



**STUDENT NUMBER**

**CENTRE NUMBER**

**HIGHER SCHOOL CERTIFICATE EXAMINATION**

**1995**

# **INDUSTRY STUDIES**

**2 UNIT**

**HOSPITALITY STRAND**

**SECTION II**

*(30 Marks)*

*Total time allowed for Sections I and II—One hour and a half  
(Plus 5 minutes' reading time)*

**DIRECTIONS TO CANDIDATES**

- Write your Student Number and Centre Number at the top right-hand corner of this page.
- Attempt ALL questions.
- Answer the questions in the spaces provided in this paper.



## QUESTION 1. (Continued)

**Marks**

- (b) Explain how salt, sugar, and fat are used by the body. Describe how each of these can be included in a healthy diet. **9**

(i) Salt .....

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(ii) Sugar .....

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(iii) Fat .....

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## Marks

(a) Complete the table below. Fill in the three empty boxes with the most correct name, dimensions, and uses.

3

<i>Name</i>	<i>Dimensions</i>	<i>Description of precision cuts</i>	<i>Uses</i>
Julienne	$3 \times 3 \times 40$ mm	thin strips of vegetables	garnish, soups, salads
	$3 \times 3 \times 3$ mm	small dice from julienne	garnish, soups, mousses, stuffing
Paysanne	$15 \times 3\text{--}5$ mm thick	irregular shape of same size of vegetables	vegetable soups
Macedoine	8 mm dice	medium-sized dice	
	$4 \times 4 \times 20$ mm	batons	vegetable servings

(b) Devise a daily menu for a fifteen-year-old female athlete who trains every day after school.

9

Justify your menu with reference to the specific nutritional needs of the female athlete.

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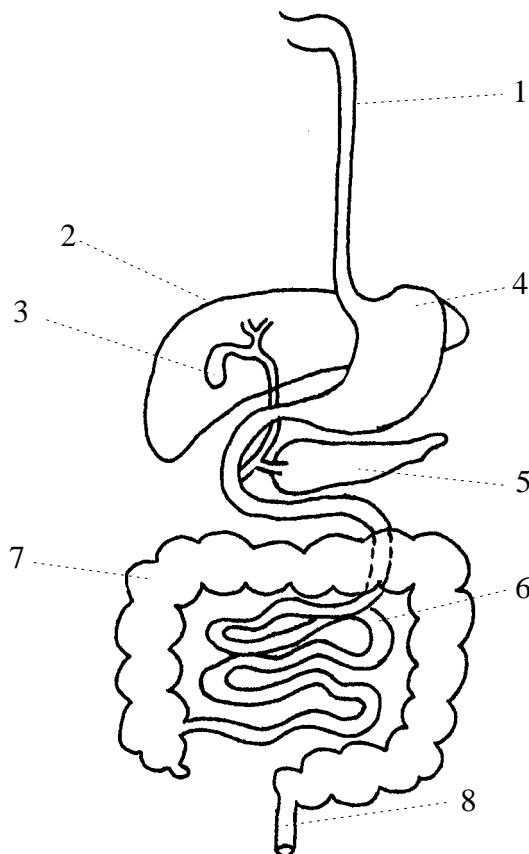
**QUESTION 3****Marks**List the *characteristics* that should be used when selecting the best quality fresh foods.**3**

- (a) Seafood .....
- .....
- (b) Chicken .....
- .....
- (c) Fruit .....
- .....

**QUESTION 4****4**

Refer to the diagram of the digestive system. Body parts are numbered from 1 to 8.

In the table provided, name each body part.



1	
2	
3	
4	
5	
6	
7	
8	

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