

Vocationally Related Qualification
Advanced Level Examination

2007

ADVANCED DIPLOMA IN COUNSELLING
Unit 2 Therapeutic Practice

V22W



STUDY OF SUPERVISED COUNSELLING PRACTICE

Briefing paper for Candidates

Information for Candidates

- Read the instructions overleaf carefully
- The completed study to be submitted to your centre on or before **31 January 2007** for the Winter series or **30 June 2007** for the Summer series. Failure to do so will result in the study being referred.
- Ensure that a Candidate Record Form (CRF) is attached to the front of your assignment.
- The maximum mark for this Study is 100.

Information for Tutors

- Do **not** mark the candidates' work; **which will be externally assessed.**

V22W

STUDY OF SUPERVISED COUNSELLING PRACTICE V22W

The aim of this study is to assess the candidates' knowledge and understanding of the process of one-to-one supervised counselling practice.

The candidate must state at the outset which of the following core models he or she is working to:

- Humanistic
- Psychodynamic
- Cognitive-Behavioural

1 Instructions for Candidates

Complete an academic study, in essay form, of 8, one to one, clinically supervised counselling sessions. With particular reference to:

- a) your own experiences of supervised counselling;
and
- b) your chosen theoretical approach to counselling.

2 State clearly, at the outset, which of the following theoretical approaches to counselling you have worked from:

- 2.1 Humanistic
- 2.2 Psychodynamic
- 2.3 Cognitive-Behavioural

3 Confidentiality

- 3.1 Ensure that clients are protected and are neither identified nor identifiable within the text of your study.
- 3.2 Use fictitious names "the client, whom I shall call ..." or codes such as "Client A" to ensure that the code of confidentiality is not breached.

4 Write within the stated word limit

- 4.1 Observe the maximum word limit of 2500, excluding quotations and bibliography.
- 4.2 Clearly identify direct quotations from appropriate texts.
- 4.3 For assessment purposes the maximum word limit will be strictly applied. In the event that you exceed this, the assessor will only consider the first 2500 words.

5 Presentation

- 5.1 Use A4 size paper only.
- 5.2 Word-processed or typed with double spacing using one side only.
- 5.3 Number each page on the bottom right hand corner.
- 5.4 Leave margins of at least 12mm (½ inch) on both sides of each page.
- 5.5 Secure the pages in order with Candidate Record Form in front. (Work which is not suitably held together will be returned to the centre unmarked.)
- 5.6 A bibliography or reading list to be included, as an appendix.
- 5.7 State the number of words used, excluding quotations and bibliography.
- 5.8 Attach a Candidate Record Form (CRF).

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6 Assessment

6.1 Your work will be awarded a single grade of either pass **(P)** or refer **(R)**.

6.2 In establishing a grade the examiners will mark the work in strict accordance with the following scheme:

		Marks
(a)	identify and evaluate key concepts of the chosen core model;	20
(b)	reflect on challenges to and limitations of the chosen core model;	15
(c)	show developing self-awareness in relation to the chosen core model;	15
(d)	understand the skills of contracting with clients and forming a therapeutic relationship;	10
(e)	understand the building and sustaining of a therapeutic relationship;	10
(f)	work ethically over the contracted period with clients;	10
(g)	analysis and evaluation;	15
(h)	presentation.	5