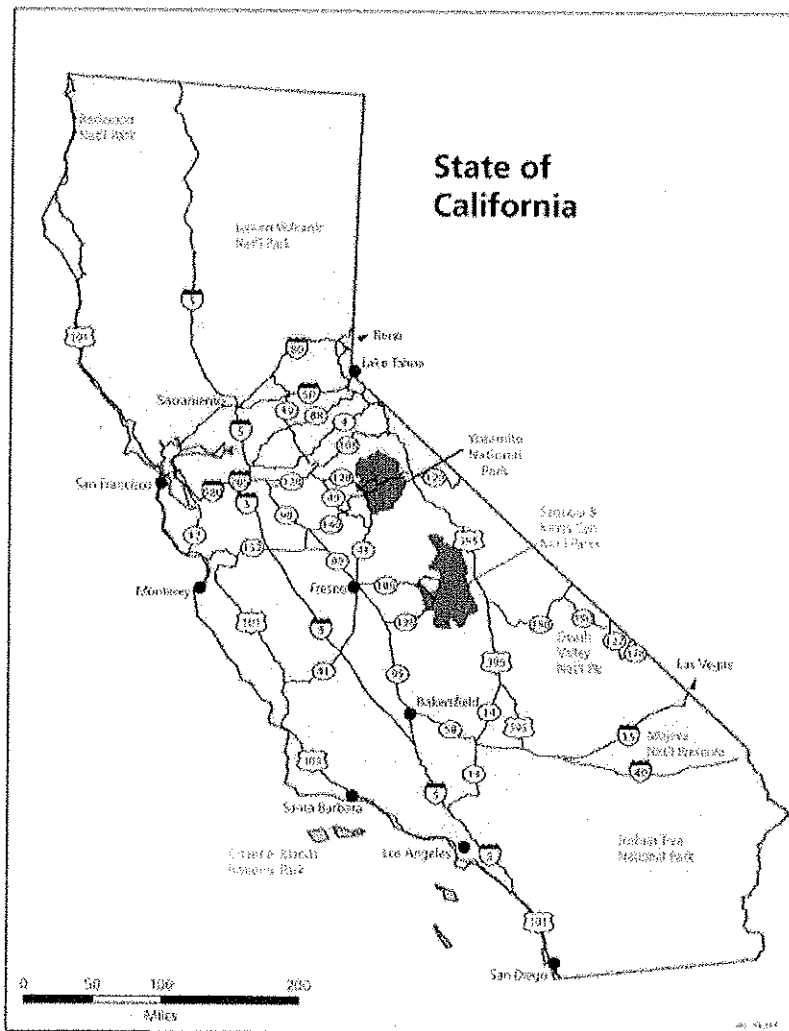


✓  
*Super location map*

### A map of Yosemite Valley



## A map of California



## Activities in Yosemite National Park

Yosemite National Park has <sup>many</sup> been activities that appeal to many different visitors, they are what help to establish the park and keep the visitor numbers high. The different types of activities that you can take part in are:

- Biking ✓
- Birdwatching ✓
- Climbing ✓
- Fishing ✓
- Hiking ✓
- Horseback riding ✓
- Rafting ✓

Biking

Nearly a dozen miles of paved bikeways wind through the eastern end of Yosemite Valley. California law mandates bicyclists under 18 years of age wear a helmet. For your safety and to protect Yosemite National Park, there are rules that all visitors need to follow, these are: *Health & Safety Considerations*

1. Bikes are only allowed on paved bikeways and park roads (unless the road is closed to bike use). ✓
2. All bikes are prohibited from pedestrian and hiking trails. ✓
3. Bicyclists must obey all posted traffic signs and travel with the flow of traffic when on roadways used by automobiles. ✓
4. Rental bikes, baby jogging strollers, and bicycle baby trailers are available at Yosemite Lodge (all seasons) and Curry Village (summer). ✓

### Birdwatching

Yosemite is home to variety of birds. The most commonly seen birds include the

- Stellar's jay, ✓
- American robin, ✓
- Brewer's blackbird, ✓
- acorn woodpecker, ✓
- raven ✓
- Black-headed grosbeak. ✓ *super variety of birdlife*

In spring, listen for the splendid glissade of the red-wing blackbird (most often seen in meadows) or watch the American dipper dart in and out of creek and river rapids. ✓  
Some of the more sought-after birds to see in Yosemite include the great gray owl, Peregrine falcon, pileated woodpecker, and northern goshawk. ✓ In general quiet forests away from developed areas and meadows (particularly in the mornings) are the best places to see some of the less common birds. ✓

### Climbing

Yosemite is one of the world's greatest climbing areas. Climbers here can enjoy an endless variety of challenges- from the sustained crack climbs of the Merced river canyon to pinching crystals on sun drenched Tuolumne domes to multi-day aid climbs on the big walls of the Valley. ✓ Yosemite is not just a climber's playground; however, its walls and crags are an integral part of a larger ecosystem, protected as wilderness, that was set aside for people to enjoy in a natural state for generations to come. ✓ *Not 1*

### Fishing

Fishing regulations for Yosemite National Park follow those set by the State of California, including the requirement that a valid California sport fishing license must be displayed by all persons 16 years of age and older who are fishing in Yosemite National Park. ✓ Licenses must be plainly visible, attached to outer clothing at or above the waist line. ✓

Yosemite's streams and river fishing season is closed until the last Sat of April. The only exception is Frog Creek near Lake Eleanor where fishing season doesn't open until 15 Jun in order to protect spawning rainbow trout. ✓ All lakes and reservoirs are open to fishing year round. ✓

There are some special regulations that apply within the park:

- No live or dead minnows or other bait fish, amphibians, non-preserved fish eggs, or roe may be used or possessed. ✓
- Fishing from bridges and docks is prohibited. ✓

In Yosemite Valley and El Portal (east of Foresta Bridge):

- Rainbow trout are catch-and-release only. ✓
- Brown trout limit is five per day or ten in possession. ✓
- Only artificial lures or flies with barbless hooks may be used; bait fishing is prohibited. ✓

## Hiking

Hiking in the Yosemite National Park can be a fun and rewarding experience as in other national parks. It is a great way to both see and experience the park. ✓

A few things to remember while hiking:

- Stay on trails: taking shortcuts is dangerous and causes trail erosion. ✓
- Carry (and drink) plenty of water: a leading cause of injuries on the trail is dehydration. Be sure to treat river, stream, lake, or spring water. ✓
- Smoking while traveling on trails is prohibited, though you may smoke will stopped. (Crush out and dispose of cigarette butts in a trash receptacle.) ✓
- Horses and mules have the right of way on trails. ✓
- Pack out what you pack in. ✓
- Trails are not maintained nor are they regularly patrolled: travel carefully and at your own risk. There are 840 miles of trails and eight-miles of paved bike path in the Yosemite Valley. ✓
- Dogs and other pets, bicycles, strollers, and motor vehicles are only permitted on paved trails. ✓
- Do not hike or snowshoe in Nordic ski tracks. People on snowshoes, should walk alongside, but not in the ski trails. ✓

## Horseback riding

Guided horseback rides are available through Yosemite Concession Services from spring through fall. ✓

April

In spring through autumn, two-hour, half-day, and full day rides depart daily from stables in Yosemite Valley, Wawona, and in summer, from Tuolumne Meadows. ✓

## Rafting

Rafting along the Merced River is popular during summer. You can rent a raft (typically in June and July, but it varies from year to year, depending on water level) or bring your own. (Other nonmotorized vessels, such as kayaks, are also permitted.) ✓

Rafting is permitted on the Merced River between Stoneman Bridge (near Curry Village) and Sentinel Beach Picnic Area between the hours of 10:00 a.m. and 6:00 p.m.. Rafting is not permitted whenever the river stage (depth) reads 6.5 feet or higher and the sum of air temperature and water temperature is less than 100°F. You must

Very precise information

have a personal flotation device immediately available for each occupant of the raft. Rafting is also permitted on the South Fork of the Merced River in the Wawona area. Some visitors enjoy kayaking the calm waters of Tenaya Lake. ✓

### **Reasons for growth of adventure tourism activities in the Yosemite National Park.**

The growth of adventure tourism activities is important in all National Parks, however there are three reasons for the growth of adventure tourism activities and they are:

- Environmental Factors ✓
- Historical Factors ✓
- Social Factors ✓

#### **Environmental Factors <http://www.yosemite.national-park.com/> ✓**

Environmental Factors act as big part in the reasons for growth of adventure tourism activities especially in Yosemite National Park. The environmental factors are important because the environment needs to be well maintained and protected for adventure activities to be able to continue. As the number of climbers visiting the park has increased through the years, the impacts of climbing have become much more obvious. Some of those impacts include: soil compaction, erosion, and vegetation loss in parking areas, at the base of climbs, and on approach and descent trails, destruction of cliffside vegetation and lichen, disturbance of cliff-dwelling animals, litter, water pollution from improper human waste disposal, and the visual blight of chalk marks, pin scars, bolts, rappel slings, and fixed ropes. ✓

Many of these impacts can be eliminated or greatly reduced by following the minimum impact practices outlined in the conservation guidelines offered by the tourist's offices which are located in the park. It is very important that Yosemite National Park is well look<sup>ed</sup> after because it is the reason why adventure activities are able to take place here and visitors are able to take part in them. As well as the environment needing to be in good condition for adventure activities to take place it also needs to be kept looking well so as it is attractive to the visitors. Yosemite is also popular for its different trees that it contains in the park. Since this is also another feature if the environment that attracts visitors to it, it is important they are well maintained. Therefore this shows visitors how well the park is looked after and will encourage them to want to take part in the adventure tourism activities that are on offer. ✓

*Very much point.*

*Not 2*

#### **Historical Factors**

The historical factors help the growth of ATAs in Yosemite National Park because it is another factor which appeals to the visitors. Most visitors always enjoy learning about the attractions they are going to see and Yosemite has a lot of historical background. As well as finding out how the park became a National Park the visitors also like to find out the historical information about the natural earth that they are doing their adventure activities on and around. Of the 27 varieties of trees in the park, these four are easy to identify, due to their impressive size and distinctive characteristics: ✓

- California black oak is abundant in Yosemite Valley. These large deciduous trees, with yellow-green leaves and dark trunks, produce acorns which the Miwok Indians ground into nutritious flour.
- The incense-cedar has a feathery reddish bark which is often confused with the giant sequoia. Incense-cedars grow abundantly throughout the Sierra, while sequoias grow only in limited numbers of groves.
- The giant sequoias are the largest trees on earth. Three groves of them are located in the park: the Mariposa Grove near the southern entrance (Highway 41); the Tuolumne Grove, near Crane Flat on the Tioga Road; and the Merced Grove, off the Big Oak Flat Road between Crane Flat and the Big Oak Flat Entrance. The giant sequoia often lives from 1,000 to 3,000 years. A few of these big trees were planted by settlers in Yosemite Valley, though they are not native to the Valley.
- The ponderosa pine can be identified by its bark made up of irregularly shaped plates separated by dark furrows. Mature trees are considerably wide at the base with a straight trunk rising many feet before reaching the branches.

Facts like these appeal to visitors as they find it interesting knowing what all is in the park and why it has become a National Park. By finding out these historical factors it helps to grow the adventure tourism activities in Yosemite National Park as it gives them a chance to be able to enjoy the history of the Park.

### Social Factors

Yosemite National Park has many activities to offer to different types of visitors which help the growth of adventure tourism activities. By finding out which activities are the most popular can help the park to improve these activities so as they keep appealing to a wide range of audience. As well as making sure the park appeals to the visitors it is important that the staff who work Yosemite National Park are respectful and helpful to all the visitors who attend the park. Therefore this can increase the growth of ATAs because it encourages the visitors to want to give them a go because they feel as though they are in comfortable situations and want to give the park the business. Other factors that can help the growth of ATAs in Yosemite National Park is the social life which surrounds the park. It the visitor's experience that the Park is popular locally as well as nationally they will enjoy the socializing of the locals who live in the nearby areas. Also, if the visitors see how important the park is to locals it will encourage them to want to join in with the adventure activities because they will want to find out for themselves why the park is popular and well known.



## **The organisations involved in the development of ATAs in the Yosemite National Park**

It is important that organisation get involved with the development of the ATAs in the Yosemite National Park as it will help to improve the park and therefore will maintain the high number of visitors. The three organisations that can help with the development of ATAs in Yosemite National Park are:

- Private Sector Organisations ✓
- Public Sector Organisations <http://www.nps.gov/yosc/naturescience/visitor-use.htm> ✓
- Voluntary Sector Organisations ✓

### **Private Sector Organisations**

Since Yosemite National Park is huge it allows for the Private sectors Organisations to be able to work with it so as it will appeal to more visitors but also meet their needs. Yosemite Park actually provides lodging for those visitors who would like to stay. I think this is a great idea especially for visitors who may have travelled as far as from Belfast it would certainly help them plan their trip a lot easier as they don't have to waste time searching for a decent hotel to stay in. I think providing lodgings in the park are a great way to appeal to a wide range of audience but it really encourages visitors to visit the park. The different types of lodging the park offers are:

- Ahwahnee Hotel ✓
- Tenaya Lodge & Cottage ✓
- Wawona Hotel ✓
- Yosemite Four Seasons Condos ✓
- Redwoods Vacation Home ✓
- Curry Village ✓
- Pines Resort at Bass Lake ✓
- Days Inn ✓
- Yosemite Lodge at the Falls ✓
- Yosemite View Lodge ✓
- Chateau Du Sureau ✓
- Cedar Lodge ✓
- Tin Lizzie Inn B&B and many more ✓

The list above are only a small amount of the lodgings I had taken a look at myself there are many more still going on down the page. I think this is a great private sector organisation, as for I were visiting I would feel as though the Park had made a massive effort and it would encourage me to take part in the adventure tourism activities. ✓

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### **Public Sector Organisation**

It is also important for public sector organisations to get involved to help with the development of adventure tourism activities in Yosemite National Park. These public sectors can help improve the park so as it will appeal to a wider range of visitors and therefore help to develop the ATAs for Yosemite Park. One of these public sector

organisations which help with the development of ATAs is Managing the National Park System through social science. ✓

Understanding the natural and cultural contexts of parks has long been an important aspect of managing the National Park System. The agency's governing legislation protects these resources and thus continues to play a critical part in the designation and management of park units. Providing a high-quality visitor experience has always been a core component in that same legislation. Recently, however, managers have noticed increasing numbers of park visitors are now affecting the quality of both natural and cultural resources. Land managers are using social science methods to associate visitor characteristics and behavior with resource conditions. This approach is helping park managers take a more in-depth look at how science can manage visitor use before unacceptable impacts to resources occur. Given the complexity of visitation in a park like Yosemite, social science is one way to understand resource protection from visitor caused impacts. ✓

The Visitor Use & Social Sciences branch within the Resources Management and Science division conducts research to inform visitor use management, impact monitoring, and planning-related projects. A focus is put on the social-psychological components of resources management, including the visitor experience. ✓



An infrared trail counter helps scientists track the use of various park areas. ✓

This is one example of how the public sector organisations can help with the development of adventure tourism activities in Yosemite National Park as you can see that the maintenance of the park is important. ✓

### **Voluntary Sector Organisation**

<http://geographyfieldwork.com/YosemiteTourismAttractions.htm>

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Voluntary sector organisations are very important as well with helping the development of ATAs in Yosemite National Park. However for the volunteers to be able to help improve the park they need to raise money, although even though they do ask the government for grants they aren't always entitled to them. Therefore to help raise money to help maintain the park there is an entrance fee. The money is collected and used to help develop ATAs by being able to buy better equipment etc. As well as

a small entrance fee, there is also a voluntary shuttle bus which is used to take tourists to see the main attractions in the Park. I think this is a good idea because some tourists can be put off when they see that they have to drive themselves to places because they miss out on seeing other beautiful things along the roads they drive. Therefore by offering a free bus ride to be taken to the Park is definitely a good idea to help with developing adventure tourism activities in Yosemite as it will encourage the tourists to try the adventure tourism activities while they are there because it is part of the experience. ✓

You can see that all these three organisations really try to work together so as the Park is appealing and is enjoyable for all visitors. I think the hard work they put into the Park is evident and if I was ever over in California i would definitely go and visit Yosemite National Park and i would certainly be taking part in the adventure tourism activities. ✓

not 3

**A02**

# Impacts of Adventure Tourism Activities

For adventure tourism activities to be sustainable it is important to make a low impact on both the local environment and the local culture. Many ATAs take place in fragile environments and among people whose culture and traditions are different from our own. Adventure Tourism can bring important environmental improvements to particular destinations, for example, Wildlife reserves protect both the fauna and flora from visitor disturbance and help to preserve the natural landscape for future generations. However adventure tourism activities usually take place in wilderness areas which are often sensitive to change. This means adventure tourism activities can have an impact on the environment as new developments can spoil the landscape as well as the increasing number of visitors can generate congestion therefore increasing the demands on the local infrastructure. There are positive and negative impacts caused by tourism activities and they are under these three headings:

- Economic ✓
- Environmental ✓
- Socio – cultural ✓

I am now going to look at these positive and negative impacts for all the three destinations I researched. ✓

## Mourne Mountains

### Economic Impacts

#### Positive Effects

##### Money

Adventure Tourism Activities create an increase in the amount of money coming to an area as there are many ways offered to allow visitors to spend. As well as the small admission fees that the visitors have to pay to see some of the attractions in the National Parks, there are other things which allow the visitors to spend money in the area. There is accommodation offered which the visitors can stay in so as they can get the full experience of their adventure tourism holiday. While the visitors are there they also might want to bring home some souvenirs or want to try the local produce, therefore they are spending money in the shops which helps increase the amount of money coming into the Mourne Mountains. This money can help to build new developments or to help protect the Mournes so as tourism can keep going. As well as buying in the shops to taste the traditional food, there are plenty of restaurants for the visitors to try. Some that are more expensive than others but both still help to bring in money into the area so as it kept within that area. While the visitors are on their Mourne Mountain holidays they may want to try many different activities or even try camping instead of staying in hotel. However for the visitors to do this they might need to hire equipment or a car to get to travel around the Mournes. Once again this is more money which is coming into the area to help with the impact of adventure tourism activities.

#### Increase in tourist numbers

The Mourne Mountains are known for their natural beauty and the scenic views, as they have been designated as an Area of Outstanding Natural Beauty. The Mourne Mountains are partly owned by the National Trust. This helps to attract domestic and international visitors each year who participate in a wide range of adventure tourism activities. Since the Mourne Mountains are designated as a AONB and are famous for their beautiful scenery, it attracts many visitors as no-one wants to miss out on these beautiful natural views as well as getting the chance to take part in adventure tourism activities while they are there. The increase of tourist numbers means that as it will also help to bring more money into the area which will help with the protection of the Mourne Mountains but also will help to buy better or new equipment to improve the adventure tourism activities that are offer. This means that it could even increase more visitor numbers.

### **Job increases**

Since there are such a large number of visitors who visit the Mourne Mountains it helps to create more jobs for the locals who live in the large towns such as Newcastle, Dundrum, Kilkeel etc. The increase of visitor numbers means that there is an increase of money but it also means that there is a wider range of visitors to meet the needs of; *very good point* therefore the infrastructure of the Mourne area and the towns surrounding it will need developed further. This means that it can increase jobs for, holiday homes, *good examples* construction, shops, hotels, B&Bs, coach/taxi drivers etc. its important that all visitors needs are met so as the increase of visitors will keeping increasing but also so will the money coming into the area. The Mourne Mountains are also potentially being proposed as a National Park, this will attract even more visitors which means and increase in the money and jobs in the area. The tourism revenue could treble from the current level of around £70 million per year. This will also give the area an opportunity to brand more local produce as there will be many more visitors interested in buying the local produce.

### **Negative Impacts**

#### **Increase in prices**

Since there is such a high number of visitors which is increasing the amount of money that is brought into the area some local shops and businesses take advantage of the tourists by putting up there prices to get even more money. However, this affects the local people as they might not be able to afford it and therefore are missing out on being able to buy their won local produce. It might also affect them from being able to take part in some of the adventure tourism activities as they may not be able to afford *good point* it but they might also not want to be putting even more of their own money into the area since they are the ones benefiting from it. *good understanding of problems shown* This can end up angering the locals causing them to maybe want to leave their town or to find ways of complaining.

#### **Developers and House prices**

With the increasing amount of money being brought into the area it gives developers the chance to build more holiday homes for tourists. However some locals may not be able to afford these prices of the holiday homes and therefore it will cause them to have to move elsewhere. This will cause the locals to be unhappy but it can also make them difficult to try and find a house that is not too far away but also not too expensive. Another negative impact form these developments is that during the off-

peak session, the area for holidays homes are deserted and therefore create a 'ghost town'. This can also anger the locals because they could be living in these homes all year round but instead for half of the year the houses are deserted and left alone. *which observation*  
*not so nice* *difficult situation*

### Seasonality of employment

Tourism creates many jobs for locals, however these jobs are only mostly needed during the summer which means that the staff are laid off during the winter months. *creates problems*  
This means that there is a very big increase in unemployment over these months and can make it very difficult for everyone to try and find another job because there is such a huge amount of people looking for one. This causes the staff to have to rely on the money which they have earned during the work in the summer but this will not last them all over winter and therefore this might mean that some of them will have to turn to relying on benefits granted by the government. This can be very difficult on the locals especially if they have families to support as they are not reliable jobs *good awareness evident*

### Environmental Impacts

#### Positive Effects

#### AONB

*v.g.* The Mourne have been designated as an AONB, this means that the Mourne are a protected area therefore the area needs to be well looked after. It is *the nation's* someone's duty to make sure that this area is well maintained and conserved so as it can be enjoyed by future generations. It is in the nations interest to safeguard it as it's something to be proud of and because it's a beautiful area everyone wants to protect it so as we can enjoy it for many years to come. The area has created so many new adventure tourism activities that have help *boast* tourism that you would not want to see it getting destroyed.

#### Money

Since the increase of visitors have increased the money which is being brought into the area it means that this money can be used to repair eroded footpaths but also create new walkways, bridleways and more bins to keep the area clean. There is a lot of thought put into looking after the area, as no one wants it to get destroyed but also by creating new walkways etc it can become even more enjoyable and therefore will increase even more visitor numbers. Therefore this means that the Mourne can keep getting developed by the money which is being brought in by the visitors and therefore it will be enjoyed by generations to come. *good ones suggested*

#### Proposal to make it a National Park

There has been a suggestion made that the Mourne Mountains should become a National Park so as it will always be protected. This contributes to the protection of the environment but also the conservation and restoration of the environment. *excellent suggestion*  
Therefore the Mourne will be allowing everyone to get a chance to enjoy and experience the area by taking part in the adventure tourism activities and just enjoy the scenic views.

#### National Trust

The National Trust also helps to protect the environment of the Mourne as they provide funds to allow for this to happen. This helps to create sustainable tourism, as

the Mourne Mountains will always be around for thousands of visitors to visit. ✓ *essential point*  
However it also means that the Mourne Mountains will not get ruined by the number of visitors as the National Trust will help to provide funds to restore and protect the environment damaged by the visitors. ✓

### *Negative Effects*

#### **Erosion**

As there has been an increase in visitor numbers each year it has led to erosion of footpath routes through the Mournes. This is a negative effect as it means visitors will miss out in getting to go on some of these routes while they are visiting the Mournes, however it also causes a concern because it means less visitors will have to visit at a time meaning less money for the area. The National Trust staff have to keep helping to repair these footpaths so as they can still be used, however it means that any money going into repairing these footpaths, there will be less for any other improvements to the Mournes. ✓

#### **Rubbish and litter**

The rubbish and litter left by visitors can attract an investment of rats which is not good for the locals who live in or near the Mournes. It can also put some visitors off from visiting the Mournes as they don't want to be sharing their walks or hotel rooms etc with rats. However the rubbish and litter can also be a death trap for other small animals that live in the woodland parts in the Mournes. Many small animals are killed or injured by the rubbish that is left behind visitors. It will soon decrease the number of small animals leaving the Mournes. As well as these negative impacts there is another negative impact which is created by all this rubbish and litter and that is, it becomes an eyesore for visitors to look at. This will cause less visitors to want to visit the Mournes as they are meant to be admiring the beautiful scenic views from the mountains instead of seeing mountains of litter and rubbish. This is also frustrating for the staff who look after the Mourne area as they put so much hard work into but it's getting ruined by visitors. ✓ *horrific*  
*important to educate the public*

#### **Destroying plantlife**

Most of the visitors who visit the Mourne Mountains are not aware of all the different plantlife that is in the Mournes and therefore don't realise that they are actually walking on it and damaging it. This can ruin the habitats of the plants and could cause extinction meaning a loss for the Mournes as it's part of the nature. ✓

### **Socio – Cultural Impacts**

#### *Positive effects*

#### **Increase in jobs for local people**

With the increase of visitors which means increase of money for the area, there can be more developments therefore creating more jobs for the locals. It creates more jobs for locals, as there are more hotels, B&BS, restaurants, cafes and construction industry. This can create a higher standard of living for the locals as they will have an income, which will give them a better quality of life, and they can enjoy the adventure tourism activities in the Mourne Mountains themselves after they have worked hard helping out to create them. ✓



### **Young People**

With more jobs being provided it will encourage the younger ones to stay and get a job available in the area. <sup>essential point</sup> Therefore the population in the towns within the Mourne will stay a high number. Also with the younger ones getting jobs within the area will help to improve the adventure tourism activities as they can help to meet the needs of <sup>super idea</sup> the visitors or else help out on protecting the Mourne Mountains. ✓

### **Improvements in the services and attractions**

These services don't just benefit the visitors they also benefit the locals. This helps make it enjoyable to the locals to enjoy where they work but also for where they live. ✓ Therefore it makes them want to help develop and improve adventure tourism activities and meet the needs of the visitors. ✓

### **Higher property values**

Due to a demand of property in the area the value of locals peoples home increase and therefore helps to the locals who may be selling their property as they will be able to get more money for it. This will mean everyone will be happy, as the locals will be happy for getting money but also the people who are buying the property will be happy because that's what they want. ✓

### **Promotes community pride in the local area**

The money used from tourists help to improve the infrastructure of towns and the Mourne Mountains. These improvements allow for the locals to be proud of where they live and therefore they will want to make the effort to help protect the Mournes. ✓

### *Negative Effects*

#### **Rural depopulation**

Since some of the jobs offered to the locals are not very reliable as they are only useful for the summer it means some of the younger ones have to move to the larger towns such as Dundrum, Newcastle, Kilkeel to find better, higher paid jobs in tourism. This means that the less rural jobs such as farming etc are left dependent on the older locals to work, however it means that once they retire there is no one to pass it onto in the family. This can also effect the local produce as there will be less made. ✓

#### **Farmland lost**

<sup>very valid points</sup> Since there is <sup>are</sup> less people working on farms which means they are producing less produce means that some of them cannot afford to keep them going. Therefore to help themselves they have to sell their farms to developers to have houses, holiday homes <sup>very sad scenarios</sup> for tourists and large supermarkets built. This can lose the culture of the areas that the visitors are going over to see, this can put some visitors off. ✓

#### **Crime rates increase**

<sup>no</sup> Since there is such a large number of visitors, it also means a large number of crimes. For those locals who cannot get a job or find it difficult to get a job, it's very difficult for them to resist stealing of the visitors instead. Quite a lot visitors would walk around with quite a lot of money on them if they are planning on spending the whole day out as they might need money for food, to buy souvenirs etc, therefore making it

easy for crime to happen. Once again this can also put visitors off coming to visit the Mournes. ✓ ?

### **Cost of living increases**

Since there is such a huge increase of visitors and money, prices are put up to take advantage of the tourists. However although this can have a positive effect because it means more money coming into the area for improvements but it can have a very big negative effect on the locals. This can prevent them from being able to afford and enjoy where they live but it might also prevent them from wanting to care about the Mourne Mountains anymore because they are not benefiting from them. *Penally!*

## **Peak District National Park**

### **Economic Impacts**

#### *Positive Effects*

#### **Jobs for the local people**

Tourism can create many jobs for the locals who live in the area. ✓ Tourism in the Peak District National Park provides 500 full-time jobs, 350 part-time Jobs and 100 seasonal jobs, there are many more other people working in shops & other service industries. Farming is now not a job alone, most farmers are diversifying their farms by making them into accommodation for the visitors as well. The number of registered farm-based holiday accommodations increased by 45% between 1991 and 2000, there was also an increase in camping and caravan sites, as well as self-catering cottages. Some villages that are known as a 'Honey pot' village have increased *good use of* employment for locals. This offers a lot more jobs to the locals therefore meaning that *them* they will not have to travel to larger towns and cities to work. Services have accounted for 41% of businesses in the National Park in 1997. Many shops can *good reward* remain open which would have otherwise closed without the tourists. ✓

#### **Income to the local community**

✓ 9) The money brought in from the tourist can help to improve facilities, services and repairs of buildings and houses. These improvements help to attract more visitors which means more money that can benefit the locals as well as the visitors. A 1998 *document?* employment study estimated that the overall turnover from tourism was £75 million. Tourism creates a lot of business which helps out the locals as it brings in a lot of money but it also provides them with jobs, as well as the locals benefiting, the visitors can benefit from the businesses as well and are prepared to pay the prices. It showed that 20 million visitors benefited from businesses offered in the region. ✓ *As 2*

#### *Negative*

#### **Rise in prices in shops**

Prices have risen by 8% due to an increased demand by tourists, although this is good for the area as it means more money for improvements and repairs of the National Park. However it means that it's harder on the locals as they are putting more money into the area than what they are getting back from it. This can be quite upsetting for the locals and therefore may actually encourage them to move away.

### **Seasonal Employment**

There are many jobs available during the summer, however there are less jobs available during the winter, as there are less tourists to accommodate for. This makes it even harder for the locals to be able to afford the increased shop prices as they don't have incomes, this also means they can't enjoy the benefits of tourism. However the Peak District National Park is open all year round which means job wise it isn't as bad as other areas but it still is a problem. ✓

### **Increased living costs for local people**

A high demand for holiday homes from the tourist means that is an increase of the living costs for the locals, some of which cannot afford. This means that these locals are forced out of their homes, especially if they are scenic areas which tend to be more expensive to live in. This is hard for the locals, as even though they are helping with the developments of tourism in their region, they are being turned on so as there can be more room made for tourists. I know this would be upsetting for any local person especially if there were old and have lived their whole life there. ✓

### **Environmental Impacts**

#### *Positive Effects*

#### **Conservation of heritage sites and preservation of historic buildings**

The money made from tourism can help to preserve and restore old or run down buildings. ✓ For example Caudwells Mill has been restored as a heritage themed visitor attraction and Magpie Mine has also been preserved as well as old farm buildings have been converted into holiday accommodation and camping barns. These conservation of heritage sites and preservation of historic buildings have a huge *great* impact on tourism as it creates plenty more accommodation to meet the needs of *locals* tourists but ~~its~~ also an interesting fact for tourists to find out what old building they are staying. I think this would be very appealing for many tourists which will then help to create and income for the Peak District. ✓

#### **Traffic Management schemes**

The Peak District National Park gets extremely busy over the peak times of the year causing a lot of traffic jams but also a lot of car pollutions. However there have been traffic management schemes put in place to help reduce the amount of congestion. This is a good idea because many visitors can get annoyed by traffic congestion and it can put them wanting to visit the Peak District but with these traffic management schemes it means a lot more people are happy about having to travel to the Peak District. It also helps the locals as they don't get as frustrated by all the traffic either. *As L.*

#### **Maintenance of the Peak District Park**

*v.g.* The money made from tourists is used to help benefit the park. The money can be used to help conserve, repair and protect the park as it can help repair footpaths, fences, walls etc. As well as repairing these important parts it can be used plant and protect trees and habitats, drainage and pond clearance, erosion control. These are all beneficial to the park as it makes improvements to attract more visitors but it also makes it enjoy for the visitors and this enjoyment will be able to be experienced for generations to come. ✓

## Negative

### Erosion of footpaths and mountain slopes

The Peak District National Park is very popular and therefore many of the popular footpaths are being trampled on by thousands of visitors. This is a negative effect because it causes erosion to these main pathways, some of which cannot be repaired or restored and are therefore ruined for other visitors. Vegetation is also removed by accidental fires and by heavy trampling on the most popular footpaths. Many factors prevent the vegetation from regenerating. Large areas laid bare in this way are then greatly affected by the natural forces of erosion. ✓

*huge problems created*

### Loss of Habitat

The Peak District National Park has many adventure tourism activities on offer which appeals to many visitors, however this can have a negative effect on animal and birdlife as they are disturbed from their habitat due to the activities such as orienteering, mountain-biking and hang-gliding. Climbing can also result in the decline of many plant species such as mosses, lichens and cliff-nesting birds e.g. ring ouzels. This is a negative effect as this is what makes the park and these habitats and plants cannot not be restored and therefore can lead to extinction. ✓

*valued plants*

*unbelievable situation*

### Loss of Vegetation

Heavy trampling by visitors to the moorland areas of the Peak National Park kills off the vegetation on some areas of deep peat, which is highly 'trample sensitive'. A few thousand footsteps per year may be enough to cause erosion. Again this cannot be replaced as tourists are ruining this part of nature and therefore this part of the park is getting to be ruined instead of enjoyed. ✓

### Disturbance of birds

Birds are also another part of the park, which also may even appeal to visitors who enjoy watching and learning about birds. However because of some of the adventure activities they can disturb the birds. Moorland birds and sandpipers nest on the banks of streams and reservoirs nest and roost on the ground and are therefore especially sensitive to hikers walking past. ✓

### Farming practices disrupted

Walkers and ramblers disrupt most farms as they leave gates open. Therefore animals can escape and the dogs of the owners chase sheep and can kill or injure them. ✓  
Ramblers also knock down dry stonewalls as they climb over them instead of using styles. Ramblers and walkers also trample on crops and grass, which reduce the amount of winter feed for farm animals. ✓

*As 2*

### Litter and pollution

The litter left by hikers and ramblers is an eyesore for visitors and very dangerous to small animals. Broken glass, tin cans and plastic bags are all left behind which can cause small animals to get stuck in them but also gives a bad appearance to visitors; it can also put some visitors off. As well as litter there is a lot of air pollution caused from all the cars being driven to the Peak District and since the Peak District is extremely busy it means there are a lot of cars travelling to the Peak District. Between 16.2 and 20 million visits are made by car to the Peak District every year, this also adds to the traffic congestion as well. ✓

## **Socio – Cultural Impacts**

### *Positive Effects*

#### **Provision of community facilities**

Visitors benefit a lot from adventure tourism activities as it makes their holidays a lot more exciting and worthwhile. As well as benefiting the visitors tourism also benefits the locals as it creates money which can help to make improvements to the facilities and infrastructure used by the locals as well. For example stations along the Hope Valley line and bus stops and waiting areas at key transport interchanges including Bakewell which were made to allow easy access for tourists.

#### **Improvements to Village services**

Tourism brings a lot of business for villages, which create jobs for the locals. Shops, restaurants and leisure facilities provide jobs and recreation for the locals. Therefore they can enjoy a better quality life as they get a good income but also enjoy the benefits of tourism by being able to enjoy the new, improved facilities. *great benefits*

#### **Maintenance of family units**

Since tourism creates so many jobs for the locals it means that the young people can stay in the area instead of having to travel to other places for jobs. It also means that families are not broken up and dispersed throughout the country. Therefore any farms that are traditional can still be passed down through the family so as the farm keeps going and still gets an income as well as providing local produce. *essential to remain youthful an area*

### *Negative*

#### **Decline in traditional types of work**

Some locals can see that working in the tourism business earns them a lot more money than people working on a traditional farm. This is causing for a lot of farms having to close and sell their properties as a lot of older generations of farmers retire. Therefore they have to sell their farms to developers which are used to build construction of holiday homes. *very unfortunate circumstances*

#### **Increase in Ghost villages**

More houses are just being bought as holiday homes by wealthy city people and are only being used for a few weeks and weekends during the summer. This means that the houses are left empty for weeks at a time especially during the winter and these are the houses which could be being used by the locals instead. *A02.*

#### **Increase in crime rate**

From the increase of visitors and tourists means an increase of crime. These tourists are starting to get to be known as all being wealthy as they are able to afford a holiday home therefore this is causing more people to start stealing of them and breaking into their holiday homes. Especially since these holiday homes are left empty for long periods at a time. This can cause the tourists to want to sell their holiday homes as they are put off by this but it will may that locals still will not be able to afford to buy them. It will also then result in a bit of a drop in the income to the area.

### **Conflict between the host community and the tourists**

Local people feel their privacy is affected by the rapid increase in the number of tourists who are coming to their villages in the height of the season. They feel there is loss of quiet, the village community way of life. Some locals also think that tourists get more of an advantage over them as they are offered so much more services and also they are given the chance of being able to buy holidays, whereas the locals have to help out with trying to increase the tourism. ✓

## **Yosemite National Park**

### **Economic Impacts**

#### *Positive Effects*

#### **Employment**

Yosemite National Park has become very popular for its adventure tourism activities that it has to offer, therefore creating tourism employment within the park for the locals. ✓ Each year the continuing number of tourism jobs within the park have increased as the popularity of the adventure tourism activities have increased. ✓

#### **Revenue from tourism**

The revenue from tourism has increased each year as the popularity of the park continues. ✓ Especially as the interest for certain activities has increased mainly from hikers, mountain climbers and water sports enthusiasts. ✓ Tourism expenditure has helped to generate income for the local people and has helped to finance amenities in villages and towns in the park. ✓

#### **Infrastructure improvement**

Since there has been such an increase in the number of visitors this has also made an increase of the income coming into the area. ✓ Therefore the roads and facilities have been able to be improved to keep pace with the growing number of visitors and to supply amenities and parking lots for all these tourists. ✓ The locals can also benefit from the improvement of infrastructure, as they are able to use the facilities etc. ✓

#### *Negative*

#### **Construction of Tourist Hotels and Facilities**

The construction of tourist hotels and facilities are bringing new housing projects and commercial constructions as well as thousands more visitors. ✓ This increase of visitors, hotels and facilities means that more houses need to be taken over for reconstruction of accommodation for the tourists as well as any farms that cannot afford to pay. ✓ This does create more jobs for people but it also means the image of the quiet countryside is now being made into more of a city like image. ✓ For example The newly opened Chukchansi Casino, one of the state's largest, is just 30 miles down the road, advertising with billboards throughout the region: "Now, Yosemite has a night life." *interesting* And with the recently approved Silver Tip Resort Village, a 47-acre commercial and *development* residential complex slated to go up in the tiny park border town of Fish Camp. ✓

*A02*

### **Infrastructure cost**

With such an increase of visitors there is now a great deal of pressure being put on the local government to improve airport and road facilities whereas the money could be spent on education and health care for the local people. The tourism develop in the area has also cost the taxpayers a great deal of money. This shows that even though it can be a good thing having a high number of visitors the infrastructure will also have to be up-to-date and always been improved, therefore most of the income into the area will be spent on this instead of other useful things. ✓

### **Increase in Prices**

The increase of tourist numbers has led to a bigger demand for basic services and goods, which have caused prices to increase, which then affect the local residents as they cannot afford these inflated prices and therefore do not get to benefit from the increase of tourism instead it becomes a disadvantage to them. ✓

### **Increase in demand for Homes**

The development of tourism in the area has created a huge demand for houses therefore raising the price of houses. However this has forced the locals who are on a lower income out of their homes. Once again the locals are not being able to benefit from the increase of tourism. ✓

### **Seasonal Employment**

The park is very quiet during the cold winter months therefore meaning that less locals are needed to help out in the park or any other tourism benefited businesses. Some shops, hotels and restaurants may actually close over winter therefore meaning that some people will have to end up losing their jobs. ✓

### **Environmental Impacts**

#### *Positive Effects*

#### **Maintenance of the National Park**

The National Park has suffered from the effects of tourism, however the revenue from tourism can be used to protect and maintain the park. Therefore this can help to make sure footpaths, fencing, trees, habitat protection etc can be repaired and restored so as tourism does not have a huge impact on the park. ✓

#### **Conservation of heritage sites and preservation of historic buildings**

The money made from tourism has been used to help to conserve old historic buildings. Also the park is under strict protection and is now zoned to ensure that specific areas are given special protection. ✓

*Not*

#### *Negative Effects*

#### **Habitat Loss**

Destruction of forested areas to create more space for new highways has led to the loss of thousands of wildlife. Improvement to roads has caused habitat loss in the park and vehicle traffic has increased about 30 percent over the last decade. Seven bears were killed by cars on park roads in 2003, areas of river banks close to camp sites as they have been eroded by visitors, destroying natural habitat. These improvements to

the roads etc are ruining the naturalness of the park and the areas surrounding the park. Therefore these improvements can end up ruining the park for visitor as it's the naturalness of the park that appeals to the visitors. ✓ *absolutely - quite a dilemma*

### **Increase of pollution**

From the increase of visitors it causes more traffic that has led to an increase of air pollution from car emissions. Environmentalists have reported "smog so thick that Yosemite Valley could not be seen from the air". This occasional smog is harmful to all species and vegetation inside the Park. Noise pollution from vehicles and campsites rivals the Park's natural noises and buildings, roads and parking lots have spoiled the natural beauty of the valley, while visitors are often stuck in traffic hoping to find a parking spot. These negative effects are going to end up having a greater negative impact, as soon it will put visitors off from even trying to visit the park. ✓ *harmful situation*

### **Effects of climbers**

The number of climbers have increased which have now started some serious impacts such as erosion, soil compaction, vegetation loss in the parking areas at the base of the climbs, destruction of cliff-side vegetation and lichen and the visual pollution produced by chalk marks, pin scars bolts, slings and fixed ropes. When these impacts are multiplied by thousands of climbers each year, they can have a significant, long-lasting effect. Even though these are the types of activities that are attracting the visitors to the park they are still having major impacts on the nature which has created this activity. ✓

## **Socio - Cultural Impacts**

### *Positive Effects*

#### **Education and Health Benefits**

Since tourism has had an increasing effect on the income coming into the area it has benefited the locals as contributions of this income has been made into local services such as schools and health care. These impacts will have long term effects for the local people and have already been benefited by the locals. ✓

#### **Improvement in the standard of living**

Now that there has been a big improvement in the number of tourists visiting which has created more jobs and incomes the locals can now enjoy these benefits as they can stay and work in the park instead of having to move to cities. With a good income from their job they can also benefit better standard of living and the equality of life. ✓ *True*

#### **Cultural Benefits**

Visitors can now learn about the distinctive culture which used to exist in Yosemite National Park as it once occupied by Ahwahneechee indigenous Indians. The tourist and locals have good social connections and therefore they learn from each other. The locals can be educated about outside culture without having to leave their homes so in the end everyone gets educated about culture. This creates a sense of respect, understanding, tolerance and mutual appreciation. ✓



## *Negative Effects*

### **Loss of cultural identity**

As a result of million of tourists visiting the area and new locals moving in and old locals moving out there has been a great impact in the original culture which once existed with Ahwahneechee indigenous Indians. The regard to the native Indian language and traditions has been lost which are the essentials to maintain the culture of the region. ✓

### **Increase in crime rates**

The presence of tourists are now known to own expensive things and to carry a lot of money around on them. This has caused an increase of crime rates as so much tourist equipment, houses and cars have been broken into. This can be due to the lack of work because of the winter months etc. ✓

*unfortunate  
side effect*

## **Management of Impacts**

### **Mourne Mountains**

Managing the impacts of tourism has helped to increase the number of tourist to the Mourne Mountains. The proposal of turning the Mourne Moutains into a National Park will also increase the number of visitors wanting to visit as it will be put on the map and even though they are already famous it will appeal to many visitors if it is known as a National Park. Due to the increase of visitors there will be a greater demand for a wider range of adventure tourism activities on offer so as it will appeal to many more visitors. However this can have a negative impact on the environment and therefore schemes or controls will be made to reduce or minimise these impacts on the environment.

### **How the Mourne Mountains has tried to manage the increasing number of tourists in the area**

The Mourne Mountains has tired to manage the increasing number of tourists in the are by thinking of schemes to control the visitor number and the impact of the tourists.

### **AONB**

The designation of Mourne and Slieve Croob as an Area of Outstanding Natural Beauty brings with it a commitment to safeguard the natural beauty, wildlife and historic heritage of the area whilst at the same time promoting its enjoyment to the visitors. The Mourne AONB has a large number of historic and traditional building and artefacts. These range from churches, Castles, Memorials and fine buildings, to traditional farmsteads, gates and gateposts. There are approximately 400 listed buildings and 1700 derelict vernacular buildings in the AONB. Most of these are of 19th century origin and there is a wide variety of building types represented from churches, schools, courthouses and other public buildings as well as dwellings (which comprise about three quarters of all listed stock).

An AONB helps to protect and restore damage that is done to the environment by visitors. Some of the areas which have been reserved and protected are

### ***National Nature Reserves (NNR)***

Murlough 282 hectares (ha), designated 1977

Rostrevor Oakwood 16.64 hectares (ha), designated 1977

### ***Area of special scientific Interest (ASSI)***

Eastern Mourne's 7507.5 hectares (ha), designated 1995

Rostrevor wood 16.64 hectares (ha), Murlough 1452.8 hectares (ha), designated 1995

Carlingford Lough 1105 hectares (ha), designated 1996

Black Lough 44.55 hectares (ha), designated 1998

Lackan Bog 88 hectares (ha), designated 1993

Greenan Lough 18.24 hectares (ha), designated 1998  
Ballybannan 1.47 hectares (ha), designated 1997

Castlewellan Lake, designated 16 December 2003.

### **Sustainable Tourism**

Sustainable tourism is a way of positively managing tourism for the benefit of the visitors, residents and the environment (working with the environment rather than against it). This ensures the long-term survival of the environment, to be enjoyed by future generations.

*great definition*

Sustainable tourism helps local people create and maintain quality long-term jobs. It also aims to buy goods and services locally and generally fit in with the character of the area.

Sustainable Tourism brings many benefits:

- The environment is protected and enhanced; resources are used sparingly, reducing waste and pollution.
  - The local community benefit through support for the local economy and local services - such as transport and shops.
  - Sustainable Tourism creates new business opportunities for local people; by providing accommodation, for example.
  - Visitors and tourists benefit from the maintenance of the local landscape.
- Adopting the concept of sustainable tourism fosters a better relationship with the local community, making the visitor's stay even more enjoyable.

A Sustainable Tourism Strategy for the Mourne was compiled in June 2002. The Strategy was built upon district-wide tourism strategies prepared by the 3 local Councils (Newry & Mourne District Council, Banbridge District Council and Down District Council) and through public consultation exercises.

The overall aim of the Strategy is "to develop a sustainable rural tourism sector based on the natural, social, cultural and recreational resources of Mourne. To develop Mourne as both a day visit and overnight holiday destination with management of the environment, tourism infrastructure development and visitor management standards commensurate to those of a National Park". The Strategy delivered a set of objectives and actions that were used as the basis for funding initiatives through the Natural Resource Rural Tourism Initiative (NRRTI).

*At 2.3*

### **Mourne Heritage Trust Operational Plan**

Mourne Heritage Trust has developed a number of strategies that aim to protect the unique characteristics of the area, while encouraging sustainable development. The Mourne Heritage Trust Operational Plan sets out the programme of activities which the Trust aims to undertake over a three year period. The Trust is managed by a Board of 21 voluntary Trustees, representing a wide range of interests from the Mourne and Slieve Croob area and beyond. In addition, the Trust has a number of sub-committees and working groups which engage a board range of expertise in the management of the AONB.

The Trust will structure its human and financial resources towards the delivery of the plan. The plan is broken down into key performance areas. Core operations are provided from our on-going core funding, and largely reflects the Trust's service level contracts with its core funders. As the Trust's core funding is linked to pre-agreed Service Level Contracts set with individual funders, it is essential that these Service Level Contracts are reflected in the Operational Plan.

### **My recommendations for the management of Impacts**

To help with the impact of tourism the Mourne Mountains could think about creating 'Park and ride' schemes, therefore meaning less traffic on the road. This will mean less traffic congestion as well as less air pollution. The Mourne Mountains could also think about improving the roads so as they are clearer and easier to use for the tourists and will help cause less traffic congestion. For popular sites the Mourne Mountain managements could think about have roads which take you straight to the popular sites so as there is no hassle about getting lost etc. The locals could do with a lot more support so as they keeping making local produce and help with the tourism of the area. Especially farmers could do with more support as they have a lot of local produce to provide to tourists in the area. The management teams could try educating more visitors about the environment of the Mourne Mountains so as they will understand better and there will be less impact on the environment.

*v. good suggestion*

*A023*

## Peak District National Park

The Peak District National Park has now become a popular park for many visitors as a lot of them want to take part in all the adventure tourism activities that are on offer. However these recreational activities are having a negative impact on the environment and therefore there needs to be recognition of these impacts so as they can be reduced or managed. ✓

### The work of the authority

These are members who are the people who make the decisions about the welfare of the park. They are responsible for setting policies and priorities, ensuring resources are well used and money is well spent. These are very important decisions as they affect the welfare of the park but they can also affect the visitors who visit the park. The officers are employees who work to the policies and carry out the decisions made by members. On routine matters members ask officers to take decisions directly, in line with agreed policies. Overall responsibility for the work of the officers lies with the Chief Executive.

The law requires the Authority to carry out two "statutory purposes" ✓

- To conserve and enhance the natural beauty, wildlife and cultural heritage of the area.
- To promote opportunities for the understanding and enjoyment of the parks' special qualities by the public. ✓

While carrying out these purposes it also has a "duty" to seek to foster the economic and social well-being of the communities within the National Park. ✓

### Ranger Service

ANZ.

In 1951 the Peak District became Britain's first national park. One of the first tasks was to provide access to the wonderful expanses of high open moorland within the Park. Access agreements with landowners were drawn up allowing people to enjoy walking and climbing on the moors without having to keep to rights of way. This was the first stage of the Park becoming as popular as it is today, this was the first taste of adventure tourism activities which has since then become a big hit with tourists as this is one of the reasons so many visit the park. In 1954 the National Park warden service was formed, one full-time warden, assisted by a few enthusiastic volunteers, and helped to manage access areas. As you can see from such an early stage of the park, people were already thinking of ways to help manage the park so as the impact from tourism wouldn't be so severe. In 1974 their work was widened to cover the whole of the 555sq mile National Park and their title was changed from warden to ranger. Which then meant in 1997, the Peak Park Joint Planning Board gained full powers and the park become known as a National Park Authority. ✓

Today the ranger service is divided into fourteen areas each managed by an area ranger. There are a further eight full-time rangers and a Pennine Way ranger, with over 300 part-time and volunteer rangers. As you can see this is a huge amount of people of working together to help with the success of the park and so it can be used and enjoyed by generations to come. The park is so huge and so popular that it does take a lot of people to help maintain and protect it. This team, along with the Access

Officer and the Rights of Way Officer, helped to successfully implement the Countryside and Rights of Way Act within the Peak District National Park in late 2004. The wider team includes countryside volunteers, access, rights of way, recreation facilities, area management, Moors for the Future and administrative support based at the National Park Office. Although the jobs have expanded and the staff are expected to do cover a lot more than when the rangers were first introduced, however the point of the job has always stayed the same which is; to provide a key point of contact between the National Park Authority, local people and visitors. ✓

There are many millions of visits each year to the National Park, making it one of the most visited National Parks in the world. Rangers have extensive knowledge of what to see, where to go and the history, both human and natural, of the National Park. As you can see they need to know a lot more than just being able to maintain and protect it, they need to know everything about it so as they can assist visitors and make their visits worthwhile. It also allows for the rangers to benefit from there jobs because they are getting to help thousands of people and it is well appreciated. Formal contact can include advising people on appropriate behavior on open land within the National Park. Although the initial approach is always one of friendly advice, the opportunity is taken to try to convey a conservation message in all contact with visitors. Therefore this makes visitors aware of the behavior they should act while in the park but they also are not put of as some visitors do not like to be told what to do so instead guiding and providing advice is a lot more effective. ✓

### **Conservation Volunteers**

Volunteers can be extremely helpful especially for helping to improve things such as the National Park. Volunteers do not do it for a profit and therefore it shows that these people are doing it because they actually care about the park and want to see it improved and keep protected. The Peak Park Conservation Volunteers (PPCV) gives people of all ages and backgrounds the chance to take part in conservation projects within the Peak District National Park. The PPCV runs a conservation project on each Saturday and Sunday and the last Friday of each month throughout the year. The volunteers carry out a wide variety of projects that would not normally be done by the National Park's own staff, local craftspeople or outside contractors. I think this gives people a great opportunity to be able to help out with the park at their own choice but also their help is benefited by so many people as by helping out with the park it means that generations of visitors can get to enjoy the park. I think this is a really great way to help out with the park and I know these volunteers are appreciated by everyone. ✓

The types of projects that the volunteers can help out with for the park include:

- footpath construction and repair
- stile, step and footbridge building
- fencing, walling, hedge laying and tree planting
- nature reserve management and habitat protection
- erosion control, drainage and pond clearance ✓

Conservation projects offer groups and individuals the opportunity to experience the environment at first hand. It also helps them to see how important it is to manage the impact of tourism and why its such a good thing them helping out.

### **The Peak District Sustainable Tourism Strategy**

The Peak District has come up with plans which will help manage sustainable tourism in the Park. Part of these management plans is to protect some of the routes which are used by the tourists. These routes are getting damaged by 4X4s and trail bikes. They are the first from a list of 23 countryside routes that have been assessed as being potentially unsustainable unless improvements are made to prevent further damage being caused to the surface. Therefore the Peak District has had to think of actions which they could do to help improve each route. Some of these actions include putting up warning signs, resurfacing the routes, introducing voluntary restraint agreements with motor vehicle users, introducing temporary traffic bans or using traffic regulation orders - which can permanently ban vehicles from a route. Therefore by committing to these actions it should help the park and will also help to keep tourism sustainable in the Park as this will mean that the Park will still receive some income from the visitors which will help them to be able to include these actions. ✓

The eight routes that have been chosen to be looked at and improved because of the serve damage to them from the impact of tourism are:

- Bradley Lane, Pilsley
- Brough Lane, Brough / Shatton
- Chapelgate, Edale/Chinley
- Long Causeway, Bamford / Sheffield
- Moorlands Lane, Bonsall ✓
- School Lane, Great Hucklow
- Shatton Lane, Brough / Shatton
- Washgates, Hartington Upper Quarter, Staffordshire

By protecting these routes it means that they will be able to be enjoyed by many future generations. It also means that the visitors can come back again to the park and walk the routes as well as taking part in the adventure tourism activities. Its important that the park is well looked after as it means that it will encourage visitors to come back but it will also help to make sure that the routes etc can take the impact of all the visitors. ✓

A02-3-

### **My recommendations for Management of Impacts**

The Peak District has tried many different ways to manage the impacts of tourism on the park as it does receive thousands of visitors a year so this is bound to have some impact on the park. ✓ The Peak District can help these impacts by controlling the number of visitors to the park as well as thinking as ways which can help the environment such as 'ride and park' schemes, improved roads etc. the Peak District is also trying to get help from volunteers to help manage these impacts so as an effect will take place on the park. To get help from volunteers and the locals the Peak District have asked to hear opinions from these people to see what they think they should do. I think this is a good idea because it means that the voluntary sector and the private sector can work together to help manage the impacts of tourism. I think this is important because after all it's the locals who have lived there for years and therefore I think they want to take some responsibility in the management of the Park. As the can also benefit from it. The Park could try and educate their visitors as well so as the visitors are aware of their damage to the park and therefore this could help to have less impact on the environment as they are aware. The Peak District is a very

popular park and it would be a shame to see it fall apart because of the impact of tourism. I think a lot of people also feel this way and therefore would be glad to help out to manage the park. A02-3





## Yosemite National Park

There is a big concern about the impact tourists are having on the park from taking part in recreational activities. Since the park has become so popular the number of visitors have increased. Therefore meaning that there is a larger number of visitors taking part in the activities which results in huge impacts on the environment. This means that there needs to be constant control and management of these impacts so as the park can be used for future generations to come. ✓

Yosemite National Park has tried to find many ways to help manage these impacts. There are two purposes why Yosemite National Park needs to be maintained and preserved. One of these reasons is because of Yosemite's uniqueness and attractiveness. It has exquisite scenic beauty and outstanding wilderness values which attracts visitors to want to visit the Park. It also provides evidence that the Indians have once lived on this land. This states the historic information about the park which a lot of visitors find interesting therefore it appeals to many visitors which once again helps to attract visitors. The second purpose of maintaining and preserving the park is so that thousands of people can visit it and enjoy it but also it provides a lot of jobs and income for the area and the locals. This income can also help with the education and health care of the locals, so these two purposes are very important and therefore this is why it is important for these purposes to be met but also why the impact of tourism needs to be managed. ✓

Yosemite National Park has tried to manage the increasing number of visitors by using appropriate and effective ideas. The authorities from Yosemite have to decided on appropriate overnight and day use levels for the various developed areas of the park. This will be achieved by limiting the number of overnight accommodations, campsites, and day parking spaces available to visitors. The access will also be restricted when these capacities are reached. At the present time, it is not proposed to limit day use by controlling entry into the park, but this may be necessary sometime in the future. Another idea to manage the increasing number of visitors is by controlling the amount of traffic that comes and leave the park. The National Park Service is committed to reduce the effects of private vehicles on the park experience and resources. Private vehicles will ultimately be excluded from Yosemite Valley. There will also be an immediate removal of more than 1,000 parking spaces from the Valley and enforcement of an automobile carrying capacity. This will be accomplished through an information system at park entrance stations, with traffic controls at the Pohono and El Capitan crossovers to restrict access to the east end of the Valley when daily capacities are reached. The shuttle bus system will be improved to provide optimum service, including service to the Valley from parking areas at El Portal, Crane Flat, and Wawona. Traffic within Mariposa Grove will be restricted, and the shuttle will be extended. No 2.3 ✓

### My recommendations for the Management Impacts

To help with the impact of tourism on Yosemite National Park more volunteer groups could help to look after the environment. They could do jobs which aren't much hard work or have to make decisive decisions but are extremely important to maintain the welfare of the park. These types of jobs include picking up litter, repairing fences, putting up signs, guiding visitors etc. These jobs are important because they help to

educate the visitors but they also help to maintain the park so as it keeps appealing to the visitors. ✓

Yosemite National Park could try opening up summer classes/schemes which allow for young children to attend learning more about the environment. This can help to manage the impacts of tourism on the environment because people will grow up knowing these impacts and how to resolve them if they learn from a young age. These classes can educate the children about the wildlife, plants and the history of the park. As well as getting them involved in adventure sports or camping etc so as they can get a real experience of the environment and can learn while having fun. ✓

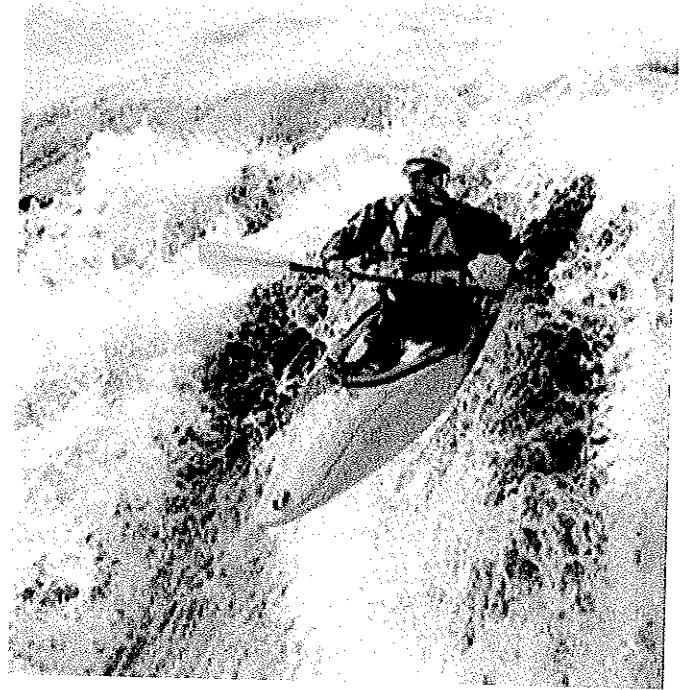
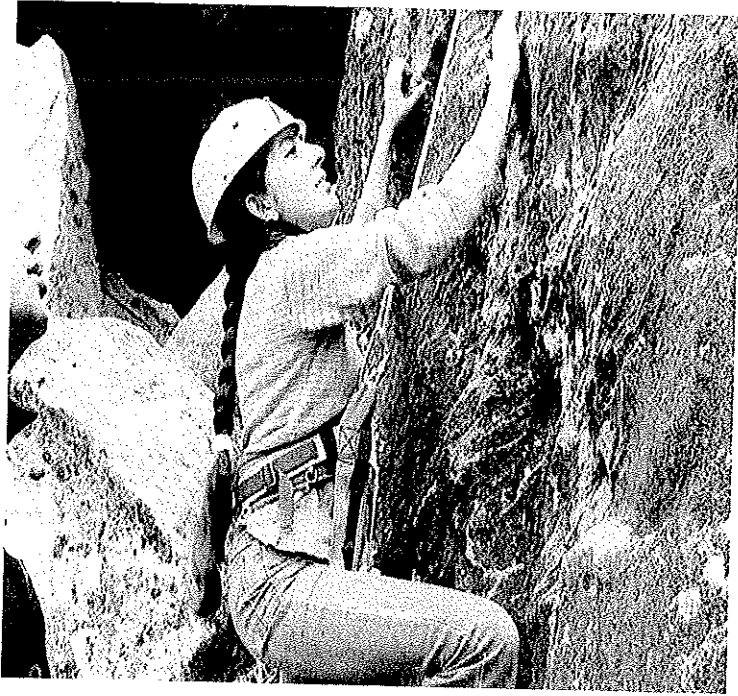
The Yosemite National Park authorities could work with the Highway Authorities, local communities, the Police landowners and environmental organisations to put in place better traffic management schemes. Therefore more visitors will be happy but it will also help the impact of traffic on the environment. With all these groups working together it means any ideas tried should be successful and will be useful. If more people try and help with the impacts of tourism it means that more people will take a bigger notice and will start to find out more about the impacts of tourism to see how they can help. This can encourage more volunteers to take part or for the visitors to want to be educated about the park and the environment of the park. ✓

At present Yosemite has one of the lowest number of rangers compared to other parks in the USA. This means that more rangers could be employed to oversee the use of the park, report on footpath erosion and levels of vehicle exhaust fumes. Having more rangers would mean that a lot more work would get done with maintaining the park but also advising and guiding the tourists throughout the park educating them. Employing more rangers would also give the locals a chance to get a well paid job but it will also be useful because everyone will benefit from the park being well maintained and protected. This means the park will always look well but it will also be easier to protect the park as there are more hands to help with the hard work. ✓

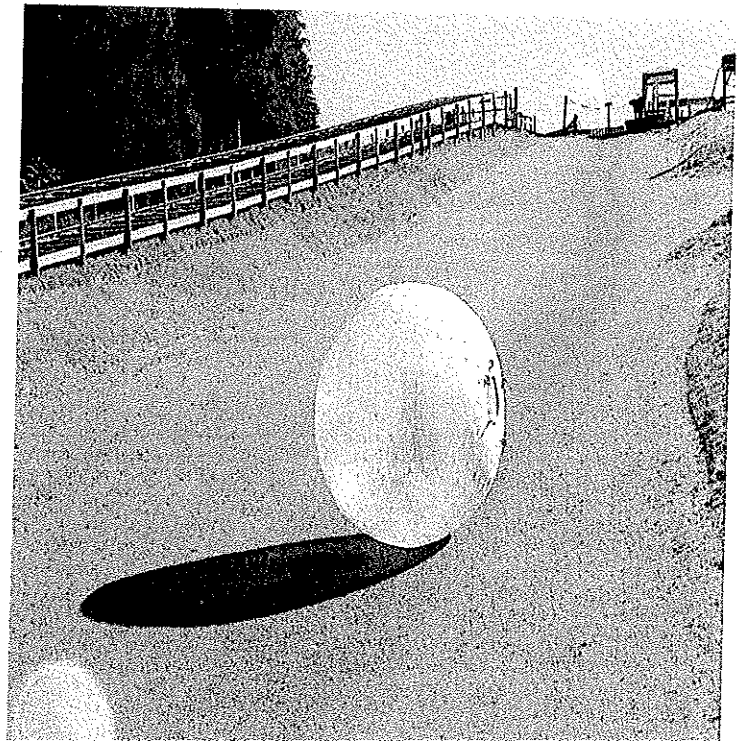
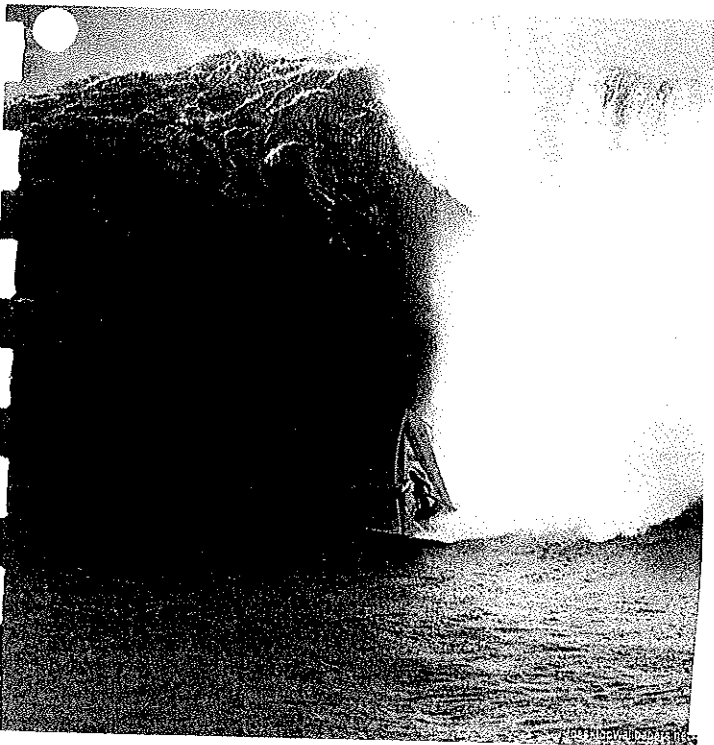
LINKS

interesting point

Ans 3.



A03



For our Adventure Tourism my group and I are going to plan an activity which we all take part in. The activity we will choose is going to be stimulating and exhilarating so as we can all experience what adventure Tourism consists of and why it is becoming even more popular. In our group there are 6 students all eighteen years old apart from one girl who is only 17. Altogether there are 7 of us in the group as we will be accompanied by are Travel and Tourism teacher when we are participating in the activity we decide on. Everyone in the group are physically healthy and ready for what ever activity we decide on, apart from one girl who at the minute is suffering from back pain. Therefore when we are deciding what activity we are going to do we need to take her disability into consideration as we want her to be able to take part and we also don't want her back to get any worse. ✓

To make sure my Adventure Tourism portfolio is a success I have thought of aims and objectives that I would like to achieve from doing this portfolio including the planning, organising and taking part in the adventure tourism activity. Therefore my aims and objectives for my Adventure tourism that I want to achieve are: ✓

#### Aims

- ◆ To fulfil the requirements of my course by planning and organising the adventure tourism activity. ✓
- ◆ To try something new so as I will experience a stimulating, adrenaline rush and also to enjoy trying something new. ✓ *excellent challenge*

#### Objectives

- ◆ To be able to build our team spirit again so as we will work as a team and enjoy our new experiences together. ✓
- ◆ To learn or to improve a skill at whatever activity we end up doing and to give it all of my ability. ✓ *super target*

By keeping to these aims and objectives it will mean that my adventure tourism has been a success but it will also mean that I have achieved many new things by taking part in planning and organising the activity as well as participating in our activity that we choose as a group. ✓

To start off being able to achieve my aims and objectives my group and I need to first think of the activities we would like to do for our adventure tourism. Therefore we each decided to choose two activities that we would like to do and from that we then narrowed it down to one so as we could research it and present it to the rest of the group. On the following page are all the activities each member in the group chose. ✓

## Table of Proposed adventure activities

On Friday 6<sup>th</sup> March we each decided to each pick what two activities we would like to do ourselves after we had discussed what we would like to achieve from our adventure tourism portfolio. Once we decided the two activities we wanted to do we then decided from those two which one we wanted to research and present to the rest of the group as an idea for our adventure tourism activity. The table below shows the names and the two choices of each member in the group.

Name	1 <sup>st</sup> Choice	2 <sup>nd</sup> Choice
Natalie	Paint-balling	Rock Climbing
Vanessa	Paint-balling	Go-Karting
Emma	River Rafting	Go-Karting
Kim	Hot Air Ballooning	Quad Biking
Diane	Absent	
Caroline	Absent	

✓  
Excellent recording.

As you can see from the table above there were two girls absent that day we decided therefore we weren't able to find out their activities until the following Travel and Tourism class. It took a while for us to finally decide what our final choices were for the activity we were each wanting to present as a few of us had decided for the same activities. However each of us were not too bothered about which activity we wanted to research out of the two so therefore we decided to use a coin to decide what each person's final choice was. Natalie and Vanessa both wanted to do paint-balling and Vanessa had also chosen to do Go-Karting which I had chosen as well. So to decide our final choices we flicked the coin and got the final choices. The first coin flick was between Natalie and Vanessa; Natalie won the coin flick and therefore got to chose what she wanted to research and that was Rock climbing. The next coin flick was between Vanessa and I and I won so I got to choose and I chose to do River Rafting, therefore leaving Vanessa to do Go-Karting which she was happy to do. However Kim then decided to change her final choice as well because most of the group wanted to go paint-balling and because neither Natalie nor Vanessa chose to do it, we were all happy for Kim to do it. Now that we finally made our decisions we had the whole week end to go and research it to get ready to present it to the rest of the class. However after the week end I discovered a problem with my activity as I discovered you could not going River Rafting anywhere in Northern Ireland, therefore I changed my final decision to Kayaking. The table below shows the final choices of what each girl is doing and also the two girls who were absent choices.

✓ description of planning process.

No 3.1

Name	Final Choice
Natalie	Rock Climbing
Vanessa	Go-Karting
Emma	Kayaking
Kim	Paint-balling
Diane	Banana Boating
Caroline	Quad Biking

✓

## Analysis of Proposed activities

That that we had our choices of what activity we were going to research, we had to create feasibility study so as we could present it to the rest of the group. Within this feasibility study we had to think of the points that we were going to need to cover such as the expense, transport to get to the location, health and safety etc. This meant we had to research our activities in a lot of detail so if it does get chosen as our adventure tourism activity we could book it straight away and get going. Also by finding out all this information it gave the rest of the group a good insight of how dangerous etc the activity was so it made it a lot easier to choose our activity. Straightaway we all got stuck and started researching our activities as we all wanted to make a good presentation.

The day finally came for us to present our activity to the rest of the group. While each member in the group presented their idea of an activity we had to listen intently so as at the end of it we could analysis individually each person's activity so as we could vote for the one we wanted to do. First up to give her presentation was Natalie, second was Vanessa, third was Diane, and fourth was myself and then finally Kim. Caroline sadly was absent for all of the presentation so we could not see her presentation. This meant we were not able to choose her activity but it also meant she could not take part in the voting. Below are the evaluations of each person's activity.

### Rock Climbing by Natalie

Natalie's idea for an activity was a good idea as I think it would definitely give us a sense of adventure tourism. I think this activity would be good fun and allow us to work as a group but sadly enough I have done this activity before when I was younger and therefore I want to chose another activity that I have never done before so as I could gain a new experience and learn new skills. Apart from this I think Natalie give an excellent presentation and you could see that she had put a lot of thought into it. *good evaluation*

### Go-Karting by Vanessa

I am very keen on Vanessa idea as I think it will be a lot of fun especially us there would be 7 of us taking part in it. Vanessa had done a lot of research for her activity and has found a few locations which are not too far away, the only disadvantage about this activity is that it can be quite expensive for a very short time. However I think it will be a lot of fun to do and maybe we could try and see if there were any offers on if this activity does get chosen.

### Banana Boating by Diane

Diane chose this activity as she has done it before and seemed to have really enjoyed it. To be honest I'm not very keen on this idea as I don't really like water, especially the sea so the idea of being thrown into the water does not appeal to me. However the advantage of the activity is that I think it would be a lot of fun and I would probably really enjoy myself and the location for it is not too far away. One other thing is that I think Vanessa has already experienced Banana Boating before so I think it would be better to find an activity that none of us have ever done before as I think this will add to the experience.



### **Paint-balling by**

I think paint-balling sounds a lot of fun and would probably be quite enjoyable. However I don't know if I would be very keen on this idea either as its not an activity I would have chosen myself. I think the disadvantage of this idea is that our group would be quite small so I don't think it would be as much fun but also there is that chance of getting hit and it will be sore. However I think Kim made an excellent presentation and I really enjoyed listening to it as she had found some very good locations.

After evaluating each of the activities I think I have chosen my idea for an activity that I would like to take part in. ✓

### **My decision**

Go-Karting as I think it will be a fun afternoon and I think everyone will enjoy it. Its also something I have always quite liked to do. ✓

### **Outcome of votes**

Once everyone had written down their vote on a piece of paper our teacher collected them in and wrote them down on the board. ✓

#### **1<sup>st</sup> set of votes**

2 votes for Paint-balling

2 votes for Go-Karting ✓

1 vote for Kayaking

#### **2<sup>nd</sup> set of votes**

2 votes for Paint-balling

3 votes for Go-Karting ✓

### **The adventure activity is: Go-Karting**

We finally have our chosen activity that we would all like to take part in, however we then heard that the other Travel & Tourism class were doing tow activites, Paint-Balling and Zorbing as they got a special offer. We all then decided that we wanted to do two activites so we decided that we would do Paint-balling and Go-Karting and see if we could get a special offer on those two as well. ✓

We decided that we would take part in these activities at ...'s and lucky for as they did have a special deal on. To find this out Kim emailed ... to ask, they had replied back to her the next day with good news of a deal. The prices for the Go-Karting and Paint-balling were a lot cheaper. This meant instead of having to pay £45 for both activities we only had to pay £25, this is definitely a great deal cheaper so after hearing this we were all delighted as it meant everyone was getting to do the activity they wanted. ✓

*Great analysis  
of suggested ATN's*



## Roles

Now that we had all our adventure activities sorted and chosen we had to choose which role we would like to do for this assignment. Since there is five of us it meant that the roles could be decided evenly and also this would mean that the work load wouldn't as much for all of. This meant we can enjoy our activities a lot more instead of having to worry about getting all the planning and organising sorted. However our skills at planning and organising have definitely been improved since we are just after planning and organising our trip to Edinburgh so our skills have been well practised. From this event we also realised how important it is to be split into roles as it get the work done a lot quicker and it means we also cover every detail. Therefore when choosing our roles everyone was quite quick as we wanted to get everything planned and organised so as we could go on our trip to the activities but also we didn't have much time as were going on the activities the next week.

It was on Friday that we decided the roles for each individual member. Our teacher Mrs [redacted] provided us with a list of all the different roles we can choose to do. Some of the roles were quite similar to the ones for our last assignment so everyone wanted to do something completely different so as well as learning new experiences from the task we once be benefiting again as we would be learning even further planning skills. From the list I decided that I wanted to be in charge of creating the consent forms for the parents *Role* and the permission form for Mr [redacted]. I decided on this role as I have never created anything like this before I think it's a part of planning I haven't gotten to experience before and therefore it meant I was going to be getting many new experience from this assignment. On Friday it was only myself, Vanessa and Natalie in so we were able to choose the roles we wanted to do. However because we didn't have much time left, (we were going on our trip to the adventure activities the following Tuesday) we had to get a move on. Therefore I decided I would ring Kim and ask her what role she would like to *Good teamwork* do so as she had the whole weekend to plan it. We tried to ring Diane and Caroline as well but we didn't have much luck as they did not answer their phones this meant we were just going to have to choose one for them. However we then found out at this point that Diane was deciding on dropping the class so therefore we didn't give her a role. Finally we got the roles sorted and were able to move on and start the planning and *Av 3.3* organising. The roles for each member of the group were:

1. **Kim** - In charge of Health and Safety as well as booking the activities ✓
2. **Emma** - In charge of consent forms, permission forms and code of behaviour ✓
3. **Vanessa** - In charge of designing the posters for the chosen activity. ✓
4. **Natalie** - In charge of the finance ✓
5. **Caroline** - In charge of transport ✓

Straightaway we go working on our roles so as we could get organised. The first thing we had to do was book our activities, which was Kim's role. However to our disappoint it didn't go as plan. When Kim rung [redacted] to inquiry about the special offer with

the paintballing and the Go-Karting we were told that it wouldn't be worth our while doing the paintballing as there was such a small group of us and it would be inconvenient to the staff. And we decided as a group there was no point us travelling all the way up there to spend 10 minutes on the Go-karts. However as a group we had to make our big decision to change the activities. Our teacher offered us two ideas, the first idea was we could pair up with the other class and do Zorbing and Paintballing or either we could just go up to do the Go-Karting. That's when we decided as a group that we would pair up with the other class, we had to decide within minutes and time was ticking on and we still had a lot of planning to do. So we went with the decision of going Zorbing and Paintballing, this didn't disturb to much of our planning and I think we actually gained more of an experience because our plans didn't straightforward and we had to act quick as a group.

Since Kim's role was booking the activities she wasn't able to do this as the other group had already booked theirs and Mrs [redacted] had then phoned up to let them know we were going as well. However Kim then came up with a great idea of faxing The Jungle to give them information about the extra members who will be joining the first group just so as they would know exactly who all would be there. I think this was a good idea and I think Kim acted very responsible in her role. Kim then had to research and find the health and safety aspects for each activity. Kim did a good job of this as she found plenty of information and was able to sort it out so as each member in the group had a copy (Appendix 4)

*Good detailed description of process*

To continue with the planning we then had to organise how much it was all going to cost, which was Natalie's role. Natalie organised how much we would need to pay which was overall £21, £20 for the two activities as it was a deal and £1 for lend of the school minibus. Natalie was very organised about this as she asked for us to bring in our money in as soon as possible so as she could get the money put into the office account which has been made for the school trip. Everyone did as they were told which meant Natalie could get the receipts written up and handed back to us so as this was another part of the planning sorted.

*No 3.3*

The next part was asking permission from Mr [redacted] for us to go on the trip to the activities. Since this was my role I had to create the form to hand over to him. I created a first draft of the form which was actually for the Go-Karting and Paintballing as this was before we found out we couldn't do these activities (Appendix 9). Therefore I had to make another one to hand over. Our teacher decided to ask him down the following Thursday so as we could get the permission and finish up with our planning and organising. To help with asking permission Mrs [redacted] borrowed the DVD of Mrs [redacted] which showed the two activities we were going to be taking part in. we thought this would be a good idea as it would provide him with an insight of the activities we were going to be carrying out. Finally it came to the time to ask and without any hesitation he granted us our permission (Appendix 9). This meant we could get the last of our planning and organising finished.



This is picture of me handing the permission form over to Mr [redacted]

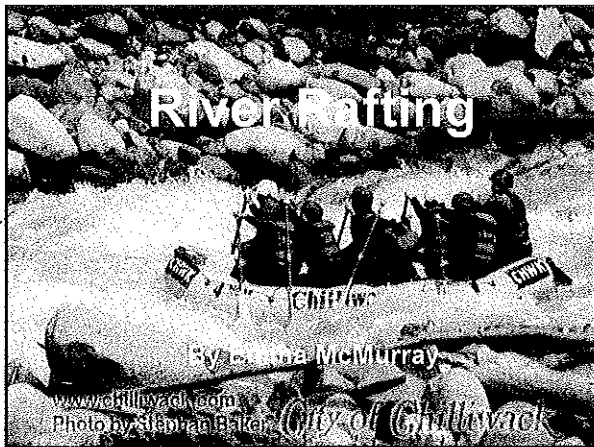
To help with the permission forms, Vanessa had designed a poster to show the activities (Appendix 10) we were going to be taking part in. Vanessa had also already designed another poster which was for our first two activities that we were meant to have done. (Appendix 11) These posters are very good, you can see that Vanessa has a great talent for ICT skills. I then had to create the consent forms for the parents to ask for their permission to allow each of their daughter to take part in these activities. I managed to create these forms and get them handed out the other members in my group. I have already learnt so many new things and I haven't even taken part in the activities yet.

*Excellent account*

*Av 3.3*

The last part of our planning was to organise the transport. This was meant to be Caroline's role, however because of her bad back she hadn't been in to be able to book it. So since Natalie was organised and finished with her role we decided that she should take charge of this role. Natalie researched the internet for other mini-buses that we could borrow on the day just in case anything was to happen to the school mini-bus we would have a back up. Caroline did create a consent form for the parents for our first set of activities which she did manage to do a good job of as she was helping me out since we had very little time.

*Good evidence of group adaptability*



## What is it?

Also known as white water rafting or river rafting, Rafting is a recreational activity utilizing a raft to navigate a river or other body of water. White water rafting can be a dangerous activity if the proper precautions are not taken.

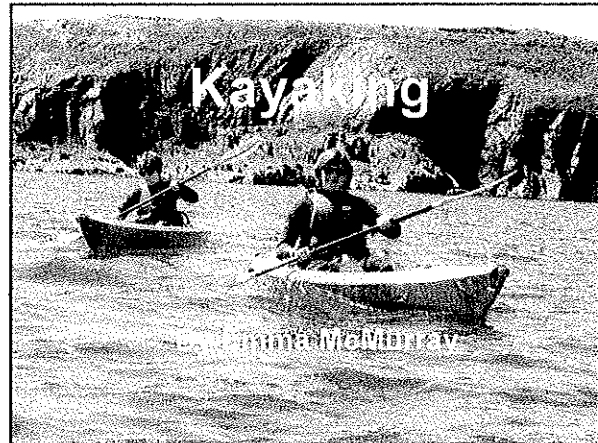
## Where to go?

There are plenty of places to go river rafting, however there are not any places in Northern Ireland. Some of the countries you can go to river raft are:

- Argentina
- Australia
- Canada
- Croatia



## Kayaking



## What is it?

Kayaking is a recreational sport in which participants use specialized boats called kayaks in a wide variety of water ways. People can take kayaking trips on the ocean, rivers, in surf zones, and along white water courses. Participants can often have multiple skills and should really enjoy themselves. There are two types of kayak boats you can have. You can either have a single one which only takes one person or else you can have a double one which takes two people.

Double Kayak



Single Kayak



## Places to go Kayaking?

Depending on the place where you go kayaking you will have the choice of either going out on the sea or else along rivers and lakes. The places where we can go kayaking in NI are:

- Tollymore Mountain Centre
- Belfast Activity Centre
- Bluelough Mountain and Watersports Centre
- Clearsky Adventure Centre

## Feasibility Study of Kayaking in Northern Ireland

Kayaking is a recreational sport in which participants use specialized boats called kayaks in a wide variety of waterways. People can take kayaking trips on the ocean, up rivers, in surf zones, and along white water courses. It is an enjoyable activity and to take part you can have minimal skills and still greatly enjoy it. ✓

As I have chosen Kayaking as the activity I would like to do for our adventure tourism I am now going to research it on the internet to see the places where you can go to do it in Northern Ireland. While I am researching these places I will evaluate each of the websites to see how much they cost and their location so as I can choose one at the end to present to the rest of my group. ✓



From researching on the internet I have found three different places in Northern Ireland which do kayaking. Below are the three different places and I have included information which gives the details of where they are located and the price of each. ✓

### Possible Destinations:

#### Tollymore Mountain Centre

Tollymore Mountain Centre is located on the edge of the Mourne Mountains. It costs £65 and lasts from 9:15 am until 4:15 pm. ✓

#### Contact details:

[www.tollymoremountaincentre.com](http://www.tollymoremountaincentre.com)

#### By Fax:

028 4372 6155 ✓

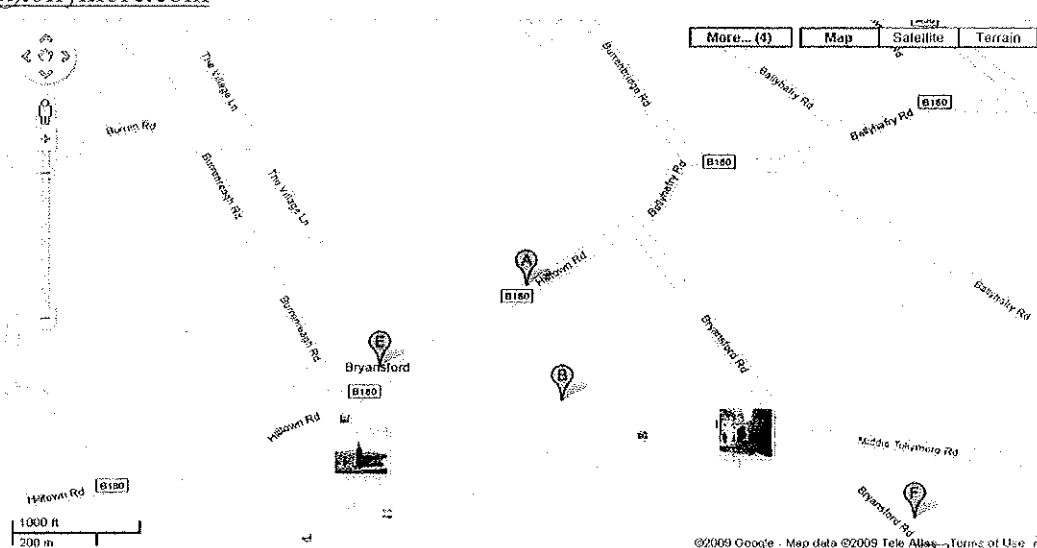
#### By telephone:

028 4372 2158

#### By email:

[admin@tollymore.com](mailto:admin@tollymore.com)

A03.  
Tollymore Mountain Centre,  
Bryansford,  
Newcastle,  
Co. Down,  
BT33 0PT ✓



## Belfast Activity Centre

Belfast Activity Centre is just 45 minutes from Belfast, Castle Ward it is based on the shores of Strangford Lough by Downpatrick Northern Ireland. It costs £17.50 per person and lasts for 2 hours.

### Contact details:

[www.clearskyni.com](http://www.clearskyni.com)

#### By Fax:

0044 (0)28 4372 7300

#### By Telephone:

028 437 23933

#### By email:

[fun@clearsky-adventure.com](mailto:fun@clearsky-adventure.com)

Clearsky Adventure Centre

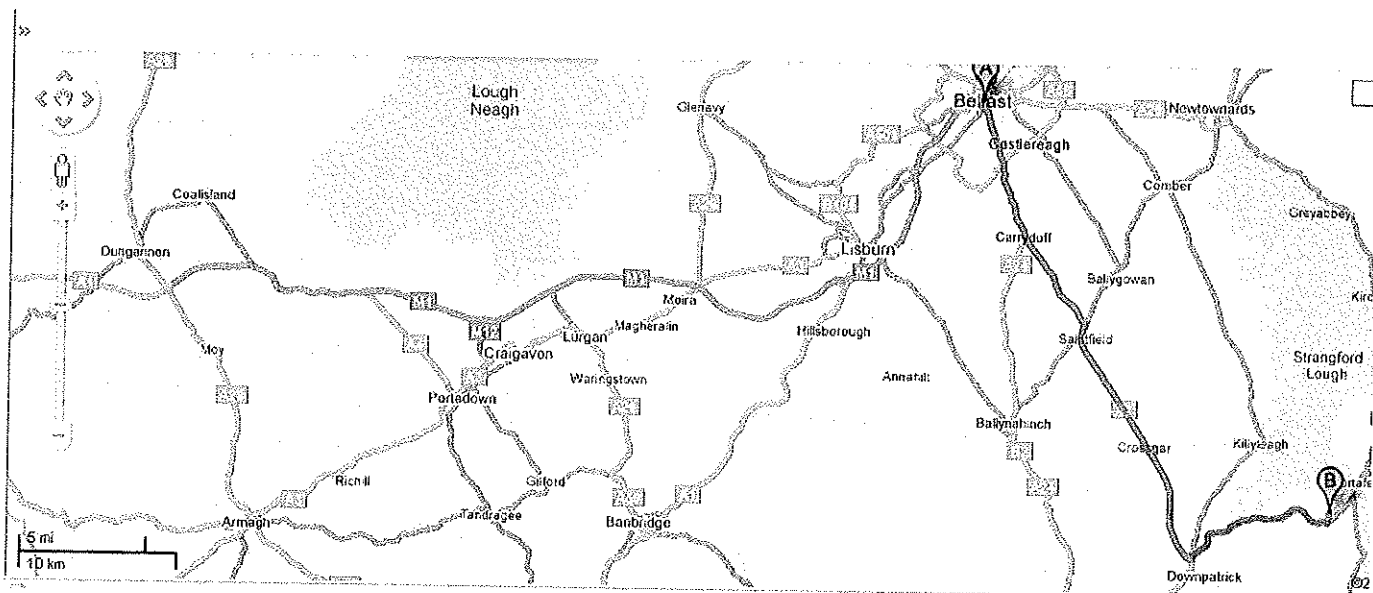
Castle Ward Demesne,

Strangford,

Downpatrick,

Co. Down

BT30 7LT



## Bluelough Mountain and Watersports Centre

It is located on the east Coast of Ireland and is situated in the Mourne Mountains mid way between the Sea Loughs of Carlingford and Strangford. It is based in Castlewellan Forest Park.

### Admission Prices

Kayaks and kit can be hired out for the following rates:

- 2 hours - £16.50
- 3 hours - £22
- 4 hours - £27.50
- Day Hire - £35

customerservices@mountainandwater.com

The Belfast Activity Centre is only 45 minutes away from Belfast which isn't too far away and if we use the school mini bus we only have to use one set of transport to get up there. It is in a very suitable location as Downpatrick is a very well known place and therefore whoever will be driving us down there is most likely to know where it is, so the chances of us getting lost are quite minimal. On the website it

actually gives you precise details of how to get there. I think this was extremely useful and if my activity is chosen I have that information saved so as I will be able to use it.

**Q. Length of activity trip including travelling time.**

For the price of £17.50 per person it allows you a session of 2 hours and it takes you 45 minutes to get up there. However before the 2 hour session you will be given a health and safety talk, be given a boat and the appropriate gear you may need e.g. life jackets etc. To get all this it will most likely take half an hour to 45 minutes long. Therefore altogether the length of the activity and travelling time will take around four and half hours. This would mean that we would most likely have to leave at lunch time to be able to get up and there and be home for a reasonable time. We would maybe need to consider having an early lunch as we need to think about the traffic etc.

*Planning  
evident*

**Q. Transport arrangements – will the group use the school mini bus or hire a coach?**

My idea was to use the school mini bus as no-one in the school uses it on a Thursday unless between that time a netball match or another trip is organised. However this is something we would need to consider as the school mini bus wouldn't be getting back to the school until maybe after five and this may not be suitable as the care-takers close the school at about 5:30pm. However we would need to ask about this to work it out and see if it is a problem. Another problem is that we may need another member of staff to drive the mini bus as I am not to sure if our teacher can. However we will need to ask the member of staff whether they would like to sit around and wait for us or either go home and come back again, although this is quite a waste of petrol and may not be suitable. We could even ask the member if they would like to join us for our activity but we can solve that problem if my activity is chosen.

*Several  
problems  
to solve*

**Q. Skill or expertise of participants – are the students given training on arrival?**

With reading the website it says that it is ideal for those wishing to experience kayaking for the first time or for those wishing to develop existing basic skills. Therefore the students do not need to worry about needing to have skills or having done it before, as you will learn the skills needed on the day. Before we are given our kayaks or the kit the staff will run through a health and safety talk first telling us what we need to do when we are on the water and if we run into any problems etc. The following extract is from the website showing that the staff are very serious about health and safety and therefore we will be in safe hands:

**'We complete thorough risk assessments for all our activities and our staff team is qualified for the activities that they deliver. We also have the appropriate insurances in place for all our work. However we believe that this is important for our clients that activities are challenging and exciting, but at all times the risk is controlled.'**

**Q. Use of specialised equipment – is this a requirement?**

To do this activity we do not need to have any special equipment as this will given to use on the day. This was specified on the website so I had to email the centre to get this information. They were extremely helpful and emailed me plenty of information about the activity and the information we would need for if we are going to do it, for



example they sent me out a medical form which the group would need to fill out and bring with us. With the rest of this information the centre sent me out a document telling me the items we may need and also the items they provide. Below is this information:

**To wear:**

- Trainers ✓
- Track bottoms or shorts (not jeans) ✓
- T-shirt / long sleeved top ✓
- Fleece Top ✓

**BAC Provides the following if required:**

- Waterproof top and bottoms ✓
- Fleece ✓
- Walking Boots ✓
- Wellington Boots ✓
- Life-jackets and of course the kayaks and the equipment needed with the kayaks. ✓

**Q. Cost of activity - how much will it cost and what is included in the price?**

Of course this is the most important part and this is what helped me for when I was deciding which centre to use to go kayaking. The prices of kayaking are as follows:

- 2 hours - £16.50
- 3 hours - £22
- 4 hours - £27.50 ✓
- Day Hire - £35

As 3. 3

Good practical  
financial  
points

I thought these were quite reasonable prices as we most likely be doing the activity for 2 or 3 hours so it is either going to work out £16.50 or else £22 per person. For this length of time we are most likely to have a break while we are out on the water, however they didn't give any detail of whether this would be a lunch break or if we needed food etc so I would need to email or phone about this if my activity gets chosen. ✓

**Q. Insurance arrangements – is this organised by the activity provider or by school?**

All insurance is organised by the activity provider, as they are responsible for the activities. This is proven true in the extract I have already used above as it does state this; ✓ 'We also have the appropriate insurances in place for all our work.' However to make sure that this is definite I will phone or email the centre before, if do go on the activity. ✓

**Q. Suitability of the activity for all group members – any physical ability or fitness constraints?**

I think this activity will be suitable for all the members in the group because none of us need any skills and I think it will be an enjoyable activity as it doesn't need much physical fitness ability to take part in either. I think because it is something different and we will be experiencing it in a different environment it will make it a lot more interesting and definitely enjoyable.

**Q. Availability of staff supervising the activity – will there be sufficient supervision by trained staff?**

On the website I read that all activities are supervised by trained staff members, at least two staff members will be out on the water with us depending on the size of the group. Although I am not too sure on what they would call a big group or whether we would be paired with another group so therefore I am not too sure whether there would be one or two staff members out on the water with us but there will definitely be one no matter what.

**Q. Pre-trip visit – is this necessary beforehand?**

This is not necessary beforehand as any extra information we need to find out we can phone the centre or else email them and they will get back to us straightaway. We are most likely going to be kayaking along a river so I don't think we would need to go and see what the river is exactly like as I think it will ruin the surprise and the excitement of doing the activity. However as I said before if we want to find out information such as how deep is the water etc we can phone up to enquire.

**Q. Size and gender of the group – is this relevant?**

This certainly does not matter as they will take up to only two people out and seeing as there will be only 6 of us taking part this would not make a difference. 6 people is still quite a small group so depending on the time that we go at they may pair us with another group but I'm sure no-one in our group would mind so I'm sure this won't be a problem, if anything it might make it more fun.

**Q. Contingency plans?**

On the website it does not mention any details of what may happen if we are late or else if the weather turns bad, e.g. will we get a refund as I don't think it will be fun going out kayaking in bad weather but it may also be dangerous. However if my activity does get chosen I will email or phone the centre to find these details out as they do not mention about it on the website.

*excellent  
back-up.*

## Risk Assessment

Activity: Kayaking

### Controls relating to the activity

	CRITERIA	YES	NO
1	Teacher/ Student ratio is adequate for the chosen activity	✓	
2	Trained staff supervising the activity	✓	
3	First aid box is available	✓	
4	Minibus is road-worthy and fitted with seat belts	✓	
5	Driver is qualified to drive a minibus	✓	
6	Students are instructed in how to wear minibus seatbelts	✓	
7	The activity is carried out at a licensed centre	✓	
8	Parental Consent Form drawn up	✓	
9	Student medical information obtained		
10	Known hazards in the area taken into account	✓	
11	Activity to be undertaken has been assessed regarding safety aspects	✓	
12	Where possible a pre-visit to the site has been made		✓
13	Equipment to be used is checked by staff before use	✓	
14	Mobile telephone available – means of communication	✓	
15	Students informed of rules and safety procedures	✓	

✓

# Research

# Tollymore Mountain Centre

## Go Kayaking – Flat Water Conditions

**Course Title:** Go Kayaking – Flat Water Conditions

**Course Dates:** 17 May, 5 July, 16 Aug

**Cost:** £65 ✓

### Who Is This Course For?

This course is pitched at entry level and will take place on flat water - sheltered lake or sea with wind up to force 2 (6 miles per hour)

This course is ideal for those wishing to experience kayaking for the first time or for those wishing to develop existing basic skills. ✓

### Course Aims

- Have fun day on the water ✓
- Develop basic boat handling skills ✓
- Develop a level of confidence and independence through greater understanding ✓
- Provide individually tailored coaching experience ✓

### Skills Covered

When the staff meet the group and discuss aspirations and previous experience, they will decide on a more accurate structure for the day. This will ensure that all participants will have the opportunity to learn new skills at a pace that suits them. They will also bring course participants into the planning process, looking at the current weather, equipment required, choice of location.... ✓

A variety of skills will be covered over the day, including:

- Planning your day ✓
- Choosing the right boat and paddling equipment ✓

- Basic boat handling – launching & landing, forward, backwards and basic turns ✓
- Skills necessary to be an effective member of a group, ✓
- Safety considerations appropriate to the environment, ✓

These are some of the essential skills required to get a float for the first time. All of these areas will be covered in a practical way during the course and reinforced on the bank, giving you the opportunity to learn from the staff and other course participants alike. ✓

### Outline Programme

- 8.45 - 9.15 a.m. Arrive at Tollymore, registration and outline for the day from staff. ✓
- 4.15 p.m. Return to Centre after a day 'on the water' ✓
- 5.00 p.m. Course Review ✓

It is important to note that the above outline programme is a guide. Times may vary due to weather conditions or other reasons. ✓

### Our Staff

The instructor(s) who will work with you are all highly experienced and qualified. Tollymore prides itself in the knowledge and experience that its full time and part time staff bring to its courses. ✓ Our staff are all keen canoeists who know all the local 'hot spots' enabling them to choose the most suitable site to run your course. ✓

*Good  
precise  
practical  
points -*

### What do I need to bring?

The following list is of equipment we recommend you bring. ✓ All essential equipment is available from our extensive stores. ✓ We advise you not to rush out and buy kit for the course, but use it as a chance to find out what would best suit your needs. But if you do have any of your own equipment do bring it along our staff will be required to vet for suitability equipment such as buoyancy aids and helmets. ✓

You should bring the following personal equipment with you:

Footwear – wet suit boots  
Thermal Tops

Gloves ✓  
Towel ✓

Waterproof Jacket	Small First Aid Kit
Waterproof Trousers	Vacuum Flask
Warm Outdoor Wear (fleece is ideal)	Personal Medication
Hat	Notebook ✓
	Pen

### Catering

Your course is self-catered, so you will need to bring a packed lunch and some spare food. You can fill a flask with tea or coffee at the centre if required. ✓

## Belfast Activity Centre

Belfast Activity Centre is a Northern Ireland-wide youth development charity, situated in the heart of Barnett Demesne. The centre offers canoeing, kayaking, archery, orienteering, team games, walking and climbing. ✓

The centre deals with a wide range of groups, charities and individual young people therefore it is fully mobile and has a fleet of minibuses to take you to the activities destination. The centre also offers a conference suite and a training room.

- ☺ Primary Child Friendly, Groups
- ☺ Site Facilities Toilets, Training Room(s)
- ☺ Tuition Group Tuition
- ☺ Activities Abseiling, Archery, Canoeing, Cycling, Kayaking, Mountain Biking, Rock Climbing, Walking, Orienteering, Quad Bike Riding
- ☺ Features Exceptional Safety Standards, Experienced Guides ✓
- ☺ Included in Tariff Equipment
- ☺ What to Bring/Wear Sturdy footwear, Video Camera/Camera, Warm, Comfortable clothing, Waterproof Jacket
- ☺ General Beginners, Experienced, Individuals, Intermediate

What activities the centre does:

- Teambuilding and problem solving
- Canoeing
- Kayaking – **this is the activity we want to do**
- Archery
- Orienteering ✓
- Mountain biking
- Adventure walking
- Climbing and abseiling
- Caving
- Wet and dry bouldering

## **Frequently asked questions**

### ***Are the activities high risk?***

We complete thorough risk assessments for all our activities and our staff team is qualified for the activities that they deliver. We also have the appropriate insurances in place for all our work. However we believe that is important for our clients that activities are challenging and exciting, but at all times the risk is controlled. ✓

### ***What are 'team building activities'?***

We offer a range of activities that support our client groups in developing good working practices together, from low level mental challenges to high adrenaline and fun sharing experiences. ✓ Our excellent staff team are equipped to draw out the necessary learning from each activity. ✓

### ***How many people should be in a group?***

Group numbers vary and we run activities to suit groups of all sizes from skills training for 1 or 2 to mass group activities for 50 to 200 and everything in between. ✓ If you wish a large group to stay together for their activities then talk to our co-ordinator about suitable challenges. ✓

### ***How long are sessions?***

Generally sessions last for 3 hours to include time for gear issue and return, however if you groups requires a longer or shorter session length, have a chat with us! ✓

### ***What do I need to bring on an activity day?***

The gear that you need will depend on the activity that you are doing. When you agree the programme with our staff, you should be sent a participants' instruction sheet which will tell them exactly what they need for the day. ✓ BAC can provide refreshments on demand, but to keep the costs down, many groups opt for participants bringing a packed lunch! ✓

### ***What do I need to wear on an activity day?***

On a general activity day you are best to wear comfortable clothing and sturdy footwear. Training shoes are fine. ✓ Better not to wear jeans as they drain heat away from the body when wet. ✓

### ***Can we do evening sessions?***

Yes we can. We work a three session day, morning, afternoon and evening sessions. Evening sessions need to be booked well in advance so that staff can be arranged. Just remember that in the winter the nights are longer, so unless the activities are based under the floodlit areas of BAC's Adventure Learning Park, then it may be darker for activities. ✓

### ***What age are the activities suitable for?***

Our primary aim is at those within the 14 - 25 age range. ✓ However we are keen to accommodate those of all ages for specific activity sessions. ✓ We just always ensure



that tiny people can fit into the appropriate safety equipment such as harnesses and helmets.

This website did not give me any information on about the prices etc so I had to email the website to get some information. Below is some of the information I got back ✓

Group Type	Price <18yrs	Price >18yrs
<b>Public Groups</b> (Including: Youth Groups, Church groups, Charities, Scouts and Guides, Other Student groups etc.)	£ 15.00 ✓	£ 17.50 ✓
<b>Private Groups</b> (Including: Birthday Parties, Private and Corporate groups.)	£ 25.00 ✓	£ 32.50 ✓
<b>Minibus hire</b>	£ 50.00	

We do not break price down by hour for Public or Private Groups. This price is based on a 3 hour session taking into account the staff required etc. ✓

- 2 hrs is still a session and the same price. ✓
- 4 hrs is 2 sessions and therefore twice the price. ✓ *good details*
- An all day activity would be 3 hours in the morning and 3 in the afternoon therefore twice the price. ✓

### **kit List**

The kit you need will be dependant on the weather, so it's always best to be prepared for the worst. The following items are essential. ✓

### **To wear:**

- Trainers
- Track bottoms or shorts (not jeans)
- T-shirt / long sleeved top ✓
- Fleece Top

Depending on the weather, you may get wet, so it is worth bringing a complete change of clothes for the activity days. If you are in the cave you may get totally wet so bring a towel and a spare set of clothes!

**BAC Provides the following if required:**

-Waterproof top and bottoms

-Fleece

-Walking Boots

-Wellington Boots

**Medical**

- Please make sure you have completed the BAC Medical/Consent Form and returned it to your relevant staff member.
- If you have any personal medication such as inhalers for asthma or insulin for diabetes, please ensure you bring it with you.

The Lagan Sports Water Centre isn't too far away as it is only on Malone Road. Below is the address and on the next page is a map showing where it is.

**Address**

Barnett's Stable Yard

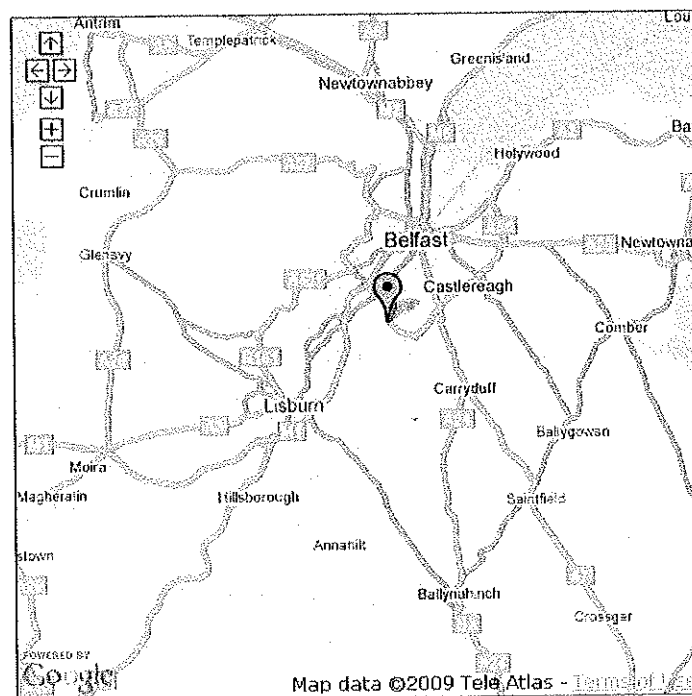
Barnett Demesne

Malone Road

Belfast County Antrim BT9 5PB

United

Kingdom



## Bluelough Mountain and Watersports Centre

Situated in the heart of the Mourne Area of Outstanding Natural Beauty we offer a year round package of Mountain and Water Sports. Aimed at all levels of competence, we offer from basic "Come and Try It!" sessions through to tailored advanced skills coaching. ✓

Our dedicated team of instructors and coaches, specialist pool of modern equipment and professional yet informal approach will ensure you have a safe, comfortable and overall enjoyable experience in whatever you wish to do.

● **Groups** The HighPoint Group is based in the Corncrane Building, Lower Square in Castlewellan. ✓

● **Primary** Child Friendly, Events & Functions, Groups

● **Site Facilities** Carpark

● **Trips/Packages** Corporate Team Building Packages, Adventure Sports Combo Packages, Guided Climbs ✓

● **Services** Climbing Courses ✓

● **Tuition** Advanced, Group Tuition, Intermediate Course/Classes, Team Building Courses, Beginners Course ✓

● **Activities** Abseiling, Archery, Canoeing, Coasteering, Gorge walking, Kayaking, Mountain Biking, Mountaineering, Rock Climbing, Walking, White Water Rafting, Initiative Activities, Orienteering ✓ *Big range available.*

● **Features** Certified Instructors, Experienced Guides, Gift Vouchers

● **What to Bring/Wear** Sturdy footwear, Warm, Comfortable clothing, Waterproof Jacket, Wet Weather Gear ✓

### Admission Prices

We can hire you out Kayaks and kit for the following rates:

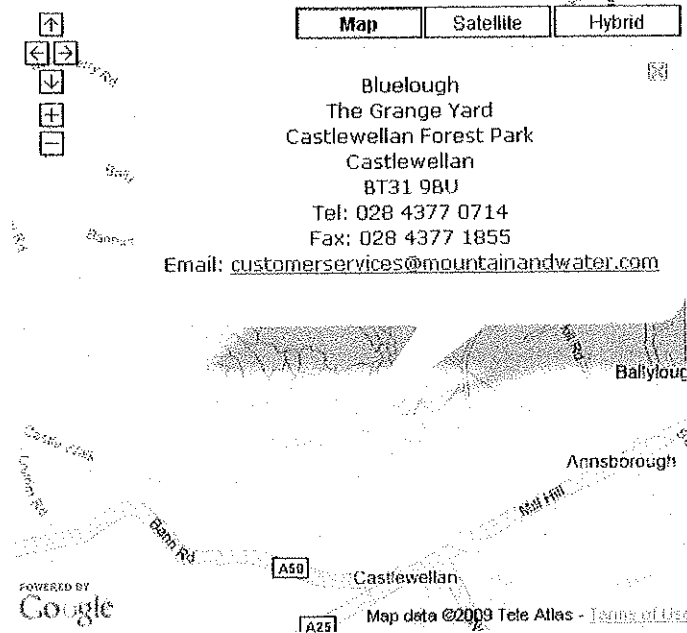
- 2 hours - £16.50
- 3 hours - £22
- 4 hours - £27.50
- Day Hire - £35

All hires inc Buoyancy Aid (BA's) and paddle. ✓

- Spraydecks - £5.50
- Wetsuits - £5.50
- Showers will be provided free of charge if you book with a Kayak hire.

### Location

It is located on the east Coast of Ireland and is situated in the Mourne Mountains mid way between the Sea Loughs of Carlingford and Strangford. It is based in Castlewellan Forest Park. ✓



## Clearsky Adventure Centre

Clearsky Adventure Centre is a brand new facility set up by the Peak Discovery Group on the stunning Castle Ward Estate on the shores Strangford Lough in partnership with the National Trust. ✓

A vast range of Outdoor Activities are on offer at the centre for schools, groups, families, businesses & individuals. ✓

Laid back or action packed, Clearsky has it all! ✓ v.g. ✓

**Location** Clearsky Adventure Centre is based on the shores of Strangford Lough just 45 minutes drive from Belfast City and 2 hours from Dublin City. ✓

**Primary** Child Friendly, Disabled Facilities, Events & Functions, Groups, Non-smoking ✓

**Site Facilities** BBQ Area, Cafe / Coffee Shop, Camping Ground, Carpark, Facilities for Disabled, Off-street Parking, Picnic Area, Showers, Toilets, Training Room(s), Gas BBQ, Shop / Kiosk ✓

**Trips/Packages** Corporate Team Building Packages, Packages Available ✓

**Services** Climbing Courses, Equipment Hire, Equipment Servicing, Transfers, Memory Photos ✓

**Tuition** Group Tuition, Private Lessons, Team Building Courses, Beginners Course, Group Lessons, Learn to Lead ✓

**Activities** Abseiling, Animal Viewing, Archery, Camping, Canoeing, Coasteering, Cycling, Fishing, Ice Climbing, Kayaking, Marine Animal Viewing, Mountain Biking, Paintball Skirmish, Rock Climbing, Trail bike riding, Walking, Laser Gun, Orienteering, Raft Building, Speedboat Rides ✓

**Features** Certified Instructors, Full Insurance, Experienced Guides, Gift Vouchers ✓

**Equipment Hire** Walking boots ✓

**Included in Tariff** Equipment, National Park Entry Fees, Wetsuit Use ✓

- **Duration** 2 Hour session, Full Day, Half Day, Overnight, Weekend Getaway ✓
- **Operating Times** 7 Days/Week, Closed Boxing Day, Closed Christmas Day, ✓  
Closed New Years Day, Weather Dependant ✓
- **What to Bring/Wear** Sturdy footwear, Bag for Wet Gear, Casual Clothes, Hat, ✓  
Sunscreen, Swimming Costume, Thermals/Warm Jumper, Towel, Warm, ✓  
Comfortable clothing, Wet Weather Gear ✓
- **General** Beginners, Competition Teams, Corporations, Experienced, Individuals, ✓  
School Groups, Armchair Adventurers, Intermediate ✓
- **Payment Method** MasterCard, Most Major Credit Cards, Switch, Visa, Visa, ✓  
Mastercard ✓

### **Admission Prices**

£35 pp ✓

### **Location**

Just 45 minutes from Belfast, Castle Ward is based on the shores of Strangford Lough by Downpatrick Northern Ireland. ✓

Approximately 8 miles from Downpatrick, on the A25, turn left onto Park Road, at a sign posting for "Castle Ward" National Trust Grounds. ✓

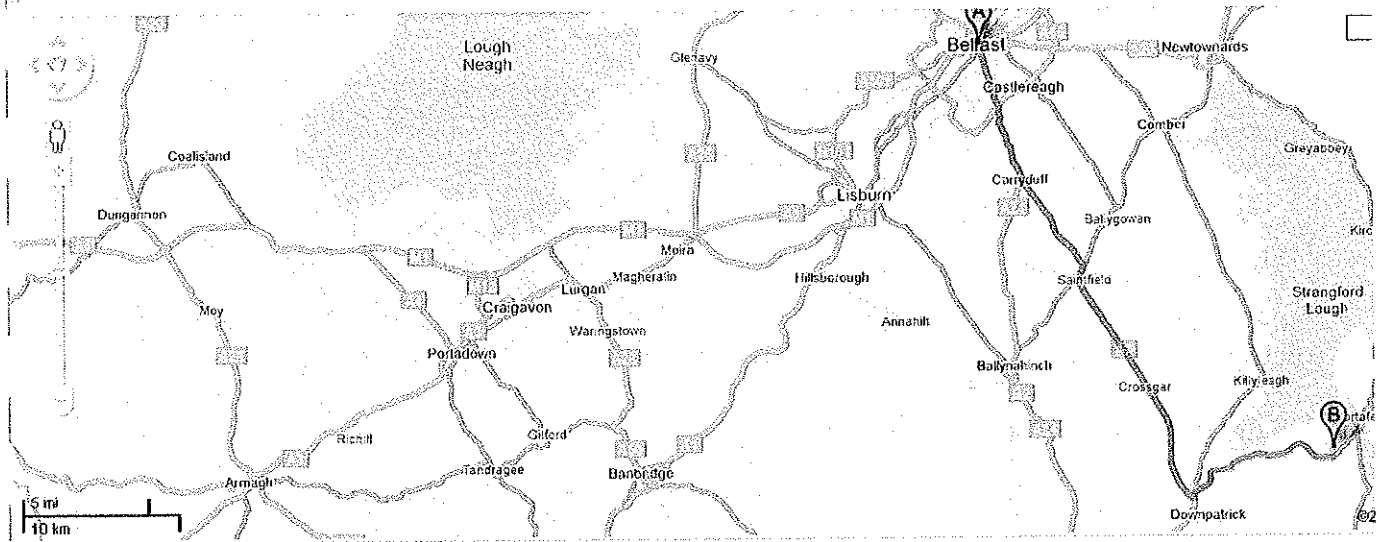
Follow road through gates into the estate, passing the Castle Ward mansion house on your right and wardens hut on your left. ✓

Continue along the road, following signs for the car park. ✓  
When you reach the car park (on your left) continue straight on, along 1 way system, following signs for The Farmyard and Clearsky Adventure Centre. ✓

You will go down a hill in a sharp U shape. At the bottom turn left and continue onto the 2 way system until you reach the bottom of hill and Farmyard/courtyard area. ✓

Turn left through arched opening into courtyard next to big clock tower. ✓

You have arrived ✓



## Code of Behaviour

The success of the adventure tourism activity trip is dependent on the pupils respecting the authority of the teachers and the supervisors at the activity centre and keeping to the code of behaviour. ✓

It is important that each pupil attending the activity reads the code of behaviour carefully and gives her assurance that she will give her full co-operation, not only on the mini-bus to and from The Jungle, but also while participating in the Zorbing and Paintballing at the activity centre. ✓

### What 'The Jungle' will expect from us:

- You can not take part in the activities under the influence of alcohol or drugs. ✓
- You should listen at all times to instructions. ✓
- You should follow all health and safety rules for each different activity. ✓
- To behave and respect the staff who will be supervising your group. ✓
- Visitors should be appropriately dressed in keeping with the nature of the activity. (refer to website for more information on what to wear) ✓
- Visitors must safeguard and respect all property and equipment when in use. ✓

### What we expect from 'The Jungle':

- We expect good customer service. ✓
- We expect the activities to be of a high quality as they are shown on the website. ✓
- We expect the day to be enjoyable and work as a team. ✓
- We expect to learn new skills and try a new adventure. ✓

# Go-Karting Activity



The location I chose was f Sports as it was the most reasonably priced and it is relatively close to our location. ✓

I researched three venues for Karting and below is the information I found on each one:

### Speedway Indoor Karting - Ballyclaire<sup>re</sup>

<http://www.speedwaykarting.com/index.html>


#### Address

11 Kilbride Road  
Doagh  
Co. Antrim ✓  
BT39 0QA

T: 028 9334 2777 ✓  
F: 028 9334 2772  
E: [info@speedwaykarting.co.uk](mailto:info@speedwaykarting.co.uk)


#### Opening Hours

Monday - Saturday 10.30am to Late  
Sunday 1.30pm to 10.00pm ✓



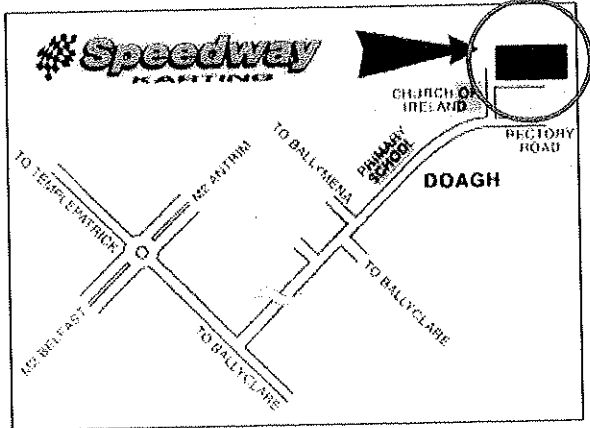
welcome to speedway indoor karting

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tourist  
info  
click here

#### location




For a more detailed route planner please use the link provided below.  
AA Route Planner

For information about tours around Ulster please use the link provided below.  
[tourulster.com](http://tourulster.com)




## Sessions and Prices available:



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[visit ni tourist info click here](#)

### events and prices


| Practice | Grand Prix | Endurance | Mini Motos |


#### Practice Sessions

Available for individuals or groups. This is an excellent way to experience karting and improve on driving ability. Printed lap times are given to drivers at the end of their session.

15 mins - £14  
20 mins - £18  
30 mins - £25


Family rates available





welcome to speedway indoor karting

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### events and prices

| Practice | Grand Prix | Endurance | Mini Motos |

#### Grand Prix

This is our most popular event and is suitable for a group of 10 or more drivers.

A grand prix consists of heats, semi- final and a grand final for the top six drivers. Prizes are awarded for the top three drivers.


Two Grand Prix's available

Mini Grand Prix £25.00 per person -- Each driver gets 5 heats of 5 laps

1 semi -- final of 5 laps  
1 final of 5 laps

Full Grand Prix £30.00 per person -- Each driver gets 5 practice laps

5 heats of 7 laps  
1 semi -- final of 10 laps  
1 final of 12 laps



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## events and prices

| Practice | Grand Prix | Endurance | Mini Motos |

### Mini Endurance

This is our newest event and tests stamina. It is suitable for 6 – 12 drivers who get into teams of 2 and race constantly around the track, making driver changes and petrol stops. The aim is to get as many laps as possible in the time! Prizes are awarded to the top three teams.

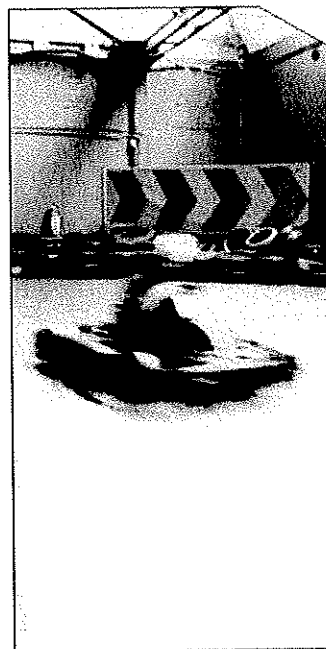
1 hour - £30 each  
1.5 hours - £35 each

### Team endurance

This event is a test of stamina and tactics, a minimum of 30 drivers are required.

Teams of 6 drivers race constantly around the track and are required to do 6 driver changes, 1 tyre change and 1 petrol stop per hour. Penalties are given for errors and Bonuses are awarded for fastest laps and tyre changes. The aim is to get as many laps as possible after penalties and bonuses are calculated. Prizes are awarded for the first 3 teams.

2 Hour - £180 per team  
3 Hour - £240 per team



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- contact



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tourist  
info  
click here

## events and prices

| Practice | Grand Prix | Endurance | Mini Motos |

### Mini Motos

#### Practice

10mins - £12

#### Grand Prix

Minimum of 10 riders.

A grand prix consists of 5 heats, semi- final and a grand final for the top six riders. Prizes are awarded for the top three riders.

Grand Prix £30 per person – Each rider gets 5 heats of 5 laps

1 semi – final of 5 laps  
1 final of 5 laps



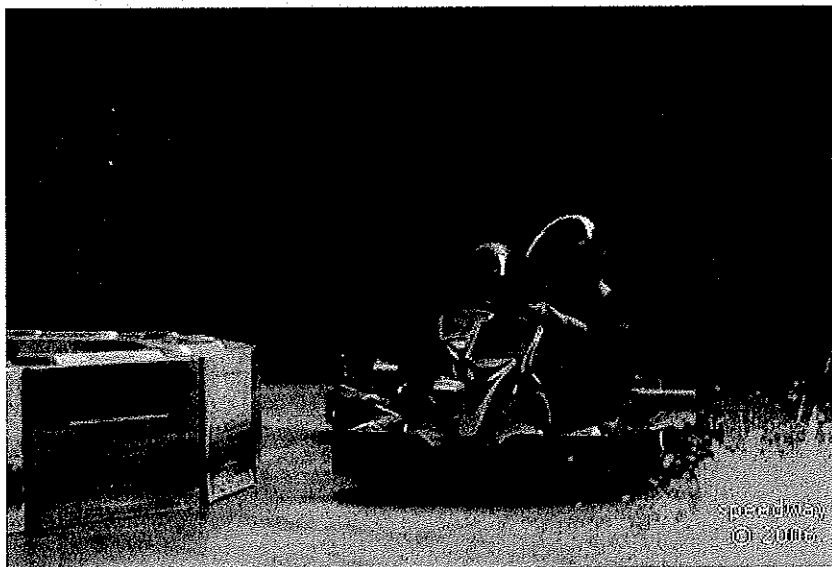
## About:

Speedway karting opened in January 2005. They provide 270cc Honda powered Karts (non-restricted) for Grand Prix and Endurance and 200cc Honda powered Karts (non-restricted) for practice sessions. There are also kids karts available. Within the facility is computerized timing equipment and printouts are available after races etc. All of the equipment is provided by the centre and no experience of kart-driving is necessary. ✓

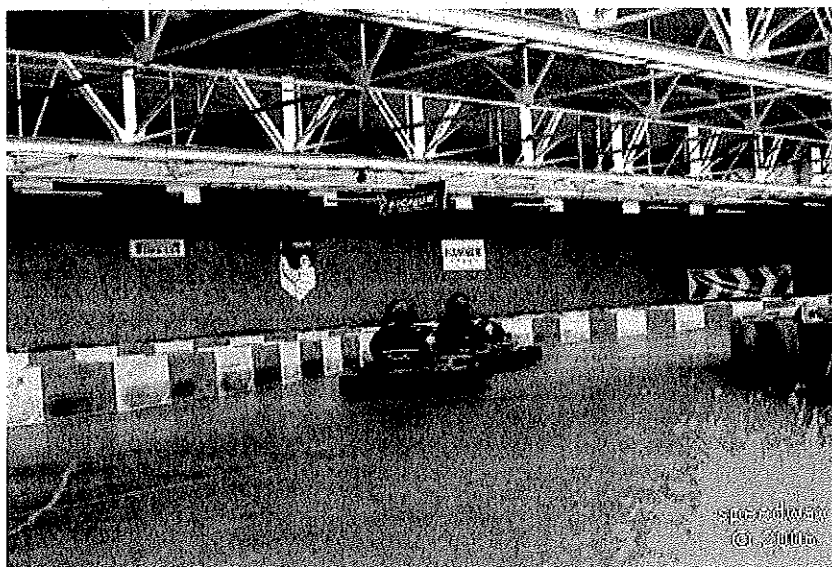
## Facilities:

- Disabled access/ toilets ✓
- Large seating/ viewing area ✓
- Vending machines ✓
- Enclosed car park ✓

## Pictures:



✓  
*Very exciting  
photos*



✓



## Formula Kart Racing:

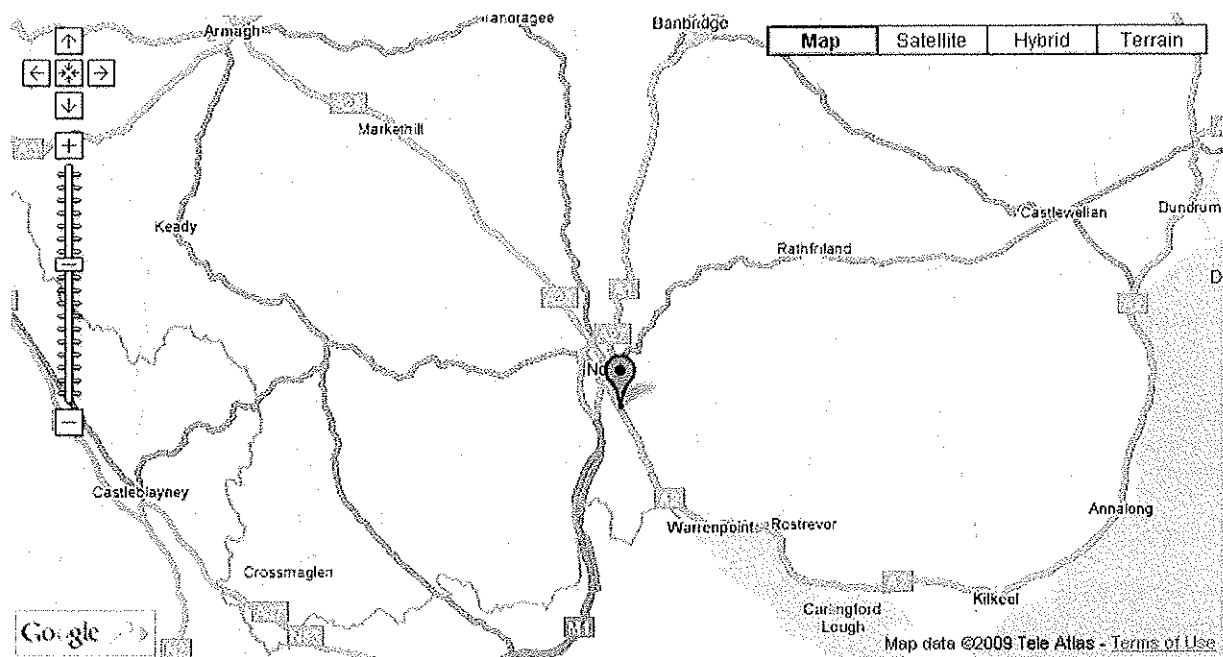
<http://www.formula-karting.com/>

Formula Karting  
Unit 4 Greenbank Business Centre  
Warrenpoint Road  
Newry  
Co. Down ✓  
Northern Ireland  
BT34 2QX

T: 028 3026 6220 ✓

F: 028 3026 3360

E: [info@formula-karting.com](mailto:info@formula-karting.com)



*Good clear map.*

### Directions from BELFAST

From Belfast, head for Newry town centre, and follow the signs for Dublin (A1). Just before The Quays shopping centre, turn left onto the Warrenpoint Road (A2), following the sign for the Heysham Ferry. Greenbank Industrial Estate is on the right just at the roundabout a few hundred yards out the road. Turn left at the entrance and Formula Karting is the first building on the right.

## FAQ'S:

### FAQ

From the list below choose one of our FAQs topics, then select an FAQ to read. If you have a question which is not in this section, please contact us.

#### What race format is available to youth groups and schools?

Mini Prix and Mini Endurance are the most popular race formats for youth and school groups. We offer discounts for races during school or off peak hours.

#### Is there any discount on group bookings?

Discount is available to groups of 30 or more.

#### How do i pay for an event?

A deposit of £10 per driver is required a week or ten days before the event with the balance payable on or before the event. Payment can be made with cash, cheque or credit card.

#### How many people do i need to book a grand prix or mini endurance?

A Grand Prix can be run with a minimum of 12 people. A Mini Endurance can be run with 4 drivers and upwards. There is no maximum number for either race.

#### What happens if i don't like it?

If you do not like karting and do not want to continue driving, try to stop as close to the pits area as possible and remain in your kart until a marshall comes to your assistance. Go straight to reception and your money will be refunded accordingly.

## Race Types:

### Race Types

#### Arrive and Drive

15 Minutes Arrive & Drive Session

30 Minutes Arrive & Drive Session

Race Sessions for juniors from 8-13 year olds are available on request.

#### Grand Prix Racing (Minimum 10 drivers)

All Karting Grand Prix's include a Practice Session, 4 Heats, Quarter Final, Semi Final and a Grand Final.

For a group of 20 drivers, the race normally lasts 2.5 hours, and a race with 30 drivers lasts around 3 hours.

Please see Pricelist for details of the Grand Prix for each Track. Includes Prizes.

#### Mini Prix (Minimum 10 drivers)

Like the Grand Prix this has a Practice Session, 4 Heats, Semi Final and a Grand Final. Includes Prizes.

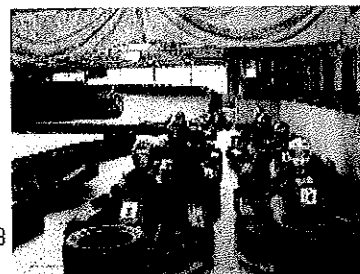
#### Team Endurance (Minimum 10 drivers)

This Race must have an even number of Drivers. Make your own Teams or we can do it for you. Every Driver races against other teams first team to reach 120/160/200 laps is winner.

Also includes Practice Session and Prizes. Minimum of 10 Drivers.

#### Mini Endurance (Minimum 6 drivers)

On Track 1 or 2, this Mini Endurance kart races are between 30 and 40 Laps. Also includes Practice Session and Prizes.



## Tracks:

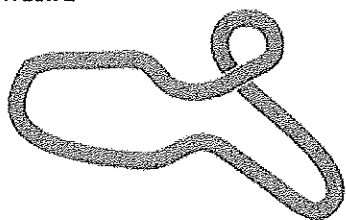
### Tracks

Welcome to Formula Karting, home of the biggest indoor karting track in Europe. Our purpose-built indoor racing circuit is situated in a 48,000 square foot building on the outskirts of Newry. There is almost 1km of track available for racing, with tunnels, overpasses, underpasses, ramps, bridges and banked corners.

#### Track 1

Track 1 is approximately 525 metres long.

#### Track 2



Track 2 is approximately 465 metres long.

#### Track 3

Just opened, images to come soon.

#### Track photos




## Karts:

### Karts

We currently run a fleet of 24 Sodi 200cc Race Karts and 6 Sodi 120cc cadet karts for age's 8-12 year olds.

They are fitted with soft compound racing tyres, disc brakes and upholstered seats. For extra safety, full wraparound anti-wheel interlocking protectors are used.

 200cc racing kart

200cc racing kart

Full racewear is provided with the Karts, including Safety Racing Jackets, Helmets and Gloves. As Safety is always a priority we have installed the latest trackside barrier protection system. A Safety Briefing is given to everyone before racing.



## Facilities:

The Karting centre has very good facilities, these are listed below: ✓

- Formula 1 simulator race centre
- Viewing area
- Arcade Area
- Cafe Bar & Refreshments
- Digital Display Results Board
- Bus & Coach Parking
- Conference room ✓
- Special catering for Large Karting Groups is available on request
- Most up-to-date Computerised Timing System in Europe
- Wheelchair access to Cafe and Viewing Area ✓
- Accommodation packages available for coach excursions

## Prices:

### Track 1 and 2 prices

#### **Arrive & Drive**

15 minutes - £14

30 minutes - £25

15 minutes (cadet, age 8-13) - £12 ✓

30 minutes (cadet, age 8-13) - £20 ✓

#### **Grand Prix £35 per Driver (Minimum 10 drivers)**

Practice Session

4 X 4 Lap Heats

1 x 5 Lap Quarter

1 x 5 Lap Semi Final ✓

1 x 12 Lap Final

Prizes Included

#### **Grand Prix - £40 Per Driver (Minimum 10 drivers)**

Practice Session

4 x 6 Lap Heats

1 x 6 Quarter Final

1 x 6 Semi Final ✓

1 x 15 Final

Prizes Included

#### **Team Endurance (Minimum 10 drivers)**

Practice Session

120 Laps £35 per Driver ✓

160 Laps £40 per Driver

200 Laps £45 per Driver

Prizes

#### **Mini Endurance - £35 per Driver (Minimum 6 drivers)**

Practice Session ✓

2 x 30 Laps

Prizes

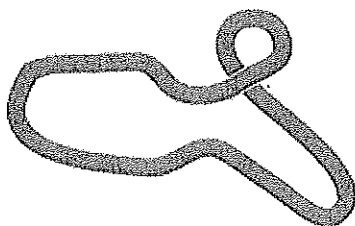
#### **Mini Endurance - £40 per Driver (Minimum 6 drivers)**

Practice Session ✓

2 x 40 Laps

Prizes

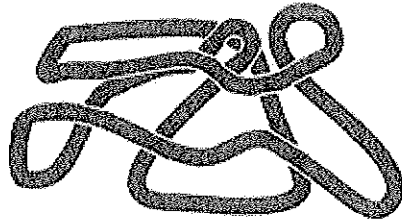
Track 1



Track 2

### Track 3 prices

Both Tracks 1 and 2 can be joined to create one massive track that is 990 metres long. This can be hired for major Grand Prix or Endurance events for Large Groups.



Track 3

### **Grand Prix**

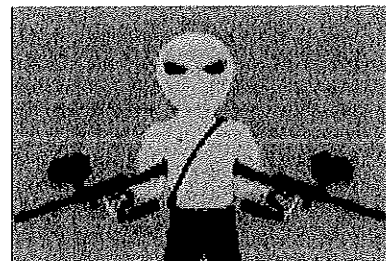
Minimum of 40 Drivers  
£50 plus VAT per Driver

### **Endurance**

Minimum of 40 Drivers  
£50 plus VAT per Driver ✓

# Paintballing Activity

**Paintballing  
in  
Northern Ireland**



A03

## Different locations in Northern Ireland

### **Location:**

The Jungle Paintball  
60 Desertmartin Road  
Moneymore  
Northern Ireland ✓  
BT45 7RB

The Jungle NI opened in July 2005 as Northern Ireland's first Paintball Site. Since then, The Jungle has become an award-winning outdoor entertainment facility with an extensive range of exhilarating activities. We offer the largest paintball site in Northern Ireland, a huge variety of fun and challenging Team Building Games, an adrenaline filled Zorbing experience, Archery with a difference and an exciting Clay Pigeon Shooting venture! ✓

### **Prices:** (Need to book on request)

#### Extreme One

300 paintballs  
£25 per person ✓  
Half day session

Morning: 10am - 1.00pm

Afternoon: 1.30pm - 4.30pm

Evening: 5.30pm - 8.30pm (May to September) ✓

#### Extreme Two

300 Paintballs  
£35 per person ✓  
Full day session

10:00am to 4:00 pm

#### Ultimate

1000 paintballs  
£60 per person ✓  
Full day lesson

10:00am to 4:00 pm

#### Savings

##### **Extras**

100 Paintballs £6 ✓  
500 Paintballs £25 (save £5)  
Paint Grenades £3 each

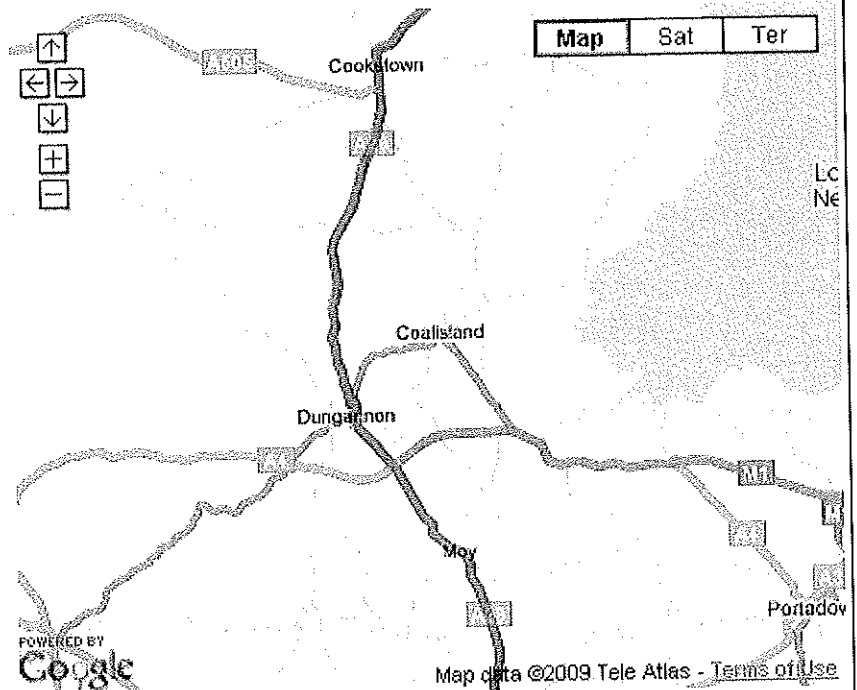
Smoke Grenades £3 each

**Directions:** (By road)

**Armagh City**

Drive: 30.4 miles – about 45 mins

1. Turn right at **A3/Irish St 407 ft**  
1 min
2. Turn left onto the ramp to  
**A3/Friary Rd 0.1 mi**
3. Turn left at **A3/Friary Rd**  
**0.4 mi** ✓
4. Turn left to stay on  
**A3/Friary Rd**  
Continue to follow **A3 0.1 mi**
5. Turn left to stay on **A3 0.3**  
**mi**  
1 min
6. At The **Mall Roundabout**,  
take the **2nd exit onto**  
**A29/Lonsdale St**  
Continue to follow **A29**  
Go through 2 roundabouts  
**13.0 mi**  
23 mins
7. At the roundabout, take the  
**3rd exit onto A29/Carland Rd**  
Continue to follow **A29**  
Go through **1 roundabout 10.5 mi**  
16 mins ✓
8. At the roundabout, take the 2nd exit onto **A29/Moneymore Rd**  
Continue to follow **A29 4.2 mi**  
6 mins
9. Turn left at **A29/Main St**  
Go through 1 roundabout **1.7 mi**  
The Jungle is on the left ✓



*super location map.*

**Website:** <http://www.thejunglepaintball.com/>

**Location:**

Escarmouche Paintball  
Unit 5  
19 Donegall Pass  
Belfast  
BT7 1DR

'WE AIM TO BRING YOU QUALITY OF ENJOYMENT, DELIVERED  
WITH STYLE AND SPIRIT'

We are a small company of dedicated people determined to provide you with the best Paintball day you have ever had! Our young staff are ALL dedicated players. We travel far and wide to compete at the highest level in professional paintball tournaments.

**Prices:**Extreme

**440 paintballs £35**

Commando

**660 paintballs £45**

Monster

**1100 paintballs £60**

**STUDENT SPECIAL: £30 per player, includes 440 paintballs**

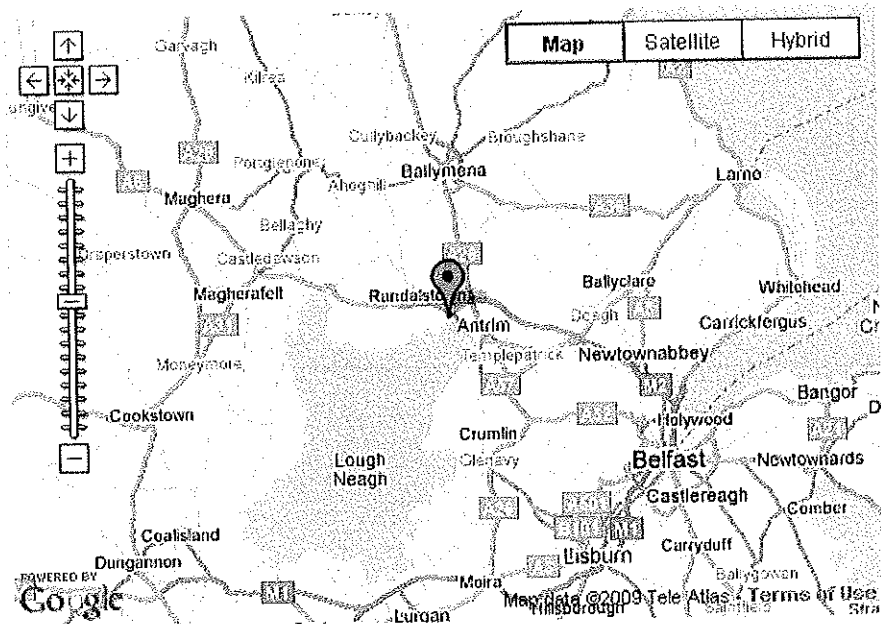
**With us you can play as many games as you want**

**Play whichever games you want**

**Play as long as you want**

**Directions:**

We are located within the grounds of Ireland's most beautiful estate, Shanes Castle in Randalstown. Just 20 mins from Belfast and even shorter travelling time from Ballymena, Antrim and Magherafelt.





## **Mission Statement:**

### **WE AIM**

- To be the most professional and dynamic Paintball site in the whole of Ireland.
- To be innovative in our approach to our business,
- To be progressive in working with our clients and their needs.
- To be passionate about Paintball.

*good clear  
statement*

### **WE AGREE**

- That our customers are the reason for our existence.
- To enhance our clients experience of Paintball.
- On the importance of the success of every single Paintball outing.
- To be focused on your needs and review constantly customer comment

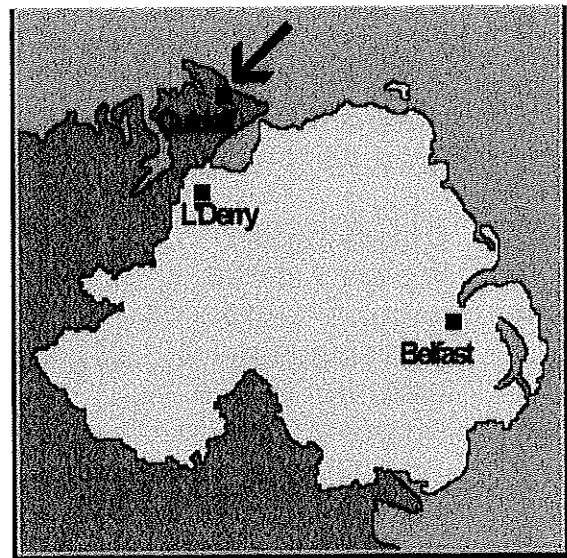
**Website:** <http://www.escarmouche.com/>

## **Location:**

Paintballing Ireland  
12 Temple Park  
LONDONDERRY  
BT48 8PN  
County Londonderry

## **Prices:**

£10 per person to include:  
Three hours of paintball  
Semi automatic paint ball gun  
Full camouflage suit  
Face mask with helmet  
Unlimited Co2  
Body Armour  
Battle Pack  
100 Paintballs  
Full insurance  
Bring your own adrenaline



### **Directions:**

To get there follow the Shore Road out of Culdaff for approximately one mile, turn right before the Caratra bar. We are 300 yards further up the road on the right. ✓

**Website:** <http://www.paintballingireland.com/>

### **Location:**

#### **From the Ballygawley Roundabout**

At the Ballygawley roundabout take the 2nd exit (sign posted for Omagh). Exactly 2 miles from the roundabout you will see a brown tourist sign on the left and Greenhill Kitchens on the right. Turn right. We are  $\frac{3}{4}$  mile down that road – you can't miss us. ✓

#### **From Omagh**

Take the A5 Dublin Road out of Omagh. You will see Kellys Inn on your left hand side.

Continue for 2 miles. You will see a brown tourist sign on your right for Toddsleap.com and Greenhill Kitchens on

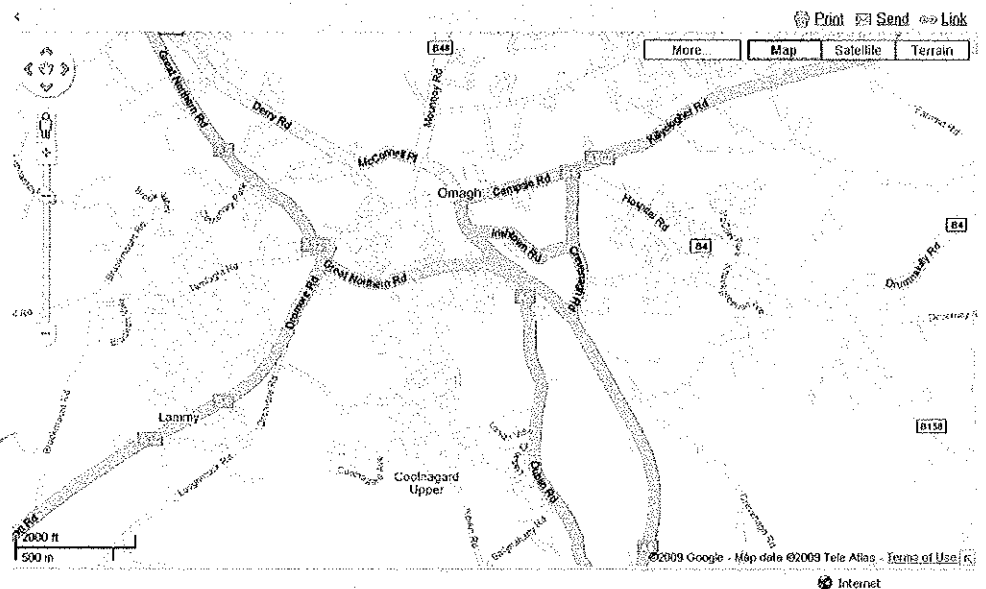
your left. Turn left and follow signs for Toddsleap.com. We are  $\frac{3}{4}$  mile in that road you can't miss us. ✓

Website:

<http://www.toddsleap.com/index.asp>

### **Price:**

Basic Package is £25 per person ✓



Includes a 3 hour game and 200 free paintballs  
To upgrade your package add any of the following :

	Price per person
<b>Extra Time</b>	
Add 45 Minutes	FOC *Must be requested in advance and subject to availability
Add 1 ½ Hours	FOC *Must be requested in advance and subject to availability
Add 2 Hours 15Mins	FOC *Must be requested in advance and subject to availability
Add 3 Hours	FOC *Must be requested in advance and subject to availability
<b>Meals</b>	
Add Breakfast	£5
Add Lunch	£5
<b>Accommodation</b>	
Add Accommodation 1 night	£25
Add Accommodation 2 nights	£40
Add BBQ Pack	£10
<b>To Buy on The Day</b>	
Add 100 paintballs	£5
Add 2 Smoke Bombs	£5
Add Toddleap Ulster Rally T-Shirts	£5

✓  
good presentation of data.

<http://www.eddieirvinesports.com/>

Prices:

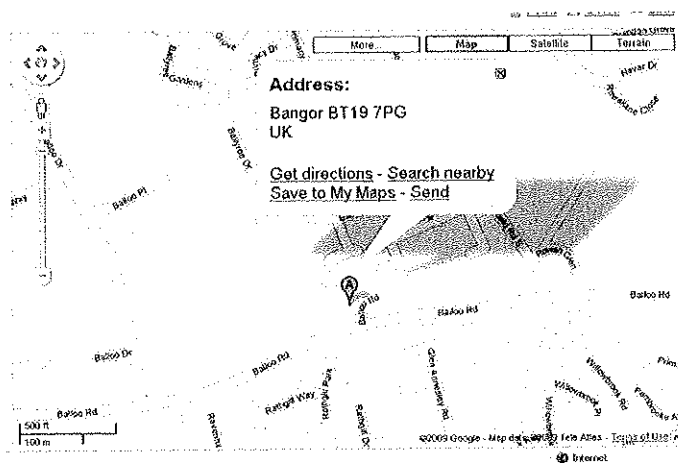
Games and 400 paintballs for group of 10 and over - £35

Games and 400 paintballs for groups of 6 – 10 £40 ✓

### Location

Balloo Road, Bangor BT19 7PG ✓

The following map shows where the place is situated in Bangor, in Northern Ireland.



The 'A' marker on the map clearly indicated 'Balloo Road', where Eddie Irvine Sports is situated. ✓

Each of the following prices includes:

Camouflage Suit, mask, gloves, hoodie and body armour Paintball Marker, Free airfills, Full Safety Briefing  
Showers and changing rooms are available. ✓

Please bring old footwear and a change of clothes ✓

## Health and Safety Issues of Paintballing

When safety rules are followed and understood, paintball is a safe extreme sport.

- Suitable shoes should be worn as there is plenty of running and will also be easier to carry out the activity.
- Ensure you listen to and take note of the safety briefing given.
- Always follow the instructions of the Marshals and abide by their decisions.
- No physical contact is permitted.
- Do not leave the game fields during play.
- Do not deliberately aim at the head or face.
- Referees under no circumstances are to be hit at.
- Always be prepared for your paint gun to malfunction.
- Clean your paintgun after each game.
- Loose clothing to be worn such as tracksuit bottoms, that covers as much skin as possible.
- Never remove your facemask or goggles when on or around the area. Do not remove while a game is still being played.

✓ *super recording*

- At all times handle your paintball gun as if it were loaded. ✓
- Never shoot at another player when they are closer than 20ft (5 meters). ✓
- Never look down the barrel ✓
- Don't look down the barrel of a loaded gun. Don't shoot yourself, etc. If you <sup>absolutely</sup> ~~not~~ ever wonder if something might be a good idea, it's not. ✓

# Rock Climbing Activity

## Rock Climbing

Rock climbing is a sport in which participants climb up or across natural rock formations or man-made rock walls with the goal of reaching the summit of a formation or the endpoint of a pre-defined route. Rock climbing is similar to scrambling (another activity involving the scaling of hills and similar formations), but climbing is generally differentiated by its need for the use of the climber's hands to hold his or her own weight and not just provide balance. ✓



Rock climbing is a physically and mentally demanding sport, one that often tests a climber's strength, endurance, agility, and balance along with his or her mental control. It can be a dangerous sport and knowledge of proper climbing techniques and usage of specialized climbing equipment is crucial for the safe completion of routes. Because of the wide range and variety of rock formations around the world rock climbing has been separated into several different styles and sub-disciplines. ✓

There are 2 centres in Belfast that provide the activity Rock Climbing:

- *Queens University Physical Education Centre* ✓  
Botanic Park, Belfast, Antrim BT9 5EX
- *The O-Zone Leisure Complex*  
Ormeau Embankment ✓  
Belfast, Antrim

There is also a centre in Newcastle that provides Rock Climbing:

- *Hotrock Climbing Wall* ✓  
Tollymore Mountain Centre Bryansford  
Newcastle, Co Down BT33 Opt

The lead climbing wall, abseil tower, chimney and bouldering cave have been designed to cater for a wide range of abilities by providing walls of differing angles and incorporating different types of climbing features. It offers a wide range of climbing experience for all ability



Student: £6.00 ✓

Adult: £9.00 ✓ *John French*

Good location  
maps

A3.

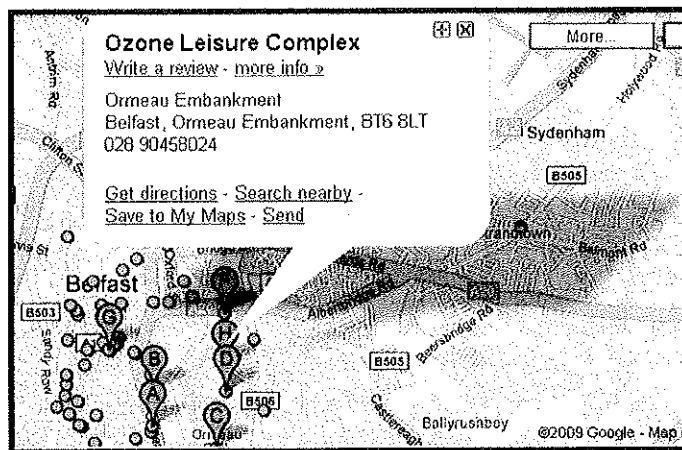


## The O-Zone Leisure Complex

They have one of the best indoor walls in Ireland, which includes bouldering, top roping and leading sections. They also have a slab section for beginners and a cave section for advanced climbers. ✓

Time: Monday to Friday -  
9am - 9.45pm ✓

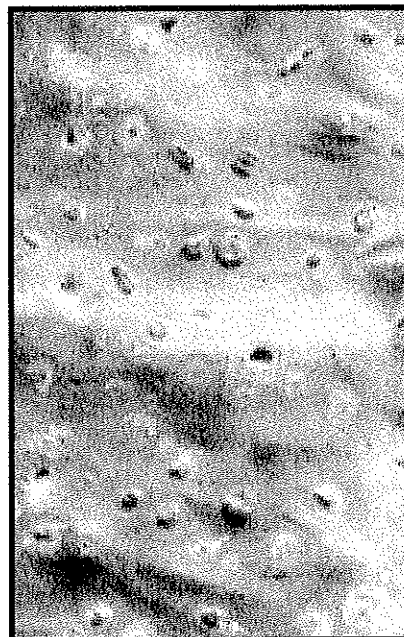
Prices: £4.20 - Adult ✓  
£3.20 - students ✓



## Hotrock Climbing Wall

Hotrock is a climbing wall situated on the edge of the Mourne Mountains, in County Down, Northern Ireland at Tollymore Mountain Centre. ✓ By car it takes less than one hour to reach from Belfast, and is two hours from Dublin. ✓ At Hotrock there is a lead wall and a bouldering area. The lead wall is 9.5m high and 11m wide; the bouldering wall is 4.5m high and 10m wide. ✓ A campus board and finger board have recently been added to the bouldering area. There are now also two auto-belay devices on the lead wall. ✓

The climbing surfaces are made from a textured fibreglass medium with rock features. ✓ A range of bolt-on holds are also in use. The lead wall has over 40 routes ranging from easier slab lines to more technical and strenuous routes through the grades. ✓

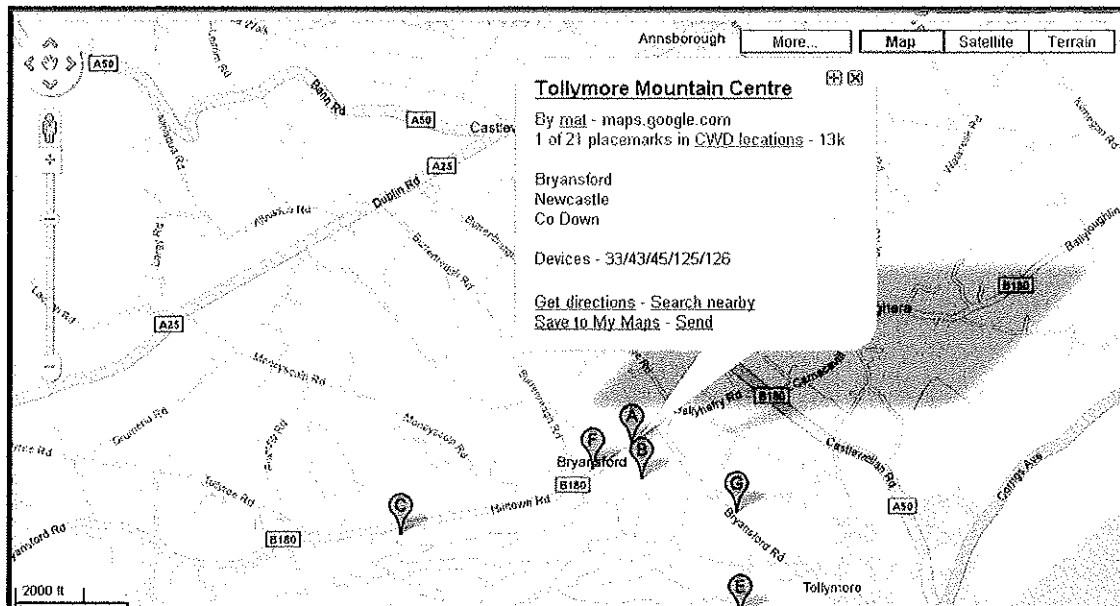


The bouldering area allows individuals to climb without a rope and offers a wide range of technical problems with crash matting to soften the impact of falls. ✓ The wall is designed to encourage maximum participation for all abilities.

Prices: Adult - £4.50 ✓  
Student - £3.50 ✓

Times: Monday: 10am-5pm ✓  
Tuesday-Friday: 10am-10pm ✓

During normal opening hours the wall is available for use by all.  
Groups of more than 6 persons should telephone to check availability.  
Appropriately trained staff supervise the climbing wall during  
evenings, weekends and other peak periods.



All of these locations are great for Rock Climbing activities; however I feel Hotrock in Tollymore is the best location for Rock Climbing as it seems to be the best Climbing Wall and the price is really good. ✓

**Chosen Location:** Hotrock Climbing Wall ✓

Proposed Date: Thursday 26<sup>th</sup> March 2009 ✓

Opening Times: 10am-10pm

This would be the best date as we have 3 periods on a Thursday afternoon after lunch; we could leave school at 12.50pm (lunch time) to be at Hotrock for 1.50pm, 2 hours of Rock Climbing and then another 1 hour of travel back to Belfast which means we would return to Belfast for 4.50pm. ✓

#### *Location of the Adventure Tourism Activity*

Hotrock Climbing Wall is situated on the edge of the Mourne Mountains, in County Down, Northern Ireland at Tollymore Mountain Centre. By car it takes less than one hour to reach from Belfast. ✓

#### *Length of the Activity Trip*

The length of the activity is one hour long for each student, three people are allowed on the wall at any given time. Therefore the length of the trip will take approximately 4 hours, 2 hours for the activity and 2 hours for travelling. ✓

#### *Transport Arrangements*

Hotrock Climbing Wall is approximately 1 hour from Belfast; therefore it is not that far away. Due to the fact that the centre is not that far away we could take the School Mini Bus. ✓

#### *Skills or Expertise of Participants*

Rock Climbing on a wall does not require any skills or expertise from the participants, this is good as all of the group are beginners at Rock Climbing.

#### *Use of Specialised Equipment*

The use of specialised equipment is needed for this activity, such as boots and a harness. However this can be hired from the centre at just £3.00 each. ✓

#### *Cost of Activity*

As we are students, the price for the activity is £3.50 per student for one hour; the price stays the same at any of the week. With the hire of the equipment this would come to £6.50 per person. ✓

### *Health and Safety Issues*

In this activity the only Health & Safety issues are that everyone should be quite fit as there is a lot of climbing involved and also to make sure that the harness being worn is secure to avoid any falls from the climbing wall. ✓

### *Insurance Arrangements*

For this activity the centre provides insurance for each person, therefore we would not need to arrange our own. ✓

### *Suitability of the Activity for all Group Members*

This activity is generally suitable for all group members, however one group member Caroline McKenzie has a bad back and this may not be the most suitable of activities for her as there will be climbing which may put a strain on her back. ✓

*very thoughtful.*

### *Physical Ability or Fitness Constraints*

In this activity there will need to be physical ability as there will be quite a lot of strain in the arms and legs when climbing. ✓

### *Availability of Staff Supervising the Activity*

For this activity only one teacher is needed for the supervision of our group, our Travel & Tourism teacher, Mrs Johnston and then staff of the centre will be on hand to supervise the activity. ✓

*v. good checking.*

### *Pre-trip Visit*

A pre-trip visit is not needed for this activity as it is pretty straightforward and will be explained by the staff before the group begins climbing the wall. ✓

### *Size and Gender of Group*

There are 6 students in the group, all of whom are female. The size of the group is good as it will not take as long for everyone to climb the wall. ✓

### *Contingency Plans*

We will have no problem with transport due to the fact that we are using the School Minibus and it will always be ready to leave when we wish. However, the centre may overbook the wall in the time slot that we would be there; this can be overcome by ringing or faxing the centre a few days before the proposed date and double check the booking that we have made. ✓

*v. good*

## Advantages and Disadvantages of the Activity

Name of Activity: Rock Climbing

Advantages	Disadvantages
Price ✓	Physical Ability Needed ✓
Transport ✓	Suitability of the Activity ✓
Opening Times ✓	
Pre-Trip Visit not Needed ✓	
Size of Group ✓	
Insurance provided ✓	
Length of Activity ✓	
Location ✓	
Specialised Equipment Available to Hire ✓	

As you can see above there are many advantages to this activity and very little disadvantages; the centre is great and has many advantages, the only problem is the physical ability needed which may prevent Caroline from taking part in the activity.

*good clear analysis*

Good Biking.



## Quad Biking

Adventure Tourism



### Location?

- There was a possibility of two locations
- Fast Track Farm
- Todds Leap

- Fast Track Farm as chosen as it is situated only 35 minutes away from Ashfield Girls School just outside Ballywalter
- Compared to a 1 hour 17 minute journey to Todds Leap located in Dungannon

### Fast Track Farm Basic Information

**What is it?** There are two sizes of quads for different age groups, they are used on three purpose built quad tracks, each varying in size and shape. Full safety gear and instruction are provided.

The quads have proved popular over the past 6 years with all ages especially when used in conjunction with the Fastrack Farm Barn and party room

**Who's it for?** 6 years +

■ **Ideal for:** Birthday parties, Small groups, Large groups, Families, Corporate groups, Youth groups, Church groups, Hen & Stag parties.

■ **Opening times:**

Must be pre booked. Times available: Mon-Sat, 10am -5.30, evenings by arrangement.

## The Cost

### ■ How much does it cost?

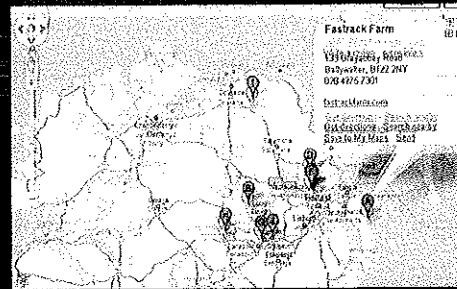
#### ■ 50cc (ages 6 years - 12 years)

15 mins - £7 | 20 mins - £9 | 30 mins - £12

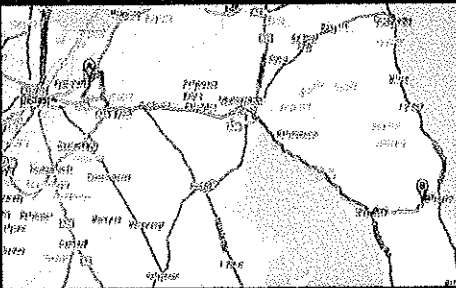
#### ■ 70cc/100cc (age 13+)

15 mins - £9 | 20 mins - £12 | 30 mins - £19

## Map



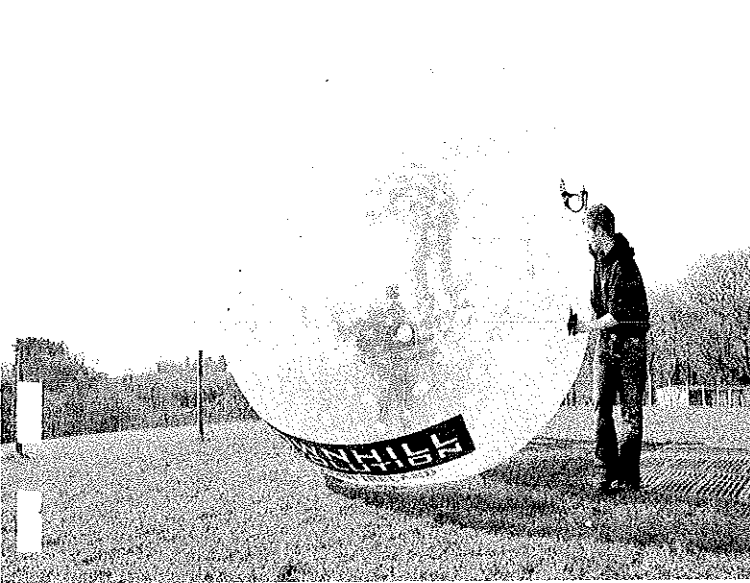
## Map of Directions



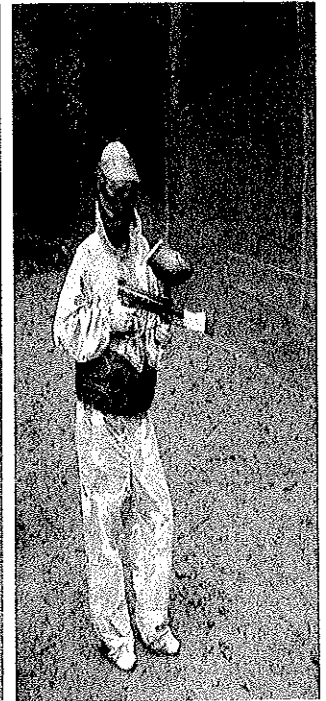
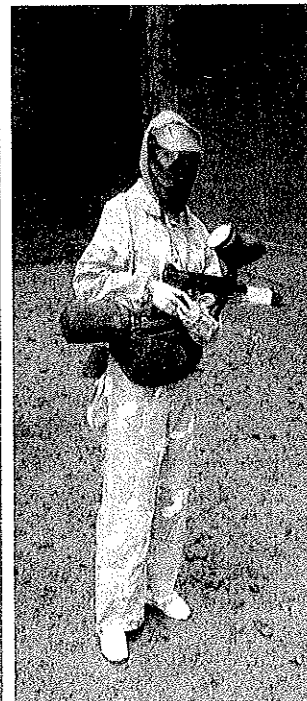
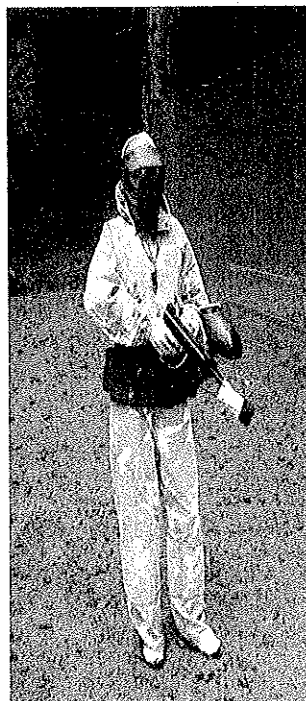
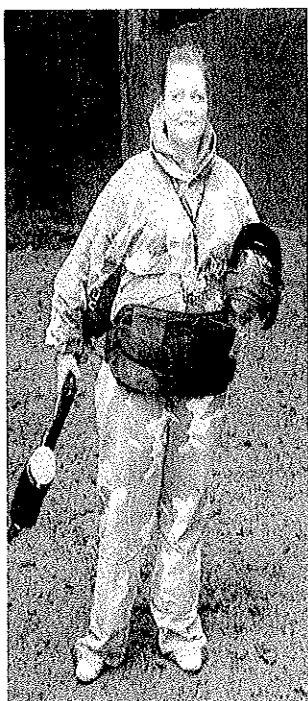
## **Adventure Tourism Bibliography**

<b>Text books</b>	A2 Level for OCR Travel and Tourism, Heinemann
<b>Websites</b>	<a href="http://www.peakdistrict.org/index/news/news-display-page.htm?id=19097">www.peakdistrict.org/index/news/news-display-page.htm?id=19097</a> <a href="http://www.visitderbyshire.co.uk/fa_peak_facts.ihtml">www.visitderbyshire.co.uk/fa_peak_facts.ihtml</a> <a href="http://www.peakdistrict-education.gov.uk/Fact%20Sheets/fz2tour.htm">www.peakdistrict-education.gov.uk/Fact%20Sheets/fz2tour.htm</a> <a href="http://www.peakdirections.co.uk/index.asp?ID=155">www.peakdirections.co.uk/index.asp?ID=155</a> <a href="http://www.nps.gov/yose/planyourvisit/directions.htm">www.nps.gov/yose/planyourvisit/directions.htm</a> <a href="http://www.yosemite.national-park.com/">www.yosemite.national-park.com/</a> <a href="http://www.nps.gov/yose/naturescience/visitor-use.htm">www.nps.gov/yose/naturescience/visitor-use.htm</a> <a href="http://www.geographyfieldwork.com/YosemiteTourismAttractions.htm">www.geographyfieldwork.com/YosemiteTourismAttractions.htm</a> <a href="http://www.mournelive.com">www.mournelive.com</a> <a href="http://www.peakdistrict-nationalpark.info/study/Area/factsheets">www.peakdistrict-nationalpark.info/study/Area/factsheets</a> <a href="http://www.peakdistrict.orwww.enjoyengland.com/destinations/">www.peakdistrict.orwww.enjoyengland.com/destinations/</a> <a href="http://www.whatsonwhen.com/">www.whatsonwhen.com/</a> <a href="http://en.wikipedia.org/wiki/Mourne_Mountains">http://en.wikipedia.org/wiki/Mourne_Mountains</a> <a href="http://www.history-tourist.com/">www.history-tourist.com/</a> <a href="http://www.oakleigh-ireland.com/mourne">www.oakleigh-ireland.com/mourne</a>
<b>Brochures, Leaflets and Maps</b>	Experience the Elements, Peak District & Derbyshire The Jungle Paintballing Adventure Tourism Activities - info on Kayaking





A04



## Adventure Tourism – Zorbing and Paintballing

For our adventure tourism our group finally decided that we would go Zorbing and Paintballing. Although it wasn't our first choice it worked out to be a very enjoyable day and I loved every minute of it, I would definitely go back again. Our adventure Tourism took place on Tuesday 31<sup>st</sup> March at 'The Jungle', which is located in 60 Desertmartin Rd, Moneymore.

For our adventure activities we decided that we would join with the other Travel and Tourism group as they had decided on Zorbing and Paintballing as their activities from the start and because our first choice of activities did not go to plan we chose to join them. This was definitely a good idea because it was a lot more fun because there were more of us to take part in the activities but it also helped to develop team building.

To take us up to 'The Jungle' we asked our school technician Mr. [redacted] he is allowed to drive the Mini-bus but he was also free to take us. To make sure it would be worthwhile Mr. [redacted] in taking us all the way up to The Jungle, we thought it would be a good idea for him to take part. This would also make the day a lot more exciting and it meant everyone would enjoy their day out. We left our school on Tuesday morning at approximately 9.35 am, with all 11 students, 2 teachers and Mr. [redacted] in the school Mini-bus. Our drive up to The Jungle took about 1 hour as its about 44.5 miles away. Although this was quite far away, the hour flew by because I think we were all so excited to get up there and finally get to take part in our activities after having planned for so long. Finally, we saw the sign for The Jungle, however we actually ended up driving past the place because the sign wasn't to clear *very poor signposting* as where to go. Once we did arrive in the place we got slightly confused again as we weren't exactly too sure on where to go but we seen a stony road and decided to follow it up. Finally, we arrived at The Jungle reception at about 10.45 am and met one of the marshal's, Robert who was going to talk us through our day. Robert told us that the plans for our day, were going to start of with Paintballing, this was a slight change in our plans as we thought we were going to go Zorbing first so as we could come back for lunch and then go Paintballing. We were then given our protective overall suits for Paintballing but after a chat with Robert he suggested we stick to our original plan and go Zorbing first as there was another group arriving at 11'oclock to go Paintballing.



putting on there own  
Paintballing  
protective overall  
suits.

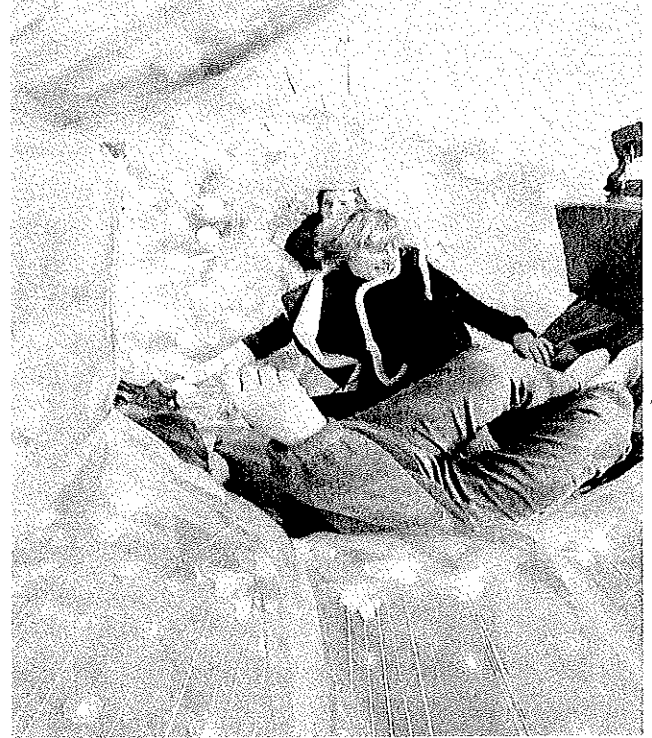
Therefore we all made our way up to the Zorbing area, however before we could anyone in the group could participate in Zorbing we each had to complete 'The Jungle N. I Zorbing Waiver' (appendix 5). Finally we were able to start get going and take part in our first activity, everyone was extremely excited but there were also tensions of slight nerves as no one had ever done this activity before and we didn't know what to expect. We decided we would all go down in groups of two as we thought it would be more fun to experience it with another person but also it meant it would be done slightly quicker. As Mr Donaldson was taking part in this activity as well it meant another person out of our group would need to go down again, however this was not a problem as one of the girls, Suzie from the other Travel & Tourism group was very keen to do it again so that was that sorted. Everyone was sensible enough to organise them into groups and order in which everyone was going to go, there were no arguments about and everyone got on with it, below are the orders and groups which everyone went down in. ✓

1





In order to get into the Zorbing ball all participants had to take off their shoes and jump into the hole of the ball. Once they were safely in you then add to put on a shoulder harness, a waist belt, foot support and overhead tie clasps in preparation for the ride down the hill. Within the ball, once person would be sitting while the other would be slightly standing this was so when you did start to roll you wouldn't be able to hit each other with your feet etc. The ball was quite awkward to get into, especially trying to climb in through the tiny hole, but it was all part of the experience and was very funny. It was extremely funny when it came to the teachers turn as they took the longest to get ready to descend down hill, this was something the whole group were able to bond over as everyone found it very funny. Below are some pictures of the teachers turn to get into the ball. ✓



✓  
caught  
swell

Finally once we were in the ball and all belted up with our safety equipment two or three of the people assisting helped to push the ball down the hill. All the assistance worked extremely hard because they had to keep help pushing the ball 7 times but then a few of them would have to run down the hill after to help us get out and get our

shoes. I'm sure it was very tiring for them but we were all very thankful because we all really enjoyed it. It's the most extraordinary feeling you will ever feel, you feel as though you are about to fall out and land on your partner but with all the safety equipment you know there is definitely no chance of that happening. I would definitely love to take part in this activity again and I'm glad our own plans ended up not working out so as we got the chance to do this. Although the hill wasn't that big that you rolled down, it seemed as though your time in the ball felt longer than the hill. However it soon came to a stop and with the help of the staff we got out of the ball and got our shoes back on. This was extremely good customer service because they had our shoes waiting for us for as soon as you put your feet out of the ball so as they didn't get wet, they also held onto whilst you got out of the ball so as to keep you steady. This was very helpful and I was glad they were there and to save us having to back up the hill again they had a buggy to take the two adventurers and the ball back up again. Once again this was a big positive of the day because I knew there would have been quite a lot of the members in the group who would have complained about walking back up the hill so I know everyone was thankful for the buggy. ✓

Finally, everyone had their turn and we arrived back at the reception for our lunch at approximately 1.00 pm. The reception area had about 6 large picnic tables, which were under a shelter so therefore it didn't matter if it rained as you still could eat your lunch dry. Once we finished our lunch we got the next part of our outfit and that was a black belt where you held your paint pellets, once we got sorted with those we were then introduced to Fergal. Fergal then explained the safety measures of Paintballing, which are shown below. ✓

- Face masks must be worn at all times outside the safe zone. ✓
- Aim markers so that 'hits' are below the shoulders. ✓
- Under no circumstances target opponent's head. ✓
- No physical contact between participants. ✓
- Point marker towards the ground when not in use. ✓
- Markers to be barrel plugged when moving between game zones. ✓
- No food or sweets to be consumed outside the designated area. ✓
- Only paint purchased on site will be permitted for use. ✓
- Do not fire at anyone who is closer than 20 feet. ✓
- Paint marks on clothing indicate a 'hit'. ✓
- When a player is hit they should raise their arm or marker above their head. ✓
- Eliminated players must plug their barrel and move off the game zone to one of the safe points. ✓
- Marshals will provide wet wipes to remove paint marks from clothing and face masks. ✓
- Games will be started and stopped on the main co-ordinates whistle. ✓
- The site staff's decision is final. ✓
- Players must stay within the red boundary in each game zone. ✓

**The Jungle website [www.thejunglepaintball.com](http://www.thejunglepaintball.com)**

Once Fergal had finished going through these safety precautions we were then each given a laminated card that had The Jungle sign written on it. Fergal then explained that if these cards were lost we would have to pay a £200 fine and I know most of us wouldn't be able to afford this fine so we all made sure that these were safely tucked away. The points in these cards were where we were out on the games zones and if we wanted more paint pellets or if we wanted a drink or snack a mark would be made

*shot.*

*good customer service*



on the card, this saved us from having to carry money around with u. since we had a deal with The Jungle we were given 100 paint pellets to start of with and therefore if we wanted more we could buy them. The prices for more paint pellets were.

- Pot of 100 - £6.00 ✓
- Pot of 500 - £25.00 ✓

Prices for other purchases

- Drinks - £1.00 ✓
- Chocolate - £0.50 ✓
- Hire gloves - £3.00 ✓
- Buy gloves - £5.00 ✓

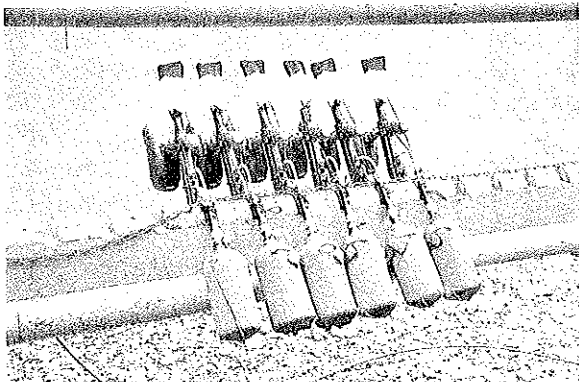
We then completed another form, which was an 'Insurance Waiver and Equipment Rental Agreement' (Appendix 6). Fergal then distributed the masks to each member in the group and showed us how to wear them for maximum comfort. When we first put the masks on, they were very weird to wear at first. I actually started to get a bit frightened as I started to wonder just exactly what I was in for. We were then given the guns in numerical order, when we were given our illuminated cards and paint pellets there was also a number written on the back of the card. This number was then used to give us a gun, it insured nothing went missing and all the guns were kept in the right order. The guns were definitely heavy than what I thought they were going to be, I think I actually worked up a muscle just holding them at the reception! Fergal then explained the safety points about the guns and what we need to do to get them ready to fire etc. once he had finished explaining these points we got split into two groups. We decided to have the two Travel classes against each other but because we had one less member we got to have Mr [redacted] to join our group, it was certainly starting to get excited as were all getting ready to go. Our groups were split into black and green masks,

- Black Masks – Mrs [redacted] n's team (the team I was in) ✓
- Green Masks – Mrs [redacted] l's team ✓

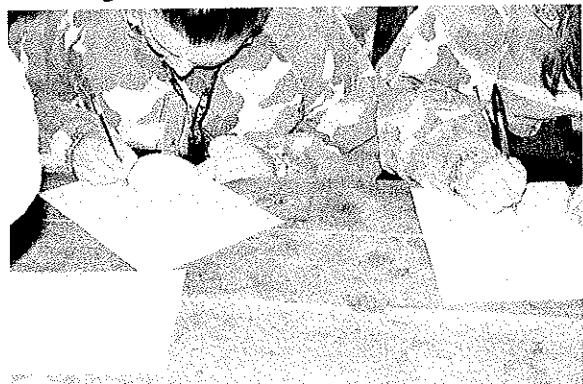
Act.

We were then taken to the practice area where Fergal give us further instructions on how to use and shoot the guns. We got to practice a couple of shots to get us in the way of using the guns before we hit the game zone. We also had to shoot a couple of shots first because fergal said some of the shots may not shoot straight because of them being oiled the night before, but once you shot it a few times the aim was straight. Finally we were able to get going to our first game zone. ✓

Good description of the process.



Paintballing guns



Girls filling out the Insurance Waiver and Equipment Rental Agreement

Both teams were then taken to our first game zone where two Marshals assisted us and explained to us the first strategy of the game. The strategy of the first game was that each team had a base at either side of the field, and you had to steal the flag from the opposite base. Whoever stole the flag was the winner, my team did really well as we got the flag but none of us got hit by any paintballs. We decided to play another game of this except this time we changed round bases. This was really good fun and I really enjoyed myself. I think the team I was in, we worked really well together and we did build a good friendship and had a laugh. After being up in the forest we headed down to another game zone, which was in a field. This time instead of having tree logs to hide behind there were stacks of tyres and big wooden blocks. However for this game we were one member down because Caroline's back started to get sore and decided to not take part anymore. This strategy this time for this game was there was a flag on a pole in the middle of the field and whichever team got it first won. My team won the first one as Vanessa ran and grabbed the flag while the rest of us covered her so as she wouldn't get hit. The next game the other team won, even though we had lost we had still really enjoyed ourselves. By this stage everyone was starting to run out of pellets so instead the Marshals offered an idea which was for Mr [redacted] to run from one side of the field to the other side while we tried to hit him with the paintballs. This was a lot of fun and it was really good of Mr Donaldson to be such a good sport and join in with. Finally, Mr Donaldson had reached the other side of the field without getting shot too much so we headed back to the reception. When we got back the marshals suggested that anyone who had a few paintballs left over could go and shoot them off in the practice area to finish off. There were only a couple of girls who had some left so while they went and did that the rest of us took all our gear and returned it to the reception with our laminated cards.

*Accurate description of the practical activity.*

Once we had ensured everything had been returned safely we asked the owner to fill out an Organiser's report and then we were on our way home back to school. The mini-bus returned on the same route via Moneymore and the M2 to reach our school at approximately 3.40pm. We all enjoyed our day very much but I know we were all glad to get home as we were all extremely tired and those who had gotten hit with the paintballs were all extremely sore! I was so glad that I got the opportunity to be able to have taken part in these activities and I am very thankful for our school allowing us to go but also to our teachers for letting us be able to take part in these activities, and of course to Mr [redacted] for taking us down there but also being so a good sport, he made the day very fun. I think everyone had a great day and the weather stayed good for us so we had a nice clear day. At first I wasn't that keen for taking part in these activities as it wasn't what I had wanted to do but I am very glad that it worked out for us to do these activities because I was able to achieve my aims and objectives because I experienced a new skill which was exciting and fun.

### **Additional information**

While we were at The Jungle we found out some additional information about how good the place is, my class and I found out.

- 90-95% visitors to The Jungle are males. This was quite a fun fact to find out because I don't think many of the marshals had seen a group of only girls taking part in paintballing before without any boys. I think we definitely left an impression.
- About 30% of the business is repeat business. I can see how this is true because I would definitely want to go back and might actually try and get

- some friends to go back over the summer holidays. While you are at The Jungle, the staff do take good care of you and make sure the health and safety aspects are made clear but they also interact with you very socially. ✓
- The most popular time is the weekends, they can have up to about 300 people. I can see that this would also be true because it would definitely be something fun to do at the weekend and I don't think the weather would really make a difference. ✓
  - The cost of the Zorbing ball is £12,000 (lasts a life time). This is very *incredible price* expensive but I think they definitely make their money back as I know many people would want to try it and once you do try it you want to do it again. I know after trying it I want to do it again but I have also told many people about it who want to try it as well. ✓
  - Some of the instructors have had special training. This just proves how important their jobs are to them but it also shows how much they want to make sure their customers have a good time. I know when I was there I felt very safe and knew I was in good hands. I certainly think it's a big positive for The Jungle when customers find this out because it makes them feel secure. ✓
  - The instructors rotate around the various adventure activities. I think this is a good idea because it means all the instructors are enthusiastic with the customers and make it more exciting for them instead of them standing there looking bored because they are doing the same thing over and over. This is also good customer service because I know I seen one of the instructor standing about bored it would put me off taking part in the activity but also it would make me feel uncomfortable as I would get the feeling that they didn't want me there which is off putting. *Excellent background on The Jungle*
  - The Jungle opened up in July 2005 and covers an area of 200 acres and is the first and only centre in N.I, which has Zorbing as an activity. The Jungle certainly is huge as it hold quite a few different activities and for only having been open for business for 4 years I think it has certainly done well and has made a good bit of business. ✓ *No 4. 3*

### Recommendations for Improvements

Although The Jungle was really good and I had a brilliant day out I think there are places in which they could improve just to be that little bit better. The first improvement I have thought of is that when we first arrived at The Jungle we actually *unbelievably* drove past it because we didn't see the sign that well and then when we did arrive into it we weren't too sure about which way to go. *bad* Therefore my recommendation is that they should get better sign posts or directions e.g. they have could have signs which *good suggestion* say, 50 yards to The Jungle along the main roads etc. Or else have another sign in the farmyard with arrows on it showing the directions to go.

Another improvement The Jungle could make is that they could improve their toilet facilities. After the Zorbing all the girls wanted to go and wash their hands as we were about to eat lunch but we then realised that there wasn't any soap to wash your hands with. We also noticed that there was only 1 girl bathroom and only 1 boy bathroom as well. *more* Therefore my recommendation is that they maybe get a few more toilets so as they cater for larger groups but also keep a check on them and make sure that they have soap etc. *Excellent health & safety suggestion*



One other recommendation I would like to propose is that maybe they could improve their snack bar by having a bigger variety of snacks and refreshments. For example have a tea or coffee machine. Once again by doing this they will be able to cater for larger group and meet the needs for all their customers. For example the teachers who came with us were not taking part in paintballing therefore while they were sitting about waiting for us I think they would have enjoyed a cup of tea or coffee. Therefore everyone could enjoy their day even if they aren't taking part in the activities. *definitely* *✓ good suggestion*

One last recommendation I would make is that I think they could have a bigger car park. Making this improvements means that they could have even more than 300 customers at the weekend or else it will give more space for lots of groups to come e.g. it would fit more mini-buses. All these improvements will help to crater for bigger groups and will definitely attract a lot more customers to The Jungle. *✓*

## Area's of Good Performance

I did have a really good day at The Jungle and there were many things about The Jungle that they provided and did to make it a good day. I think the fact that they use a buggy to bring the participants back up from the Zorbing is a very good idea because it saves you having to walk back up and I just think it's a very thoughtful idea to do that. Another good thing about The Jungle staff was that as soon as you were ready to get out of the Zorbing ball, they were straight over with your shoes so as you didn't have to stand on the grass and get your feet wet. Once again I thought this was very thoughtful idea and was definitely good customer service. *✓*

I also thought the marshal's were very friendly, as when you were walking to the different activities they would walk with you and have good conversations with you. They also made it feel as though they were generally interested in what you were saying instead of it just being part of their job, as one of the Marshal's even told us what he was planning on doing next year etc. It was nice and made you feel comfortable, I think this helped to make it a good day because they make you have fun. *Good evidence of customer service* *✓*

Another area of good performance was the area where you can have your lunch. The picnic tables are very spacious and there are a couple of them, they are also under a huge big shelter. Therefore you can't get wet if it rains, I think this was a very good idea because I know the weather can put of a lot of people off especially when they are eating their lunch. Also the fact that the tables are so big and there are quite a lot of them it can accommodate a lot of customers at once which means you wouldn't have to wait around for people to eat their lunch instead there is plenty of room for a few people to eat at once. *✓ good point*



## Evaluation of Adventure tourism

I think overall our Adventure Tourism Activities were very successful as everyone enjoyed their day out. I also think it was successful because I think everyone enjoyed this unit so they wanted to make sure all the planning would go smoothly so as we could enjoy our two activities. I certainly really enjoyed this unit and I got to take part in two activities that I had never done before and therefore I got to learn new skills and have new experiences. *good development of skills*

Honestly I was not looking forward to taking part in the two activities because they weren't the ones that I had chosen from the start that I had wanted to do. However I am very glad that actually our activities did not go to plan and we did have to take part in these other activities because I did really enjoy myself and was glad I was able to take part in something that was quite different. It also just showed me how your plans don't always run smoothly and you can come across a lot of hiccups on the way but I think I learnt the skills of being able to overcome these hiccups and resort to something else. I think I actually learnt a lot more by our plans not going to plan because we had to think on our feet and work as a group to think of something quick and I think we all did extremely well. Looking back now I would not change a thing and I would certainly take part in these activities again. *good*

### My contribution to the activity and the role that I played within the group

Since our plans had to be changed and we had to go with the other group to continue our Adventure Tourism Unit we were not really able to take part with the feasibility of these two activities as the other group had already ~~went~~ ahead and booked them. However even though we did not get a chance to take part with the feasibility of those two activities we certainly got practise our skills of the feasibility study of our own activities that we had chosen individually. I think I did quite a good job of this, as one of the things we needed to research about our activity was the price, as we didn't want anything too expensive. Therefore to get a decent price I needed to research a couple of different locations to see what prices they were offering but also what facilities they had to offer and what was included within the price. A few of the websites I visited they didn't seem to give exact prices for individual activities as there was a wide range of activities on the websites. Therefore to find out prices I had to email a few of the locations to get some information back. The locations that I emailed were *good research*

➤ **Belfast Activity Centre (BAC)**

➤ **Bluelough Mountain and Watersports Centre**

These locations were very quick at getting back to my email and they both contained a lot of other important information. Bluelough included many different other information, for example they included a medical form which we would have needed to fill out if we were going to go there for our Kayaking activity. I thought this was very good of them and it meant we could have it all filled out before getting up there so it wasted less time (Appendix 6). I think I did well using my intuitive to go and email the locations for the extra information I needed as it meant I had all the information I needed for presenting it to the rest of the group. It also meant if my activity had of been chosen I would have saved time since I had the information needed the only thing we would have needed to do was book it. I also worked out how we would have to travel to each of the locations and how far away from our school *Acft.*

they were. I think I did this well as I worked out that we could take the mini-bus to each of locations and that would only cost £1 per person but I also made it clear that we would not be able to use it on Fridays as the science group use it on that day. I think I did well of being able to outline all the details of my activity and therefore I think I managed the feasibility study of my activity well. When we did chose our group activities (our first idea), which were Paintballing and Go-Karting we did have to work out how much it was going to cost us overall. We worked out that it was going to cost us £45 per nerson. but to see if we could maybe get a deal one member of the group emailed . They emailed us back saying that there was an offer on with two activities whn mean it was going to end up only costing us £25, however this was deal was only lasting up to the 31<sup>st</sup> March. This didn't give us much time to sort things out and be ready for it but we did manage to get things ready until we found out that the day we decided to go on the mini-bus was already being used for another trip. To try and work around this me and another member of the group said that we could drive up and we would have been able to fit everyone into the two cars. However another problem appeared which was our Principle wouldn't allow us to use our own cars we had to use the school transportation for insurance reasons. Even know we didn't actually get the chance to go on these activities we still had to carry out a feasibility study. I think I did quite well partieipating with it as I did help to voice ideas e.g. suggestion of taking my car, I think everyone also really worked well as a group to try and get something sorted.

As everyone had chosen a different activity we all had to carry out a risk assessment to see that this activity is safe enough for every member in the group to take part. To be able to do this once again I had to do a lot of research of my activity and I had to research of the three different locations. However after I emailed the locations about prices I did get some extra information about my activity, which meant that I was able to assess my activity of risk with great detail. I wanted to make sure that it was safe as I knew most people in the group had never done kayaking before and therefore I needed to make sure it was safe to build up their confidence to take part. To do this I researched how long we would be out on the water for, but also how many trained staff members would be on the water with us. It did say that it depended on the size of the group as we may have go paired with another group but there would also be one trained experienced member on staff on the water with us at all times. Finding out this information was definitely reassuring but it also meant I could mention this on the risk assessment to show that we will be safe. On the websites it also said that you don't need to be experienced or have done the activity before to take part, I thought this was very vital and it showed that we would be taken care of. I think it was good that I was able to find out all this information as normally I am planning or researching something I am usually only researching a small part but this time I had to find out all this information myself to show to the rest of the members of the group. Therefore I think I did well because it was quite a big task that I'm not usually doing by myself and therefore I learnt many new skills of organising my researching skills.

To be able to plan our adventure tourism our group needed to have a meeting everyday as something was always being changed or else there was additional information, which needed to be talked about as a group. These meetings were about organising our activities that meant that it was extremely important that everyone attended each one. I attended each on because I knew how important it was to get the

planning and organising sorted because we wanted to do the activities before we got off for Easter and we were running out of time. Most of the group did attend these meetings each day which was good because it meant everyone was up-to-date with all the information and meant things could be sorted within one day instead of having to carry it on over a couple of days because people were absent. Every member in the group had good attendance for the meetings apart from one member Caroline but that was for medical reasons. However this made it quite difficult to keep her updated with all the new information especially when we decided to go with the other group to do our activities. Caroline kept missing out on some important details such as for planning for our first set of activities, everyone else in the group all helped out to get it planned. However I think I contribute well to the meetings because I did attend all of them and the day we were choosing our roles one member Kim was off sick but I rung her so as she had the chance to pick what she wanted to do and it meant we could all get on with our own roles for the planning. I also tried to keep Caroline updated for when I seen her in work so as she knew what was happening but I think she could have made more of an effort to find out what was happening. I learnt a lot from having meetings because I realized just how much information is covered in one meeting and I realized how important it is not to miss any meetings because you do miss out on some important planning or changes. However all the meetings were recorded so if anyone was of we could fill them in on what was happening quite quickly.

To organise and plan our adventure tourism it was extremely important that everyone in the group was able to communicate well with each other. I think I contributed to this well because during the planning and organising of our first activities Go-Karting and Paintballing I was able to help with it a lot by talking to the girls who had chosen to present these two activities to the rest of the group so as I could find out more detail about them so as I could help with the planning. I think because our group get on so well it was easy to communicate with every member in the group and we were able to get through the planning and organising quickly. I think I also was able to communicate well with the teacher, Mrs. [redacted] in which is very important because it was going to be her who would be taking us on the trip and she would also be the one booking the activities. Mrs. [redacted] was great for making sure she was being kept on to date and that we were covering all the details and she made sure she talked with every girl about their role so as they all knew what they were doing, this really helped to be able to communicate with Mrs. [redacted]. It also meant that everyone else in the group knew what each member was doing and it really helped to be to communicate with all the girls in the group. I think I did well with communicating with each person in the group but I was also improving my communication throughout. This was really useful because I know I will also need to use communication skills and so having the chance to be able to improve these skills it was very useful and helpful. I realised that I was going to be getting more out of this adventure tourism than just new experiences as I was going to be learning new skills and improving old skills so I definitely got a lot out of this unit.

good  
planning

Adv-  
interpersonal  
skills

As well as being able to communicate with all the girls I also had to listen to all their opinions so as everyone could participate in the planning stage. Usually I am good at listening to people opinions, I actually listen more to people's opinions than I do voice my own opinions. It was certainly very important for me to listen when each girl was presenting their own ideas because I wanted to know why they wanted to do

it but also what it all included so as I could choose what I would like to do. I think everyone presented their activity really well and enjoyed hearing about each different activity. I know I did well with the listening because I was able to write about each activity after seeing the presentation. I think I did well listening to each girl's opinion throughout the planning as everyone did have good idea. The one idea that was good was when someone suggested doing the two activities together because it meant everyone in the group would be happy and look forward to the activities. As well as improving my communication skills I certainly improved my listening skills, which I know are extremely important when you are planning, and organising things.

To help with the planning of our activities we were each given separate roles, my role was to write the consent forms for the parents and to write a code of behaviour. I think I contributed well to this role because when we decided that for our first choice of activities we were going to do it the following Thursday straightaway I got writing up a permission form for our Principle while Caroline drew up a consent form for the parents. I got the permission form written up quickly and was able to print it out for Mrs [redacted] to hand over to Mr [redacted]. I was quite pleased to have ~~gotten it written up~~ <sup>all new skills</sup> so quickly and organised so well as I had never written anything like that before. However we then found out that we were not able to go Go-Karting and Paintballing because of some problems, this meant I had to write up another permission form but also because Caroline was absent I had to take on the role of also <sup>adaptability evident</sup> writing up the consent forms. Once I finished those I then made a start on the Code of Behaviour which the girls needed to read before going to make sure I was cover all the right points I decided to email The Jungle to see if they actually had a code of behaviour, however they only emailed back a set of rules for Paintballing. Therefore this meant I had to think myself what we expect from The Jungle and what The Jungle would expect from us. I think I did this quite well and was able to get it all done in a short space of time so as we could get our permission to get going. Therefore I think I participated quite well with the planning and organising stages of our activities. Finally once we actually got to do our activities I think I participated well because I really enjoyed every minute of it and was up for anything. I really wanted to make the most of it and try everything, even though I wasn't 100 percent wanting to do the Paintballing I decided that I would still go ahead and do it because it's the whole part of adventure tourism, putting yourself at risk. I am glad I participated in everything and I think it made it more fun that everyone participated. From the whole experience I definitely learnt to give everything a try even if I may not be looking forward to it but I think that's part of the experience.

There were a few people in the other class who weren't too sure about doing the Zorbing as they were quite scared but once I had my go I came back and told them to definitely go for it because it was so much fun. Everyone was telling them to go for it because they would be missing out on such a great experience. Nobody forced them to go, we all just supported them and they ended up having their turn and ended up enjoying it. It then came to the teachers turn as they wanted a go but our teacher Mrs [redacted] was quite hesitant as she had hurt her foot and was scared to do it in case she hurt it anymore. However I think our group really supported her decision to go ahead and do it because we told her you actually didn't move much in the ball. I think I did support the other members in the group because we all did enjoy ourselves and had a good laugh. I would like to think the members of my group thought I was supportive

Planning stages

all new skills

adaptability evident

A04-3

Actual ATA.

Thank you for your advice I really loved it

of them when we were doing our activities as I think everyone was supportive of each member in the group.

Even though Zorbing and Paintballing weren't the first chosen activities I actually did end up really enjoying them and glad I was able to take part in them because I did have new experiences. At first I was not looking forward to Zorbing as I didn't think I would enjoy it, however I was very wrong because I loved it. I would definitely go and do it again, its definitely given me an edge to try more adventure activities as I think I would enjoy doing more exciting new activities. Its definitely gotten me interested in Adventure Tourism Activities and I now know how I will be spending my summer! As well as getting an interest in Adventure Tourism Activities I have learnt a lot about planning and organising. Especially since our plans did not go to plan I definitely learnt how to be able to solve problem and to be able to redeem the situation. I think it was very important that I was able to learn this because I know I will certainly benefit from this in the future. It showed that not everything does go to plan and you always need to be prepared for whatever problems may occur but most importantly never to panic. I think I actually learned a lot more from our plans not going smoothly to what I would have learned if the plans had of went smoothly. It just taught me to always be in control and to expect for problems to occur but to think quick on my feet. However I don't all would have worked out properly if it had not of being for my group but also for the help of my teacher. Even though not everything did run smoothly I still really enjoyed the activities but also the whole planning and organising of the Adventure Tourism. Most of all I think I did contribute quite well to the activities and to the planning and organising stages because I was looking forward to the activities and really wanted to be part of getting it organised.

*Fantastic*  
*definitely*  
*met your*  
*objectives*  
*As 4 3*

### **The group's performance during the activity**

I think the group worked really well together throughout the activities because we all really bonded together especially in the Paintballing because we were a team. I think everyone in the group was excited to take part in the activities so it meant everyone was enthusiastic to get going which helped with the mood. I think everyone in the group was really committed to the activities and they all wanted to take part and make it fun. I think from seeing how excited and motivated the whole group was it got me really excited and I couldn't wait to take part in the activities. I think being able to enjoy the new experiences with my whole group made it a lot more fun and memorable, after all our hard work we could finally enjoy it. I was able to see just how much we had actually bonded and become a close group and I am glad everyone enjoyed themselves. Seeing everyone getting on so well and co-operating it showed me the characteristics of a true team performance and it showed me exactly what the word team means. It was good to even see that our teacher was getting on well with us and too and everyone was really enjoying their day out. I think because the whole group did put so much work into it I am glad everything went well and there weren't any problems.

As well as our own group communicating and interacting well we also communicated and interacted with the other class. As after all we were there as one big group so we all did get on well. It also put everyone's communication skills to good practised and showed how well we can all get on with new people. Everyone did work as one big group because we did all encourage each other and everyone just had a laugh.

together. It was good that we were able to all work together and get on well and that we were able to share a good day together. In our group everyone definitely worked as a team and we did stick by each other, I think it built back up our bond that we had when we were on our Edinburgh trip so it was good to see that we had that closeness again. I think because everyone did get on well and worked as a group, it made the day a lot more fun and we were all able to enjoy our new experiences together. *Excellent chance to bond again*

I think because our group did work well together we were able to achieve our goals, this meant we were able to achieve our aims and objectives. I think being able to work as a group to achieve things is an achievement in itself and I think it was really great that we were able to actually being able to do this. I think it was an achievement for myself because usually I don't work in groups so being able to work in a group and to achieve my goals was definitely an achievement. I think everyone in the group showed their dedication to the activities especially by attending all the meetings which finalised our plans. To see how dedicated the whole group was made me even more excited about taking part in our activities and it was good to see that everyone was just as excited as I was. I think everyone in the group really gained a pleasure for adventure tourism as everyone took a great interest in it, from seeing everyone's presentation of their own activity you could see how interested everyone was in the unit but also how excited that we were actually being able to get to do one of these activities. From the different range of all the activities we could do I think we all wanted to more than just two, I think we could have all just spent a few days doing adventure activities. I think that's what made it better and more fun because everyone was interested in the unit. *Really!!!*

Throughout our day at The Jungle everyone did behave extremely well and everyone got on well even with the staff. Our group didn't even need to read my code of *Ag* behaviour because they already knew how to behave and what to expect from The Jungle. Therefore everything went well and no one behaved in an unsuitable manner. *A04.3. exemplary behaviour* so we were all able to enjoy our day. I think everyone behaved and listened intently because we were all so excited to finally get to take part in our activities. I think everyone in the group definitely showed an interest while participating in the activities, which is good because it kept the whole group together, and it meant everyone was having fun together. From the whole experience I was able to see exactly how a group can work together in activities, no matter what activities are and I think our group definitely achieved this. I benefited a lot from this because as well as having new experiences and learning new skills I also learnt how a team can make things more fun but also it can be a lot more supportive. I think everyone benefited a lot from the whole experience because we learnt many new things such as being able to work together as a group to plan and organise things but also that we are dependent enough to choose and organise ourselves into roles and be able to take responsibility of our own roles. I know many of the things we have learnt will definitely benefit us in the future but most importantly of all we will have the skills to be able to work as a group with any new people because we have good experience of being able to.

## How did the actual benefits match the perceived benefits of planning, organising and participating in an activity?

I think the actual benefits matched the perceived benefits of planning, organising and participating in the actual activities because I enjoyed every part of the unit. Even though the planning and organising was hard work I definitely enjoyed all of it because I learnt many new skills from planning and organising but then I was able to appreciate all the planning and organising because I really enjoyed taking part in the activities. I think everyone did a great job and we were all able to enjoy our day out. As being as enjoying it myself I also improved many of my skills, I improved my communication skills because I was able to communicate well with the group and also with the staff members of The Jungle. I did also pairing up with the other class helped to improve my communication skills because I used to my own group whereas with the other class I wasn't sure so I certainly put my communication skills to good use. I also improved other skills, for example my teamwork. I think taking part in these two activities definitely improved my teamwork skills as I really bonded with the group but my teamwork skills also came in useful for the planning and the organising. I think I really seen the skills being used when we found out that we couldn't do our first choice of activities we had to choose there and then what to do next. I think we all definitely worked as a team to make a decision and I definitely improved my skills. I finally was able to see us working as a proper team because we did come to a decision quickly that we were all happy with.

*Development of new skills  
real bonus*

I have never really done many adventure tourism activities before so I definitely created an enthusiasm for outdoor activities after taking part in Zorbing and Paintballing. I really liked having new experiences and learning new skills so I will definitely continue trying more outdoor activities. When we were planning and organising our activities I never thought I would have develop an enthusiasm for the outdoors. Therefore the actual benefit I got from the activities didn't match the benefits of planning and organising the activity because I just thought I would enjoy a new experience and new skills not develop a love for the outdoor. While planning and organising the activities I also improved my IT skills as I needed to do a lot of research about the activities. Also when I was making my presentation about my chosen activity Kayaking I was improving my IT skills as I used a PowerPoint to set out my work to show to the rest of the group. I know improving my IT skills is definitely a benefit because they will also be useful to me in the future.

*great fun for everyone  
- v. useful outcome  
No 4-3  
Fantastic development of ICT skills*

*v. good point* From researching different adventure tourism skills I <sup>saw</sup> that for the most of them you do need to have good health and be quite fit. I also experienced this when I was taking part in Paintballing because you did move around quite a bit but also the guns are quite heavy, so you are quite tired at the end of it. I think taking part in adventure tourism activities would definitely help to improve your health and fitness, for I think if I was to go Paintballing everyday I would definitely be a lot fitter and that's only one example of a adventure activity. I don't think you need to have a great love for the outdoors to want to take part in adventure activities because I think it more the fun and challenging side of the activities that people enjoy. However after researching all about adventure tourism activities I gained a knowledge of how many different activities that you can do which do take place in the physical environment. There were actually some activities I had never heard of so I learnt a lot while taking out the role of researching about adventure tourism activities.

*good point*



## Personal benefits gained from participating in the activity

As well as enjoying a new experience from participating in the activities, I also learnt many new skills. The obvious ones being the skills from the activities, as I had never participated in these activities so I learnt new skills of how to take part in Zorbing and Paintballing. Even though I expected the outcome from this unit was to learn new skills as I was taking part in new activities but there were some skills I realised I had developed that I wasn't expecting to learn. From this unit I develop the skills of being able to interact with others but also interacting as a group. Since our class got joined with the other class it meant I had to interact with the girls who I don't really hang about with and never really talk to. However this was not a problem as it was more fun having more people taking part in the activities I also realised that I was able to interact with these girls and was able to get on well with everyone. I think this really helped my confidence and my communication skills because I was feeling out of my comfort zone as I was taking part in these activities with people that I didn't really know but it ended up I really enjoyed myself I was able to chat away with the other girls and have a laugh with them. I also improved my communication skills because I am used to working with my own class group but because both classes were joining as one big group it meant I would have to communicate with more people and because I wanted to be part of the group it was important that I did communicate. I think I did well with this because I am usually quite a shy person but I enjoyed communicating with the other girls and it seemed as though I did closer to quite a few of them. It was good I did have to communicate in a larger group because I was used to my own small travel group and felt myself in front of them so it was good I had to interact in a larger group because it did build up my confidence. I am glad that I was able to take part in these two activities because it turns out I have learnt a lot more than just new skills, I am glad I had the opportunity to be able to use and improve some of the skills I already have. I think adventure tourism is definitely a good idea for team building because it certainly works as everyone does start to work as a team and it does bring everyone a lot closer as they can all enjoy the activity and have fun together.

*group bonding*  
*Development of communication skills*  
*From 3*

## Effectiveness of planning

Through this unit I have discovered how important planning is but I also learnt that your plans do not always run smoothly. There is a lot of effort and hard work that needs to go into the planning for your event to be successful. It was good that our group was able to split some of the workload by allocating roles and responsibilities, this meant that we covered all parts and we had every last bit of detail. Since we had a short space of time to get everything planned and organised we all definitely did a good job and everyone took their roles and responsibilities very seriously so we got it all complete. Although we had to work that extra bit harder because our plans did not run smoothly, however we worked as a team and pulled together another idea and got back into roles and re-did whatever we had to do. This did show me that planning is extremely important because if we hadn't of been so organised beforehand for our first activities and if we had of just arrived at we would have been very disappointed and the outcome would have been a lot worse. Planning is very important because it also gives you a chance to think what your aims and objectives are that you want to achieve from the unit. Therefore throughout our planning we are able to make sure that we are meeting our aims and objectives and everything we were doing was worth the effort. To be able to plan something and make it successful

*Super*  
*very realistic thoughts*

it does take a lot of organising and there is a lot to cover. That is why I was glad that we had a group to split this between because it organised it properly and we all knew what we were doing, this also helps the planning to be less stressful. I am now <sup>importance of good</sup> definitely well aware of how effective planning is but just how important it is because <sup>framework</sup> without you wouldn't get anywhere. I certainly improved my planning and organising skills and I would now be a lot more confident to plan and organise something.

### What I have learnt about the importance of good planning?

I certainly learnt a lot from planning and I learnt just how important it is, I learnt for your activity to run smoothly you need to plan organise down to the very last detail. <sup>absolutely</sup> When your <sup>are</sup> planning you certainly need to look at every aspect so as you do have everything covered and your activity will run smoothly. There are so many details and aspects that you do need to cover that it is good to be able to split it between a group. The importance of good planning is that you need to meet deadlines so as everything does get planned, if you didn't meet deadlines you would just get behind but the things you need to still do would keep building up until you feel stressed. Therefore I definitely learnt that in order of good planning you need to meet your deadlines, this also means if your working in a group you are part of the group and it shows you are <sup>good</sup> being responsible for your own role. I also learnt that if you are in a group, planning <sup>awareness</sup> an activity it is a good idea to split into roles so as the planning does run smoothly but <sup>of roles</sup> it also makes you responsible for that part of planning because everyone is depending on you to have it done. For good planning I learnt you need to cover everything aspect which means getting the contact numbers to book it and choosing a date and time but it also includes thinking about the finance and the transportation. I realised that before you can even choose a date and time for your activity you need to think of how much everything is costing so far but also will it cost more for the transport etc. I learnt there is a lot more planning and organising which needs done before you can actually book something. For example before we could book our activities we had to think about, how we were going to get up there. We chose to use our school mini-bus but then we still had to research and see if it was free the day we wanted it but also if <sup>preparation</sup> the staff to drive it was free as well and how much it would cost us to borrow it. <sup>is key to</sup> Therefore before we could even think about booking our activities we had a lot more <sup>success</sup> planning and organising to do yet which needed done. I also learnt that good planning always consists of having a back up plan, which means you have to think of all the possibilities that could go wrong so as we would be ready for them and could act quick to solve any problems. Before we even booked our activity we had to carry out a risk assessment to check that it was safe for all participants and also what it all included e.g. whether a staff member from the place will be supervising us at all times etc. We needed to find out this information because if the activity were not appropriate we would have to re-think of another activity and carry out the same planning. I learnt that good planning also consists of having to make appropriate careful decisions and carry our feasibility studies. Before we each individually presented our own chose of activity we had to carry out a feasibility study to see how much it was all going to cost but also to find out all the information and details to help with the planning to see if it was suitable. At this point and time we were each responsible for making our own decisions e.g. is the activity suitable for all members in the group. This was important that we did make careful decisions as there was no point presenting a good activity that everyone really liked to find out that there was already problems and we couldn't do it, as well as it being time consuming and

essential

no 4 3

wasted time it would also be a disappointment. I learnt that good planning certainly takes a lot of hard work but it is all worth it in the end to be able to go and enjoy your planned activity. However throughout the planning I did learn some important aspects that I should be looking at for when I am planning something whether it's in a group or by myself. Having each member in the group doing a different role it also showed me just everything I would need to cover myself for it I was planning something myself and that would certainly take a much longer time. I learnt that planning is necessary and you need to do it if you want your activity to run smoothly and it does take a lot of hard work but at least you get to enjoy it at the end. ✓

*good awareness of different roles working together*

Overall I think our activities were planned very well both times and I know that it was definitely worth all the hard work because I really enjoyed myself and had a brilliant day out. I think our group did really well getting everything planned in such a short space of time especially since we had to re-do all our plans because we choose to do different activities. I think this was the point when our group really worked together because we had to make a quick decision of what we wanted to do because our first set of plans for our Go-Karting and Paitnballing did not work out. I think we came to a decision promptly and we started back into the planning for our new activities very quickly. This was definitely a group effort because our teacher would not take part in the decision as she said it was completely up to us because after all it was our unit and our portfolio and it was us that was going to be participating in the activities. I thought it actually turned out quite well that our first set of plans did not work because it showed how everything doesn't always run smoothly but that we had finally become a group. Once we made our decision everyone got straight back into their roles to re-plan everything without the teacher even having to ask us. I think it was good that our teacher took a stand back and let us work on it and make the decision because it got us working as a group but it also made us become responsible and independent and showed us just exactly how much planning needs done but just how important it is. I think everyone did a really great job and everyone was outstanding with roles and responsibilities. Vanessa created two very brilliant posters that were lovely to look at, she had done a really good job and it was clear how much hard work she had put into them (appendix 10). I think Natalie also did a great job with the finance because she was very organised and got the money all sorted out beforehand and had all our receipts written. She didn't get the chance to collect our pounds for the mini-bus but as soon as we were back in the classroom after our activities she collect them all and wrote us all our receipts. I think this was very responsible and it showed that she was definitely on top of everything, was well organised. Kim also did a great job of her role which was booking the activities and also creating a health and safety document about the two activities to hand out to the group. Kim found out some very important details about the activities for the Health and Safety and was very quick to make sure that each member in the group was aware of them. I think Kim did her role extremely well as because the other group had went ahead and already booked the activities, Kim decided to email the provider to notify them that we will be accompany the other group and we will be going as one big group. I thought this was a very good idea and very responsible she certainly took on her role very seriously and this was evident. I think everyone did a great job of their role, I also think I carried mine out quite well as I had never written consent forms before or drawn up a code of behaviour so I think I made a good job of it. it was good that I got a role I had never done before because I was able to learn new skills but I also learnt another part of planning. I think our teacher was extremely helpful as she encouraged us a lot

*link to marketing*

*Big girls man!*

*great*

*excellent designation of roles*

*At 4.3*

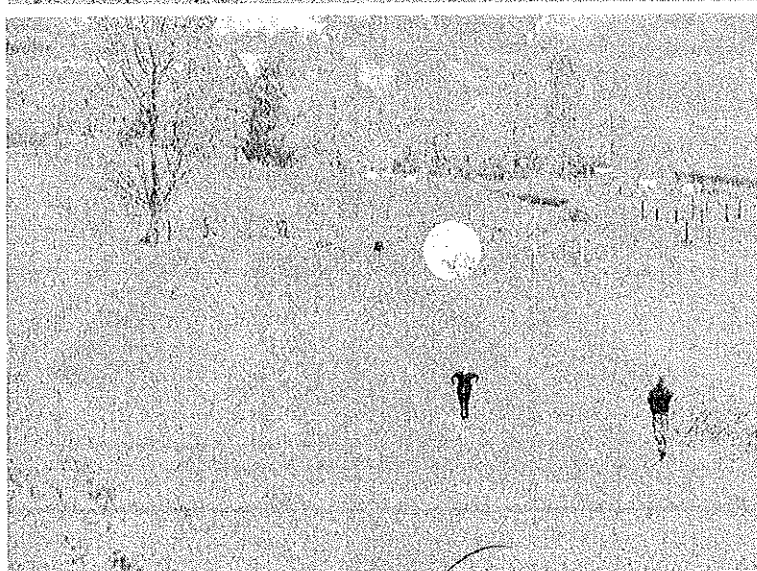
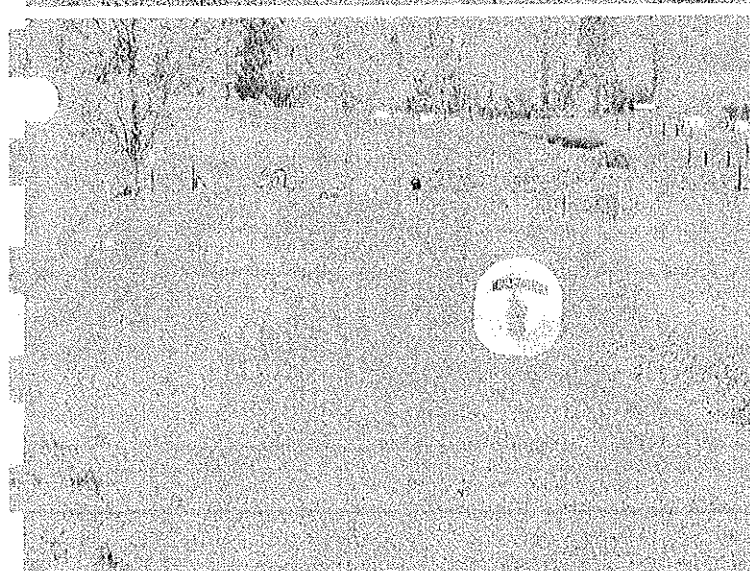
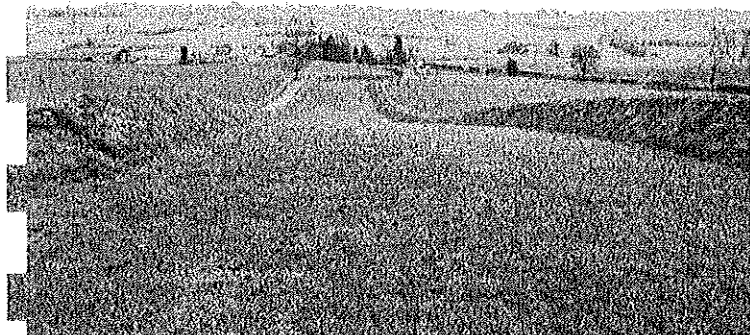
when we were doing our roles and she checked over everything to make sure that we had all the correct information and everything was relevant. Our teacher certainly taught us well about the importance of planning but also how to organise our planning, it was good that she made us do a majority of all the planning because it made us become responsible for our roles but also it made us work as independent individuals instead of relying on her or the group to get everything done. I think our group worked really well together and it just proved how well we did because I think everyone really enjoyed their day out and although it was our first chosen activities I think we actually enjoyed those activities a lot more. I am glad I got the opportunity to be able to do it and would certainly love to do it again.

*Thanks for  
Emma*

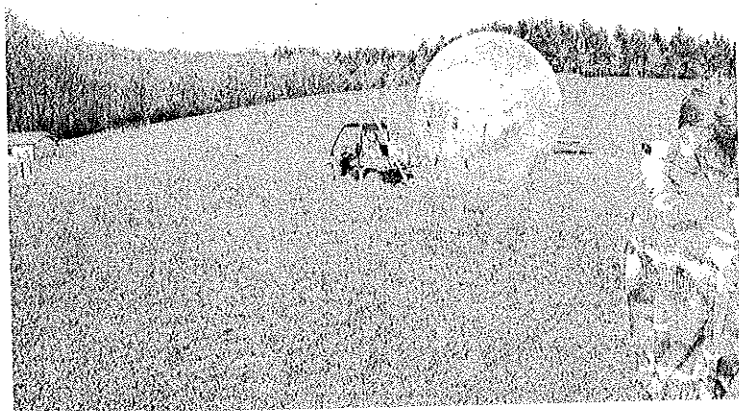
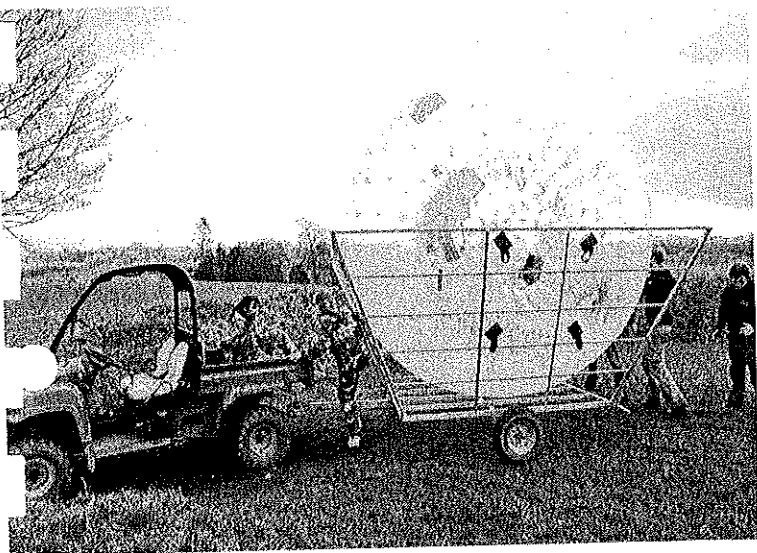
*As 4.3*

*Good reflective evaluation  
of the entire unit.*

# Zorbing







✓ Super record  
of your ATA.

## GROUP EVALUATION REPORT BY ACTIVITY ORGANISER

Adventure Activity:

Date of Activity: 31/03/09

Name of Provider:

The Jungle  
60 Desertmartin Road  
Moneymore  
BT45 7RB

Instructor:

EL

Group Size:

10 Female Students  
3 Staff

Age Group: 17-18 years old

Please comment on the following:

Attentiveness of the group while safety procedures were being explained.	V. good
Items of clothing or safety equipment used by the students.	Protective overalls + Goggles for the paintballing
Ability of each group member to follow the procedures explained by the organise.	again V. good, no problems.
Skill of the students in operating and handling the equipment.	V. good
Problems experienced while the students were participating in the activity.	V. good — no problems
Ability of the group to co-operate and interact with each other.	V. good
Overall behaviour of the students.	pleasure to have. V. good.

Signature: \_\_\_\_\_

Date: 31/3/09

## TUTOR OBSERVATION REPORT

Name of Candidate: \_\_\_\_\_

Adventure Tourism Activity: ZORRING / PAINTBALLING

Name of Provider: The Jungle: Monkeymae

Date of Activity: 31/03/09 Group Size: 5

1. Individual's contribution to the planning of the group activity:

Emma's role was to type consent letters to parents and to collect replies from team members. Emma composed a suitable letter and performed her role efficiently. She also researched and drafted a Code of Behaviour document for the team.

2. Individual's participation in the activity:

Emma is a quiet, pleasant student who was a little apprehensive about the zorring activity but showed her plucky nature by participating and thoroughly enjoying it. She also enjoyed the paintballing activity.

3. Demonstration of team-working skills:

Emma is a quiet, efficient member of the team. She is always reliable and completes set tasks for the team on time. She quickly reassured other members of her team.

4. Interaction with other team members:

Although Emma is quiet she interacts very well with the rest of the team and her confidence has developed in the planning of this ATA as well as the actual practical element. A good sensible outlook shown in team discussion.

5. Development of oral and written skills: re. change of ATA.

Oral and written skills are fairly good. Emma can clearly and coherently express her ideas and certainly by participating in this optional unit her oral skills have developed a lot.

6. Initiative shown/problem solving skills:

Emma showed initiative in researching information for the feasibility study on Karting. She also demonstrated an adaptable approach when the original Karting activity had to be changed to zorring and paintballing.

Signature: Elizabeth Johnston Date: 1/04/09



## Pupil Evaluation of the Adventure Tourism Activity

Name of Activity: Zorbing & Parashooting

Date: Tuesday 31st March ✓

Venue: The Jungle

1. How well do rate the adventure tourism activity?  
[1=lowest 5=highest]

- |                       |   |   |   |   |   |
|-----------------------|---|---|---|---|---|
| • Location            | 1 | 2 | 3 | ④ | 5 |
| • Length of journey   | 1 | 2 | 3 | ④ | 5 |
| • Method of transport | 1 | 2 | 3 | 4 | ⑤ |
| • Activity conditions | 1 | 2 | 3 | 4 | ⑤ |
- ✓

2. How would you rate your enjoyment of the activity?  
[1=lowest 5=highest]

1 2 3 4 ⑤ ✓

3. Additional comments about the activity.

I think it was a very enjoyable day as the activities were good fun and exciting. I think the Marshalls helped to make it an enjoyable day. ✓

4. What was your role within the group when organising the event and how well do you feel you carried out this role?

My role within the group was creating the consent & permission forms ✓ your role. I also had to write up a code of behaviour which included what we would expect from 'The Jungle' and what they should expect from us. I think I carried out this role well as the consent forms were successful and all participants stuck by the code of behaviour. ✓

5. What contribution did you make during the planning and organising stages of the adventure tourism activity?

I created the consent forms for the packs for each member in the group. ✓ I also created the permission form for my Robinson to sign. I also created a code of behaviour for each member in my group so everyone would behave appropriately. Contribution to ATTA

6. How well would you rate the group's performance during the activity?  
[1= lowest 5=highest]

Overall Performance	1	2	3	4	5
Behaviour	1	2	3	4	5
Listening Skills	1	2	3	4	5
Team Work	1	2	3	4	5
Communication Skills	1	2	3	4	5

7. How well would you rate the organiser?  
[1=lowest 5=highest]

• Professionalism	1	2	3	4	5
• Friendliness	1	2	3	4	5
• Safety instructions	1	2	3	4	5
• Supervisory role	1	2	3	4	5
• Knowledge of equipment	1	2	3	4	5

8. Did the instructor make any comments about you or the group's participation?

Yes, the instructor was pleased with how the group behaved. He also said we did a great participating and it was fun working with us all.

9. What comments did other team members make about your planning and participation?

I think the rest of my team members thought I did a good job of creating the consent & permission forms, as I have never did that before. role identified and assessed by peers

10. Did the activity meet the objective of:  
• Having a fun-filled afternoon? YES/NO

Why? Everyone in both groups enjoyed themselves. Everyone had fun and enjoyed taking part in both activities. Even the ones who weren't sure about doing the Zorbing ended up doing it had great fun. I think most people would definitely go back. great

- Develop team-building skills (YES/NO) ✓

Why? I think everyone really bonded together and there were no arguments. Everyone was happy to split into their class group for the paintballing and it certainly helped everyone to work as a team. ✓

good evaluation of "Team"

- Develop communication skills between the team members and providers of the adventure tourism activity (YES/NO)

Why? Everyone felt comfortable with each other and everyone was happy to talk to the providers. I think everyone felt comfortable together and there wasn't any signs of anyone being left out. The organiser helped to make sure this did not happen. ✓

"Team"

- Improve social interaction between members (YES/NO)

Why? Everyone already knew each other before going on the trip but I definitely think it helped to improve social interaction between members because everyone joked and had a laugh together. ✓

- Develop expertise in taking part in a new activity. (YES/NO)

Why? As I had never done this activity before I didn't know what to expect, however the marshalls were extremely good with giving instructions and helped us thoroughly with it. If I was to do it again I would definitely know what I would be doing. ✓

- Develop an enthusiasm for the Adventure Tourism Unit through organising an activity. (YES/NO)

Why? I think it's a great experience and exciting thing. During the organising of the activity I got to see all the different activities you can do at the Jungle. We got to watch a DVD which showed zoning & Paintballing and they both looked like a lot of fun. It was a bit boring but it was a good experience. ✓

- Develop and improve the team members' research and ICT skills **YES/NO**

Why? Organising and planning these activities we certainly get a chance to improve our ICT skills as we organised the activities mostly using computers. For example creating the posters, email forms, permission forms. Also researching to create a health & safety document. Skills development

- To gain knowledge of the physical environment through the organisation and participation of an outdoor activity. **YES/NO**

Why? I certainly gained knowledge of the physical environment through the organising as I realised the negative & positive impacts it has. I also realised the amount of different A&A's you can do which are possible because of the physical environment that they were made.

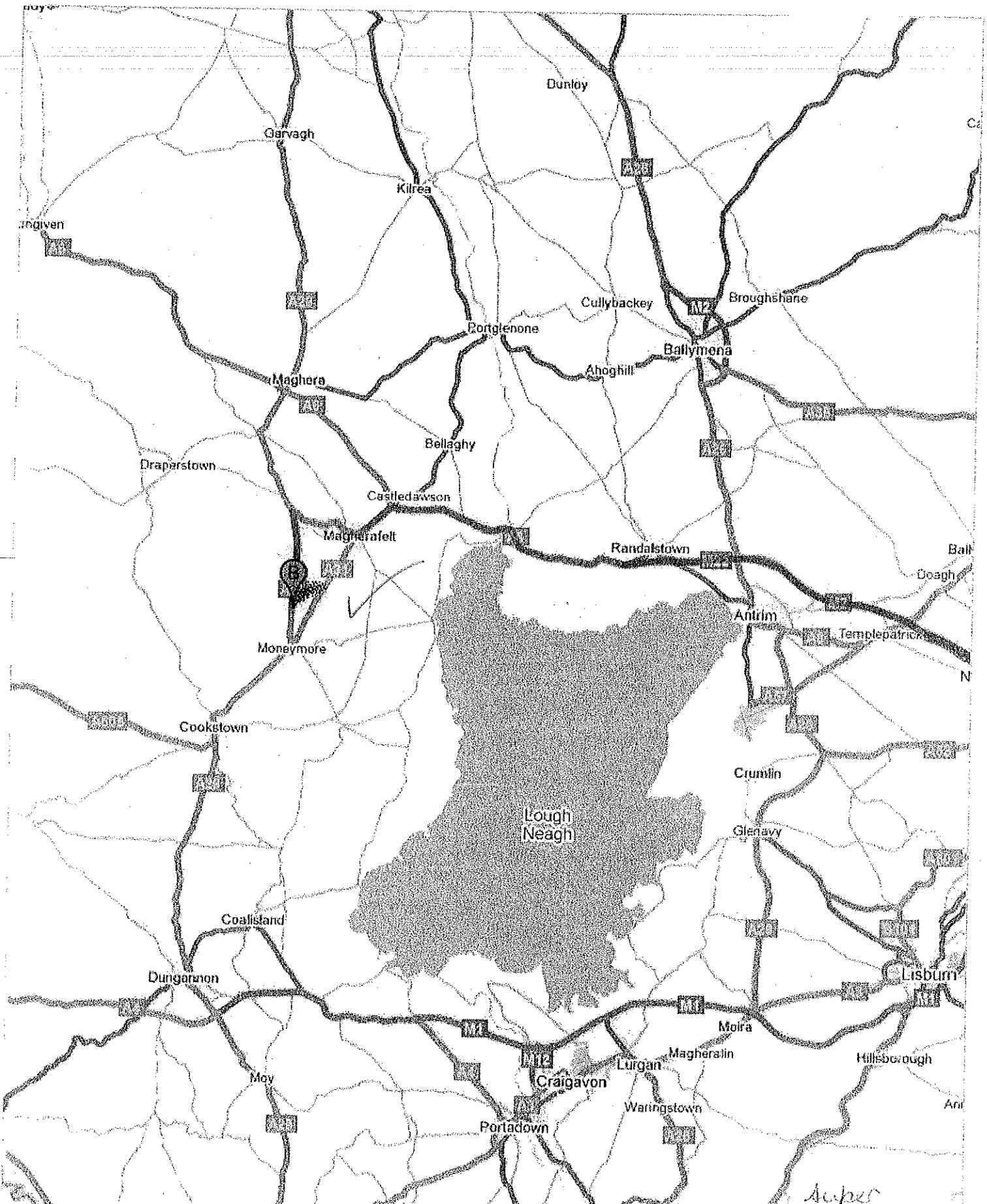
11. What did you learn about the planning, organising and participation in an adventure tourism activity?

v. good lesson. I learnt that the planning & organising are extremely important so as you cover every detail and your trip is a success. I also realised that participating is important because if you put all your effort into it, you will achieve an amazing experience.

Part 3


12. What recommendations or improvements would you make to the overall organising of the activity and to the planning of a future activity?







Maybe a pre-trip should be suggested. Therefore you will know the exact directions of how to get there and won't get lost. Also it means you can see exactly what each activity entails and you can hear the health & safety so as you will have more time on the day for the activities.




## Driving directions to Magherafelt BT45 7RB, UK

44.5 mi – about 57 mins

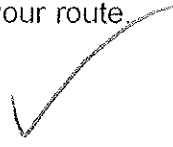
 Belfast BT4 2LY  
UK

1. Head **east** on **Wilshire Dr** toward **Circular Rd** 410 ft
2. Turn **left** at **Circular Rd**  0.4 mi
3. Turn **right** at **B505/Hollywood Rd**  0.5 mi  
Continue to follow **Hollywood Rd**
4. Slight **left** at **A2/Sydenham Bypass**  2.3 mi  
Continue to follow **Sydenham Bypass**
5. Continue on **M3 Cross Harbour** 1.0 mi
6. Continue on **M2**  2.4 mi
7. Take the exit toward **Larne/Greencastle/Londonderry**  0.2 mi
8. Slight **right** at **M2** (signs for **Larne/Londonderry**)  14.7 mi
9. Continue on **M22** (signs for **Cookstown/Londonderry**) 4.7 mi
10. Slight **left** at **A6/Moneynick Rd** (signs for **A31/A29/Cookstown/Londonderry/Magherafelt/A6**) 10.0 mi  
Continue to follow **A6**
11. At the roundabout, take the **1st** exit onto **A31/Magherafelt Rd** heading to **Cookstown/A28/Magherafelt/Moneymore** 1.7 mi  
Continue to follow **A31**
12. Turn **left** at **A31/Broad St** (signs for **B40/A31/A29/Cookstown/Draperstown/Moneymore/Desertmartin**) 377 ft
13. At the roundabout, take the **3rd** exit onto **B40/Rainey St** heading to **Tobermore/B42/Draperstown/Desertmartin** 0.3 mi
14. Turn **left** at **B40/Desertmartin Rd** 2.7 mi  
Continue to follow **B40**
15. Turn **left** at **A29/Moneymore Rd** 3.7 mi  
Continue to follow **A29**

 Magherafelt BT45 7RB  
UK

These directions are for planning purposes only. You may find that construction projects, traffic, weather, or other events may cause conditions to differ from the map results, and you should plan your route accordingly. You must obey all signs or notices regarding your route.

Map data ©2009 Tele Atlas



**THE CERTIFICATE AND ENDORSEMENTS APPLICABLE TO THE COVER WORDING**

This Certificate of Confirmation of Cover evidences that the named party below is a Member of Insuresport Mutual Limited for the current period. The protection provided by the Mutual is limited to £2,500,000 each & every covered event and is available for 50% of each claim. The terms, conditions, exceptions and extensions to the protection are as stated in the Rules, Cover Wording and this Certificate

**MEMBERSHIP NO:** THEJUNGPAIN

**THE A MEMBER:** The Jungle Paintball Ltd

**BUSINESS:** UKPSF Affiliated Paintball Site Operator

**PERIOD OF INDEMNITY -**

**FROM:** 17 October 2008

**TO:** 17 October 2009

**CONTRIBUTION:** £1,949.25

**COVER IN RESPECT OF SECTIONS 1, 2, 3, AND 4**

The protection is limited to 50 per cent of the amount of any claim loss costs or expenses to which the indemnity provided by this Cover applies

SECTION 1	CIVIL LIABILITY	LIMIT OF INDEMNITY
	A) Any one claim made against the A Member and notified to the Mutual during the Period of Indemnity	£5,000,000
	B) All claims made against the A Member and notified to the Mutual during any Period of Indemnity in respect of products supplied	£5,000,000
	C) All claims made against the A Member and notified to the Mutual during any Period of Indemnity in respect of pollution or contamination of buildings or other structures or of water or land or of the atmosphere	£5,000,000

Retroactive Date: 17 October 2008

## perkinsslade

The protection covers the A Member for liability for damages and legal costs arising out of third party loss, injury or damage, in connection with the Business described above for claims made and notified to the insurers during the Period of Indemnity. Cover includes Breach of Professional Duty, damage to leased and rented premises, indemnity to principals and liability arising out of goods sold or supplied, including refreshments

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<b>SECTION 2</b>	<b>LEGAL DEFENCE COSTS</b>	<b>LIMIT OF INDEMNITY</b>
------------------	----------------------------	---------------------------

**Part A**

The total amount payable by the Mutual in respect of all costs and expenses arising out of all claims during any Period of Indemnity £250,000

**Part B**

The total amount payable by the Mutual in respect of all costs and expenses arising out of all claims during any Period of Indemnity £250,000

<b>SECTION 3</b>	<b>DIRECTORS AND OFFICERS LIABILITY</b>	<b>- INSURED</b>
------------------	---	------------------

Limit of Indemnity in the Aggregate for:

- |   |            |
|---|------------|
| (a) all Claims first made during the Period of Indemnity (including Defence Costs)      | £5,000,000 |
| (b) Claims for Pollution first made during the Period of Indemnity (Defence Costs only) | £5,000,000 |
| (c) Claims for Pollution first made during the Period of Indemnity (shareholder action) | £5,000,000 |

Original Inception Date: 17 October 2008  
(Retroactive Date)

<b>SECTION 4</b>	<b>ADDITIONAL LIABILITY PROTECTION: ABUSE</b>	<b>- NOT INSURED</b>
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**ENDORSEMENTS**

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Appendix 5



### The Jungle N.I Zorbing Waiver

Definition: 'Operator' in this Waiver means and refers to The Jungle N.I

I (print name) \_\_\_\_\_

Of (address) \_\_\_\_\_  
\_\_\_\_\_

(i) do hereby acknowledge that:

(a) Zorbing is a dangerous activity and that it involves a risk to me  
(name) \_\_\_\_\_ of death or bodily injury;

(b) of my own free will and desire, I wish to participate in the activity of Zorbing and do so at my own risk, and I accept full responsibility for any injury resulting there from, whether giving rise to cause of action falling within the scope of paragraph (ii) (a), (b), (c) or (d) hereof or not, suffered by myself and whether fatal or otherwise. Without in any way limiting or detracting from the scope of foregoing, injuries include damage of any kind to the back, neck, spinal column, brain, blood vessels (including the blood vessels serving or related to the eye), eyes, nerves (including ocular nerves), central nervous system, cardiovascular system and also includes shock AND includes the event of a miscarriage suffered by any female as a result of participating in Zorbing;

(ii) **agree to indemnify and otherwise hold harmless, the operator, its officers, its committee, and person or business or company employed or authorised by the club for the carrying out of Zorbing or any ancillary activity, from all and any causes of action, whether for damages, compensation or any other orders whatsoever, whether at common law, in equity, under statute or otherwise howsoever and whether arising from the negligence and/or breach of contract and/or breach statute on the part of the operator, its officers, its committee, and person or business or company employed or authorised by the club;**

(a) in and about the conduct of the activity of zorbing including any activity any procedure preceding or following the execution of Zorbing whether or not those activities or procedures are part of the preparation for or the recovery from a zorb run;

(b) in and about the conduct of activities associated with or supplementary to or ancillary to the activity of Zorbing whether such activities are carried on by the operator or some other person and whether such activities involve the offering for sale to the public or any section or group of the public or to any individual whatsoever of meals and/or refreshments and/or entertainment and activity of any kind whatsoever including the offering for sale of any goods or services whatsoever;

(c) whether arising from or contributed to by the state of repair of the premises or structure or device or any part thereof, where or in, on, or from which the operator may from time to time conduct the activity of Zorbing or procedures preceding or following the activity of Zorbing, whether such premises or structure or device or any part thereof is the property of the operator or not;

(d) whether arising from or contributed to by the state of repair of any equipment used by or on behalf of the operator on or in connection with the

activity of Zorbing and/or the procedures preceding or following Zorbing and whether or not such equipment is attached or worn by the participant or is upon or forms part of the said premises or structure or device;

**AND WHETHER** such causes of action would be available to me in my own right or be available to be brought by me on behalf or for the benefit of another or be available to be brought by me on behalf of myself or another.

**(iii) Do hereby acknowledge and warrant that:**

(a) I am not aware of any present or past medical and/or physical condition which might endanger myself or others whilst participating in the activity of Zorbing. In particular, but without in any way cutting down the scope of the preceding sentence:

- (i) I am not pregnant
- (ii) I am not suffering from any ailment or defective condition of the heart, the lungs, the central nervous system, the vascular system, the muscles of the neck, back, legs or those connected with the eyes or of the eyes:

(c) No medical practitioner has advised me against participating in the activity of Zorbing.

In consideration of the operator allowing me to proceed with the Zorbing I hereby release the Operator and person, firm or corporation engaged by, from all and any rights or entitlement that I may otherwise have to any permanent or transient, moving or still, video or audio record leading up to the Zorbing activity through to the time after the completion of my Zorbing roll being used for any purpose that the operator may consider appropriate.

Date \_\_\_\_\_

Signature \_\_\_\_\_

Date of Birth \_\_\_\_\_





## **Insurance Waiver & Equipment Rental Agreement**

I want to play paintball at "The Jungle Paintball Ltd" and hereby sign this document in consideration of being given this opportunity to engage in this activity and in consideration of the statements below...

### **Insurance Waiver**

I understand that the game may be physically and mentally demanding and may require extreme exertion to play, furthermore it can be dangerous if not played in accordance with the stated rules which I have read and understand and that the possibility of injury to myself and others does exist.

I confirm and agree that I am fully aware of the risks to myself and others involved in playing with "The Jungle Paintball Ltd" and that I will never, under any circumstances, deliberately shoot anyone in the face or head, furthermore, I am physically fit and mentally able to take the potential strains and exertions involved in playing the game.

I hereby agree to comply with "The Jungle Paintball Ltd" rules and use the equipment provided as instructed and for the purpose intended and not as to injure, hurt or jeopardise the safety of others, I will obey all directions and instructions of the supervisory and administrative staff and I will wear the safety mask provided at all times when outside the safe zone during the day.

### **Release**

I hereby release, remise and forever discharge from any claims and liabilities whatsoever without limitations that I might have against "The Jungle Paintball Ltd", the owners of the property on which the game is played and any other player in the game who might injure me howsoever arising, and I make this release on behalf of myself, my heirs, executors, assigns and administrators.

### **Rental**

I hereby agree to hire, for the duration of the playing time such equipment as is deemed necessary by the owners and employees of "The Jungle Paintball Ltd" and to return them at the end of that time, I understand and accept I will be charged £200 for each item not returned at the end of the day.

### **Payments**

I hereby agree to pay and settle in full my account with "The Jungle Paintball Ltd" at the end of the playing period and also agree to accept the full cost associated with any recovery of any moneys owed by myself to "The Jungle Paintball Ltd".

**DECLARATION**

Do you suffer from any of the following? (Please tick appropriate boxes)

	Yes	No
Heart condition	<input type="checkbox"/>	<input type="checkbox"/>
Angina	<input type="checkbox"/>	<input type="checkbox"/>
Asthma	<input type="checkbox"/>	<input type="checkbox"/>
Bronchitis	<input type="checkbox"/>	<input type="checkbox"/>
Epilepsy mongering	<input type="checkbox"/>	<input type="checkbox"/>

Please give details of any allergies you have: \_\_\_\_\_

Are you pregnant? ☐ Yes ☐ NoI am over 16 years of age ☐ Yes ☐ No

I hereby sign this document, having read it fully. I understand and agree with the terms laid out. I have answered the medical questions honestly and to the best of my knowledge. I realise that information not disclosed to the staff of The Jungle Paintball Ltd may put me at risk and jeopardise the safety of others. By paying my fee I accept this disclaimer, agree that I have attended a safety briefing, will obey site rules as have been cleared addressed to me, confirm that I am wearing boots/other footwear which provide full ankle support (no alternative), fully understand the risks involved & agree to participate within paintball. ✓

Name: \_\_\_\_\_ Address: \_\_\_\_\_

Date of Birth: \_\_\_\_\_

Signature: \_\_\_\_\_

Date: \_\_\_\_\_

Email: \_\_\_\_\_

Name of Group Organiser: \_\_\_\_\_

How did you hear about The Jungle? \_\_\_\_\_

What other activities would you like to see offered on the site? \_\_\_\_\_

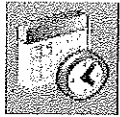
**Information for Staff Bulletin**

Mrs [redacted] A Level Travel and Tourism class will be attending "The Jungle" adventure tourism centre on Tuesday 31<sup>st</sup> March 2009. This trip will last all day from approximately 9.30-4.30pm; therefore none of the following students will be absent from class during this day:

- 
- 
- 
- 
- 

I forwarded this information to Mrs [redacted]  
March 2009.

on Thursday 26<sup>th</sup>



# MiniBus booking for the Week beginning 30th March 2009

If you want to make a booking,

Make sure you are in the correct week and then just click on the relevant day and session and then fill in the details. Then press "Book Me In " and your booking is made!

Please Note that UU Step-Up activities have first priority use of the minibus and the science department have secondary priority use.

A list of minibus drivers can be found in the Private 1 folder.

**Remember to log out when finished!**

	<b>Morning (8:30am - 1:00pm)</b>						<b>Afternoon (1:00pm - 4:00pm)</b>	
	Period 1	Period 2	Period 3	Period 4	Period 5	Period 6	Period 7	Period 8
<b>Monday</b>	9 am Rock Challenge							
<b>Tuesday</b>	9.00am Travel & Tourism EH /EJ / GD all Day						9.00am Travel & Tourism EH /EJ	
<b>Wednesday</b>							4pm - 6pm Odyssey LS/GD, e	
<b>Thursday</b>								
<b>Friday</b>	Unavailable						Unavailable	

## Other Bookings

**Book Me In!**

**Room 35**

**Room 36**

**Room 37**

**Room 39**

**Room 40**

**Room 42**

**Room 43**

**Trolley 1**

**Trolley 2**

**MacBooks**

**Library**

**Assembly Hall**

**Science/Technology**

**Geography Corridor**

**PE/RE**

**View Previous Week**

**View Next Week**





# Your Adventure Starts Here!



## Our Activities

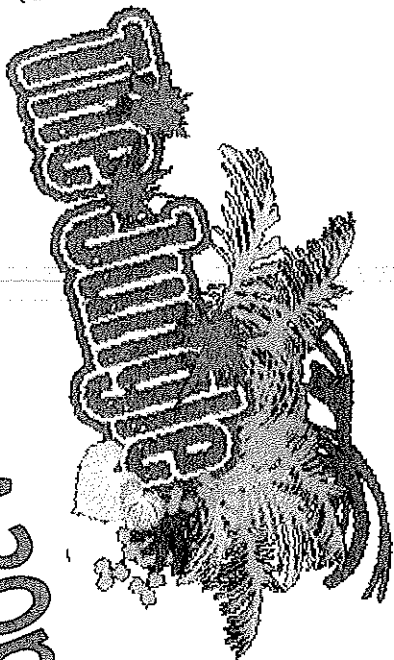
Safe, secure and always fun – the sheer range of our challenging and rewarding adventure activities is enormous. Always taking place outdoors, in natural environments, from sailing to climbing, abseiling to zip wire, everyone can have a go; there are activities to suit everyone; everyone can achieve something new and unique.

## Dry land Activities

New for 2009								
	ADVENTURE & DISCOVERY	TRAPEZE	JACOB'S LADDER	CHALLENGE COURSE	CLIMBING TOWER	ABSEILING TOWER	LOW LEVEL WALKING	CLIMBING
								
AERIAL ADVENTURE	ARCHERY	ORIENTEERING	ZIP WIRE	TENNIS	MISSION IMPOSSIBLE	GORGE SCRAMBLE	ABSEILING	HIGH ROPES
								
BUSHCRAFT	CAVING	POWER KITES	ALL-ABOARD	BIVOUAC	LOW ROPES	FENCING	HILL WALKING	

## Watersport Activities

								
KATA KANU	CATAMARAN SAILING	SWIMMING	RAFT BUILDING	RIVER TREK	ARDECHE CANOE DESCENT	SAILING	DRAGON BOATING	SNORKELLING
								
WATER	BANANA	CANOEING	WINDSURFING	KAYAKING	WATER	FUNBOATS	WHITE	



9.30-4.30pm

Suitable Clothing and Footware  
Required along with Packed  
Lunch

31.03.09

£20



Pair of boots

Pair of boots

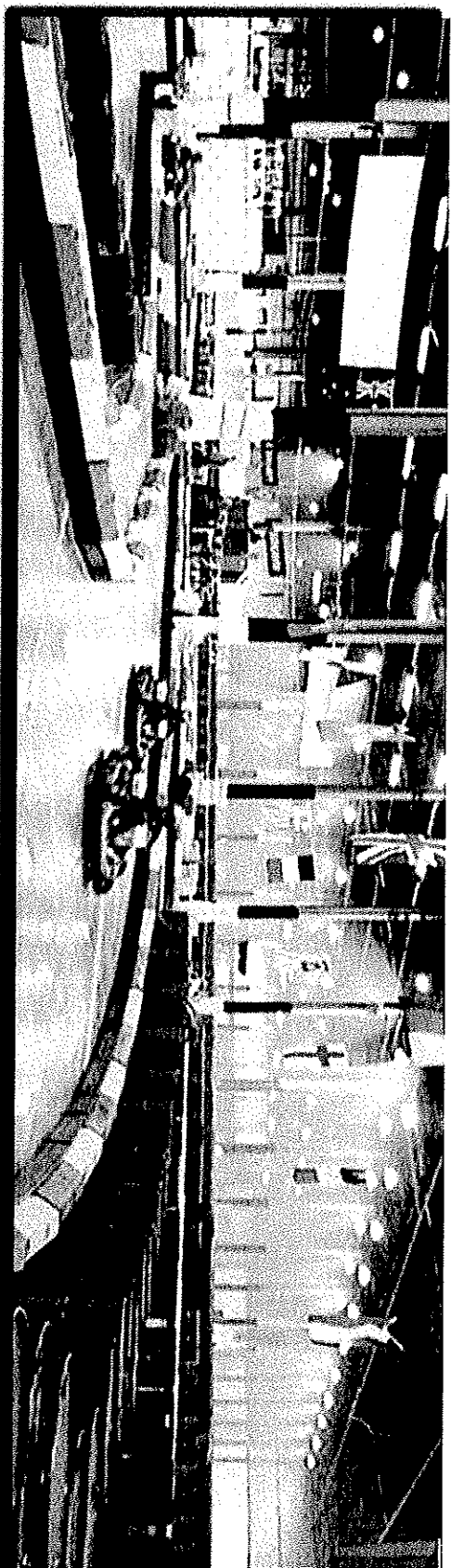


**EDDIE  
IRVINE**  
*Sports*

# Paintballing

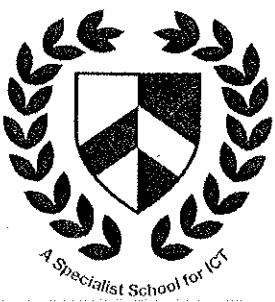
**£25**

Thursday 26th March  
✓ 1.30-3.30pm



Wear suitable clothing including old trainers and  
bring a spare change of clothes along for  
afterwards.

Appendix 11  
**Y-R-F-I-Q**



26<sup>th</sup> March, 2009

Dear Mr

As part of our A2 Level Travel and Tourism course the year 14 group have to participate in an adventure tourism activity for unit 13.

On Tuesday 31<sup>st</sup> March 2009 we hope to participate in Zorbing and Paintballing at The Jung<sup>le</sup> Moneymore. The activities will last from 9:30 am until 4:30 pm and we will be supervised by organisers and our tutor Mrs for the duration of the activities.

We would appreciate if you would give your permission for us to participate in these activities.

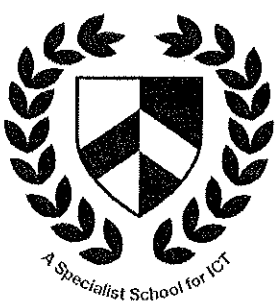
Yours sincerely,

Travel and Tourism Team

Group:

✓  
PRINCIPAL





Draft 1

Appendix # 13

20<sup>th</sup> March , 2009

Dear Mr Robinson

As part as our A2 Level Travel and Tourism course the year 14 group have to participate in an adventure tourism activity for unit 13.

On Thursday 26<sup>th</sup> March 2009 we hope to participate in Karting and Paintballing at / Sports, Bangor. The activity will last 1 hour and 15 minutes and we will be supervised by the organisers and my our tutor Mrs . . . . . ton for the duration of the activity.

We would appreciate if you would give your permission for us to participate in this activity.

Yours Sincerley

Travel and Tourism Team

✓





Draft 2

Appendix 14

20<sup>th</sup> March, 2009

Dear Mr

As part of our A2 Level Travel and Tourism course the year 14 group have to participate in an adventure tourism activity for unit 13.

On Tuesday 31<sup>st</sup> March 2009 we hope to participate in Zorbing and Paintballing at The Jungle, Moneymore. The activities will last from 9:30 am until 4:30 pm and we will be supervised by the organisers and our tutor Mrs Johnston for the duration of the activities.

We would appreciate if you would give your permission for us to participate in these activities.

Yours sincerely,

ray

Travel and Tourism Team ✓



THE  
ENTERPRISING  
SCHOOL

Microsoft  
IT Academy

A Specialist  
School for





25<sup>th</sup> March 2009

Dear Parent,

As part of your daughter's 'A' Level Travel and Tourism Course, she is required to take part in an outdoor activity for her unit on Adventure Tourism.

On Tuesday 31<sup>st</sup> March the group, accompanied by two teachers, will participate in Zorbing and Paintballing at 'The Jungle' at Moneymore. The activities will last 2 1/2 hours long and will be supervised at all times by the staff at the centre and the teachers. The organisers of the activities have insurance to cover those who participate in Zorbing and Paintballing. The total cost of the activities will be £20 with a deposit of £10 by Friday 27<sup>th</sup> March.

The group will travel by the school minibus and will leave school at 9:30 am and will return at approximately 4:30 pm.

Yours sincerely,

Yours faithfully, \_\_\_\_\_

Reply Slip

I give / I do not give permission for my daughter \_\_\_\_\_ to participate in the Zorbing and Paintballing activities on Tuesday 31<sup>st</sup> March.

Parent's Signature: \_\_\_\_\_ Date: \_\_\_\_\_



This is Kim's Health & Safety Aspects document she created for her role.

## Health and Safety – Paintballing

When safety rules are followed and understood, paintballing is a safe extreme sport.

- Suitable shoes should be worn as there is plenty of running and will also be easier to carry out the activity.
- Ensure you listen to and take note of the safety briefing given.
- Always follow the instructions of the Marshals and abide by their decisions.
- No physical contact is permitted.
- Do not leave the game fields during play.
- Do not deliberately aim at the head or face.
- Referees under no circumstances are to be hit at.
- Always be prepared for your paint gun to malfunction.
- Clean your paintgun after each game.
- Loose clothing to be worn such as tracksuit bottoms, that covers as much skin as possible.
- Never remove your facemask or goggles when on or around the area. Do not remove while a game is still being played.
- At all times handle your paintball gun as if it were loaded.
- Never shoot at another player when they are closer than 20ft (5 meters).
- Never look down the barrel
- Don't look down the barrel of a loaded gun. Don't shoot yourself, etc. If you ever wonder if something might be a good idea, it's not.

## Health and Safety – Zorbing

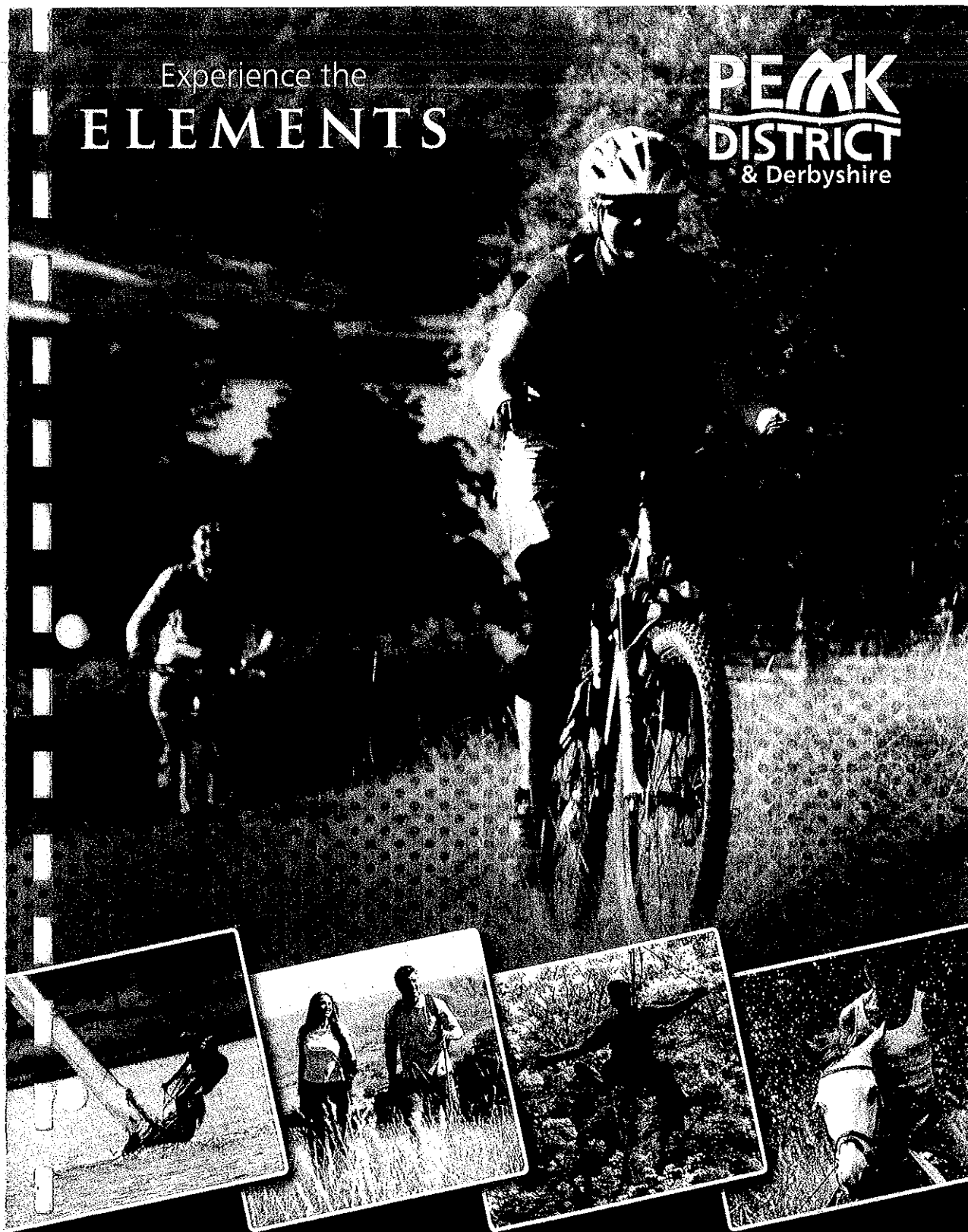
- It is strongly recommended that you do not eat too much before Zorbing.
- Avoid wearing jewellery as it will be removed before Zorbing. This includes;  
watches, rings, bracelets, necklaces, ear-rings etc.
- You will have to take off your shoes before entering the sphere.
- Customers are forbidden to consume any alcohol before Zorbing.
- All participants will be required to fill out the health and safety form and insurance waiver. There are health & safety regulations in place that must be followed to ensure a safe and enjoyable time. False information could affect the safety and security of the staff and customers and invalidate the insurance.
- In the event of strong winds Zorbing will be cancelled.
- Minimum height per person is 5ft (152cm)
- Combined weight of both riders must not exceed 180kg (28 stone)
- Customers cannot participate in Zorbing if they are;
  - Suffering from high blood pressure/heart conditions
  - Suffering from epilepsy
  - Pregnant
  - Under the influence of alcohol/drugs
  - Under 12 years
  - Exceed weight restrictions
  - Under 5ft





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## ARE YOU READY FOR AN ADVENTURE?

The Jungle NI opened in July 2005 as Northern Ireland's first paintball site. Since then, The Jungle has become an award-winning outdoor entertainment facility with an extensive range of exhilarating activities including Zorbing, Clay Pigeon shooting, Archery and a huge choice of team building games. Then to wind down there is an opportunity to relax and chill out in one of our hot tubs overlooking the lake.

Set in the heart of Northern Ireland and spanning over 300 acres of unspoiled woodland, The Jungle is the ideal location for those special occasions. We are experts in providing a day to remember for birthday, wedding day's corporate events, club outings or simply groups of friends seeking an experience to remember! We can arrange transport, accommodation and parties to create a truly memorable day.

- |                        |                                   |
|------------------------|-----------------------------------|
| Hot tubs               | Changing areas                    |
| Lane marked paint area | Accommodation and food            |
| Toilets                | Equipment and protective          |
| Shower bar             | for protection                    |
| BBQ facilities         | Experienced qualified staff       |
| Smoke & guest services | on hand at all times              |
| available              | Open all year round 7 days a week |

## CLAY PIGEON SHOOTING

How accurate is your aim?

At The Jungle, we specialise in Clay Pigeon Shooting for beginners and those who have never handled a gun before. However we can also provide a challenge for the more experienced competitor. Skilled staff will be present to offer instruction and direction, ensuring safety the whole time.



## PAINTBALLING

Every paintball has someone's name on it... just make sure it isn't yours!

Play in the depths of an ever-changing forest surrounded by streams, lakes and waterfalls. Steer the ball to discover the hidden paths and enjoy the challenges of the swamp or inside the underground tunnels to find the last gasp. Each of our 14 different game zones are set in varying terrains and have unique scenarios to challenge even the most experienced and die-hard players. The 2.5km paintball trail is sure to get the adrenaline pumping.

At The Jungle, our friendly and fully trained staff will be with you throughout the day to offer help and advice to guarantee you have the best paintball experience ever!

Headbanger at The Jungle is sure to bring out the fighter in you.



## ARCHERY

Try your hand at being Robin Hood for the day!!

The use of a bow and arrow has changed immensely. They were once used for hunting and warfare but nowadays archery it is a stimulating, competitive sport. This activity is suitable for men and women of all ages.



## TEAM BUILDING

Take your team to new heights at The Jungle – feel valued whilst realising and appreciating each other's capabilities.

The team building involves stimulating problem solving tasks designed to help group members or co-workers develop their skills through best-building morale-boosting activities.



# ZORBING

Just picture yourself inside a massive inflatable ball (approx 3 metres in height) rolling at high speed down a hill face... Come tumble in The Jungle!

At The Jungle, we are committed to improving and adding to our superb selection of extreme outdoor activities. We have now the pleasure to announce the arrival of Northern Ireland's first and only Zorbing site!

Zorbing is one of the latest extreme sports to take the world by storm and we have lots of this exhilarating sport on offer for you to try.



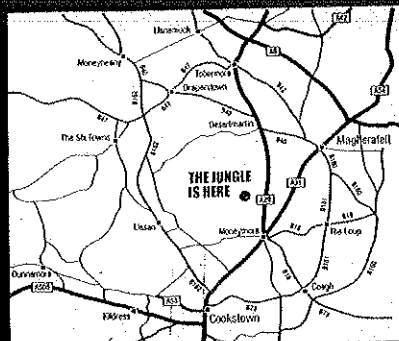
## Hydro Zorbing

The latest hydro-zorb has been described as an exhilarating combination of a water chute and a roller coaster! The ball is inflated with air and is filled with water and is designed to splash and slide up to 10 metres per second down a steep hill face. While the ball spins, you can see the water splashing all around you. It is a fantastic experience for all ages and a great way to cool down!

## Harnessed Zorbing

Harnessed Zorbing is a new and exciting activity. The zorb is inflated with air and is filled with water and is designed to splash and slide up to 10 metres per second down a steep hill face. While the ball spins, you can see the water splashing all around you. It is a fantastic experience for all ages and a great way to cool down!

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**Tel: 028 8674 8881**

If you are looking for a fresh thrill  
then Zorbing is for you!

**The Jungle**  
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